



# **2024 Frankfurt Rights Guide**

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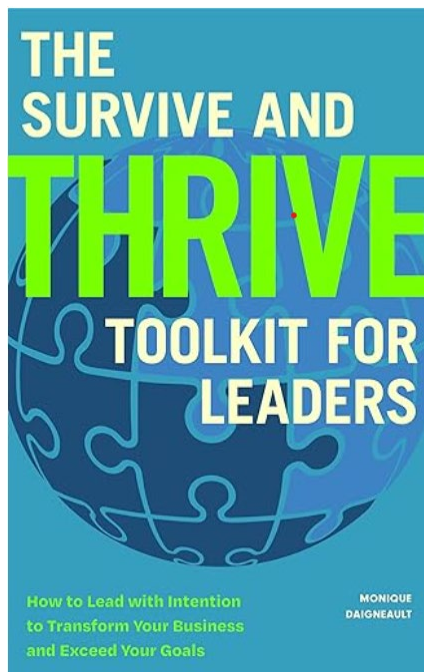
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Word Count: 45,000



## The Survive and Thrive Toolkit for Leaders

### How to Lead with Intention to Transform Your Business and Exceed Your Goals

Monique Daigneault

#### Key selling points

- Become the leader you want to be.
- The essential primer for business success.
- Become the leader who inspires and succeeds.
- “... an accomplished executive coach, provides a clearly illuminated path to achieve greater organizational impact.”  
—Richard Weylman, international bestselling author, **About the book:**

Guide your company to success with Monique Daigneault’s guidebook for business leaders.

**The guide for becoming the successful leader:** Many companies continue to struggle adjusting in a post-Covid world. This primer provides readers with everything they need to become an integral part of their company’s growth and development, including ways to overcome roadblocks, set expectations, and execute company-wide goals.

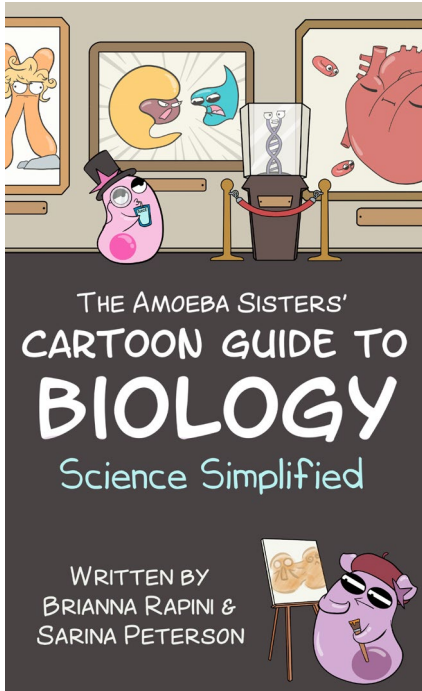
**Success starts with a new mindset.** Strengthening skills is necessary for becoming a strong leader; however, it also requires a strong and positive mindset. Learn how to balance mental and emotional health with your company’s goals. Following strategies, case studies, action items and personal stories from successful leaders.

**Included are tools for smart and compassionate management, such as:**

- How to promote office safety and satisfaction
- Case studies about success in leadership
- The Two Pillars to help leaders transform personal, team, and company mindset
- The Eight Dimensions of Wellness and how can they help you

**If you liked self-betterment books for business leaders like *Unreasonable Hospitality*, *How to Make a Few Billion Dollars*, or *100 Proven Ways to Acquire and Keep Clients for Life*, then you will enjoy *The Survive and Thrive Toolkit for Leaders*.**

**Monique Daigneault** is an executive coach and President of MD Consulting. She lives in Phoenix, AZ. Visit her at <https://mdconsultingglobal.com>.



**Rights sold: Russian (Eksmo)**

## The Amoeba Sisters Cartoon Guide to Biology

### Science Simplified

by Sarina Peterson Brianna Rapini

#### Key Selling Points:

- Fun science for ages 14-16
- Biology made easy
- Over 1 million followers for the Amoeba Sisters on YouTube

#### Book Description:

Join *The Amoeba Sisters* in this Fun Science Book for Kids (Ages 14-16) Biology doesn't have to be hard. With *The Amoeba Sisters*, teachers and students alike can learn basic concepts of biology through easy-to-learn mnemonics, illustrations, comparisons, and so much more!

**This isn't your basic biology book.** Over 1 million people have tuned into *The Amoeba Sisters* YouTube channel to learn science and biology facts in a whole new way. In their debut science book for kids, you can dive deeper into biology concepts that may have felt baffling before. You'll learn essential science concepts through a journey filled with colorful illustrations, mnemonic devices, real-life explanations and comparisons that you and your teens can easily understand.

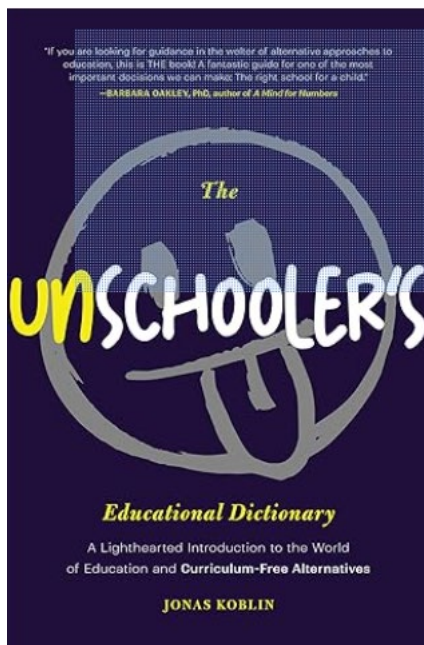
**Teaching biology in a whole new way.** Most science books for kids are text-heavy and read like typical school textbooks. With this biology book, not only can your teen learn everything they need to learn about biology, but parents and teachers alike can also find new ways to teach this ever-intimidating subject.

#### Inside *The Amoeba Sisters' Tour Through Biology*, you'll find:

- Explanations for basic biological concepts and why they're important
- Illustrations and mnemonic devices that even teachers would find helpful
- 28 concepts, including as enzymes, DNA structures, photosynthesis and so much more

**If you liked science books for kids like *The Ultimate Book of Planet Earth, Life Cycles*, or *The Wondrous Workings of Planet Earth*, you'll love *The Amoeba Sisters' Tour Through Biology*.**

**About the Author:** *The Amoeba Sisters* channel was established in 2013 when Brianna was visiting her sister, Sarina, in Dallas, Texas. Their YouTube channel now has over 1 million subscribers, with over 126 million views.



Based on the Sprouts educational channel which is available in

- Chinese
- Turkish
- Romanian
- French
- Farsi
- Russian
- Italian
- Esperanto
- Portuguese
- Indonesian
- English
- Spanish
- German
- Thai

Word count: 44,000



## The Unschooler's Educational Dictionary: A Lighthearted Introduction to the World of Education and Curriculum-Free Alternatives

Josh Koblin

### Key selling points

- A spin-off from the Sprouts educational channel that has 1.7 million YouTube subscribers in 14 languages.
- "...in the welter of alternative approaches to education, this is THE book! A fantastic guide...."—Barbara Oakley, PhD, author of *Learning How to Learn*
- "... lively resource helps us think through the complex of schooling and unschooling factors that every parent and educator must consider."  
—Professor Stephen R.C. Hicks, philosophy, Rockford University

The ABCs of alternative education; a rollicking romp that is innovative, fun, and iconoclastic.

Koblin's innovative educational philosophy encourages child-led learning through natural life experiences and learner chosen activities. This iconoclastic guide provides new parents and educators with a comprehensive understanding of behavioral biology, child development, important ideas in education, and much more.

Here are practical insights into alternative education strategies, incorporating theories from pioneers like Erikson, Piaget, and Freud. This is the essential guide that enables you to develop a nurturing environment conducive to your child's cognitive growth and holistic development.

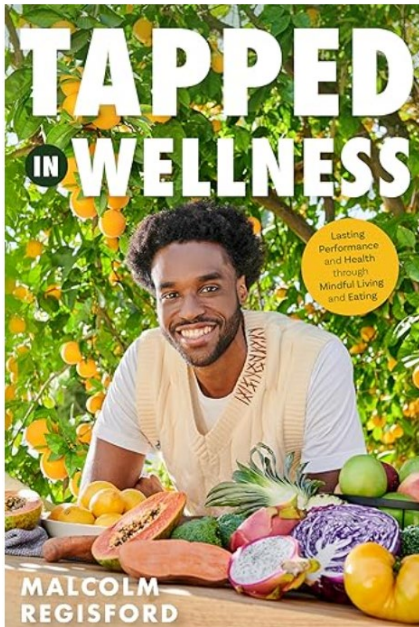
### Inside, you'll find:

- A new perspective on the dark sides of compulsory education
- Profound insights into unschooling, offering a fresh perspective on alternative education
- Comprehensive explanations of critical concepts in child development and behavioral biology
- Practical application of renowned theories including Erikson's, Piaget's, and Freud's in the context of unschooling
- A unique blend of lighthearted sarcasm and intellectual depth to make learning enjoyable and engaging.

**About the author:** Jonas Koblin is an entrepreneur with a diverse background in digital health and education. He is the founder and CEO of Mali Family Health, an app designed to provide free medical information to mothers and new families<sup>1</sup>.

Jonas started the Sprouts Education Channel to create educational videos that simplify complex social science topics. These videos are published under a Creative Commons license, allowing teachers and students to use them freely<sup>2</sup>. His work aims to make learning more interactive and accessible, particularly in early childhood education<sup>3</sup>. He lives in Bangkok.





Word count: 30,000

## Tapped in Wellness

High Performance, Health and Mindful Living through Plant-Based Eating

Malcom Regisford

### Key selling points

- “Brilliant read and so helpful for those starting on their wellness journey!” — Calum Harris, cook and author of *The 20-Minute Vegan*.
- Feel good. Eat Well. Be happy!
- Includes 30 mouthwatering vegan recipes.
- Author has over 360,000 followers on Instagram.

This essential guide for total health explains the three pillars to wellness: mental and spiritual self-care, physical self-care, and robust nutritional wellness.

The first pillar of mental/spiritual health, involves taking account of your thoughts, the narratives that you tell yourself, and becoming aware of patterns that you want to change.

The second pillar is maximizing physical health. This involves building a mind-body connection through a healthier relationship with movement, understanding what makes you feel good, and making sure that your surroundings promote positive energy.

The third pillar of nutritional wellness is whole-food plant-based eating. Reframe how you think about food and discover the healing properties of plant-based eating.

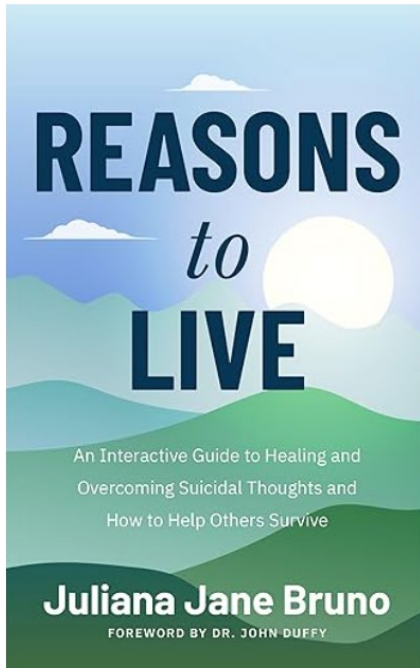
### Included here are

- Ways to implement self-improvement techniques in everyday life
- Information on how healing your body can help your spiritual health
- Recommended plant-based recipes that will boost your energy.
- Thirty mouth-watering recipes.

**If you enjoyed holistic healing books such as *The Plant-Based Athlete*, *The Art of Letting Go*, or *Functional Training for the Mind*, you’ll love *Tapped In Wellness*.**

**About the author:** Malcolm Regisford is a holistic lifestyle creator and wellness enthusiast who promotes recipes and self-care techniques for better living. Once a Division 1 player at Colgate University, he suffered an ankle injury that set back his basketball career. However, Malcolm effectively recovered physically and mentally after implementing plant-based recipes and wellness methods into his routine. Since then, he has shared his journey and wisdom with others on social media through motivational content on being consciously active in your emotional, mental, and physical health. He currently resides in Los Angeles. Visit him at <https://tappedinwellness.com>.





**Word Count: 55,000**



## Reasons to Live

**Overcome Suicidal Thoughts and Find Peace and Emotional Healing.**

**Juliana Jane Bruno with a foreword by Dr. John Duffy**

### **Selling points:**

- **Addresses a real need: Over 50,000 North Americans commit suicide each year.**
- **The essential guide for friends and families of individuals struggling with suicidal thoughts.**
- **Foreword by bestselling psychologist, Dr. John Duffy.**

**Instead of letting suicidal thoughts tell you who you are, redefine them with powerful research and inspiring stories of *Reasons to Live***

**Find your way through the hopelessness.** Thoughts of suicide can be all-consuming. Whether you or a loved one are suffering from it, the constant despair can feel like it's too much to live with. But what if there was a way to change that despair into awareness? *Reasons to Live* offers an informative lens that explores the complexities of emotional and mental health. Using effective practices, research, and illustrations that depict the truth about suicidal thoughts, you too can take easy action for lifelong happiness and fulfillment you are worthy of having.

This is a workbook, guide, and emotional companion, helps you explore any thought, question, or feeling you may have about suicide. Filled with personal stories and global resources, it will connect readers with a community of people who are on the same journey. It provides a path for readers to overcome crises and connect with supportive and affirming communities.

**Inside *Reasons to Live*, find helpful ways to overcome the call of the void, including:**

- How to recognize cautionary signs
- Effective prompts to reduce negative self-talk
- How survivor's guilt can play a major role in suicidal thoughts
- Why self-love is a powerful therapy tool
- Illustrations and diagrams of how depression can impact your mental health

**About the Author: Juliana Jane Bruno**, CTC is a wellness professional with a focus on helping people overcome social and mental health challenges.. She currently lives in Richmond, California.

**Dr. John Duffy** is a Chicago-based clinical psychologist, bestselling author, keynote speaker and national media expert. He has been in private practice for twenty-five years, specializing in work with adolescents, young adults and their parents.





Word count: 30,000



## Animallogic Presents Strange Creatures

Exploring the Wonderful and Weird Animals that share this Planet With Us

Andres Salazar, et al.

### Key selling points

- **YouTube:** Over 2 million subscribers and more than 180 million video views
- **Monthly Active Viewers:** Over 80 million across various platforms
- **Subscribers Across Platforms:** More than 75 million.

**A delightful photographic encyclopedia of the world of wild and weird animals for kids ages 8 to 12.**

**Cool animals, fascinating facts.** From the hognose snake to the mudskipper, you will learn all about the wacky and wonderful animals that walk, run, swim, and slither all over our magnificent planet. In *Strange Creatures*, you will get a deeper look into the lives of these glorious animals and learn how connected they are to the world we live in.

**A book of wild animals living their remarkable lives.** Step outside of your own world and into the world of *Strange Creatures*. Look through the eyes of the banana slug, understand how the wolf eel lives, and find out what separates a glow worm from a velvet worm. Discover the eccentric creatures around us and gain a greater view of our world as a whole.

### Inside, you'll find:

- Strange facts about animals that will ignite a passion for cool critters and wow-worthy wildlife
- A new way to expand your knowledge by learning about a different type of animal every chapter
- A different perspective on the world through these wonderfully weird animals and their lively stories.

**If you liked *Zoology: Inside the Secret World of Animals*, *Knowledge Encyclopedia*, or *Coyote Peterson's Brave Adventures*, you'll love *Strange Creatures*.**

**About the author:** Animallogic is a digital brand that explores the wonders of the animal kingdom through engaging and educational videos. Hosted by experts, it covers diverse topics from animals to plants and fungus. Visit it Animallogic at <https://www.youtube.com/c/animallogic/videos>.

## Home Design Recipes

### Home Design Recipes

Cathy Hobbs

#### Key selling points

- Author has over 10,000 Instagram followers.
- The ultimate guide to modern home design.
- Home decorating made simple.
- Create a space that reflects you and is liveable.

Welcome to the world of *Home Design Recipes* – your ultimate guide to modern home design rooms with ease. Just as baking the perfect cake requires sourcing the finest ingredients and following a tried-and-true recipe, designing a stunning space demands the right "ingredients" and a step-by-step plan.

**Simple home improvement.** In this innovative design "cookbook," she demystifies the process of interior design, providing you with easy-to-follow recipes for crafting modern, stylish homes. Gone are the days of merely admiring beautiful pictures without understanding how to replicate the look. With *Home Design Recipes*, you'll be empowered to transform your house design from ordinary to extraordinary.

**Endless design ideas.** Each recipe in this book is meticulously crafted to guide you through the modern home design process, from A to Z. Cathy Hobbs covers essential topics, popular hacks, and trade secrets, offering practical advice and top tips for every step of the journey. Whether you're a seasoned design enthusiast or a DIY newcomer, you'll find inspiration and guidance to elevate your house design.

#### Inside this book, you'll find:

- A go-to resource for all things modern home design
- A house decorating book that equips you with the knowledge and confidence to create your dream home
- The courage and confidence to unleash your creativity and design a home that reflects your unique style

If you liked *The Art of Home*, *Call It Home*, or *The New Design Rules*, you'll love *Home Design Recipes*.

**.About the author:** New York City based five-time Emmy award winning newscaster turned television host and interior designer, **Cathy Hobbs, ASID**, is a nationally known interior design and home staging expert who has appeared on such programs as *Good Morning America*, *World News Tonight*, and *The Nate Berkus Show.*, Cathy has been a nationally syndicated interior design writer, appearing weekly in hundreds of newspapers and media outlets. Cathy served for a year as the green expert for "The Life Improvement Squad" a national campaign with IKEA and *O, The Oprah Magazine*.



Word count: 31,000



Word count: 30,000

## Relaxed Maximalism

### Curating a Maximalist Homes with Soul

Sarah Laming

#### Key selling points

- Author has 1.6 million followers across all social platforms.
- The leader of a new movement in home décor.
- The ultimate guide to creating a space that is stylish without being cluttered.
- Create a space that reflects you and brings you joy!

#### The six things you need to know about Relaxed Maximalism:

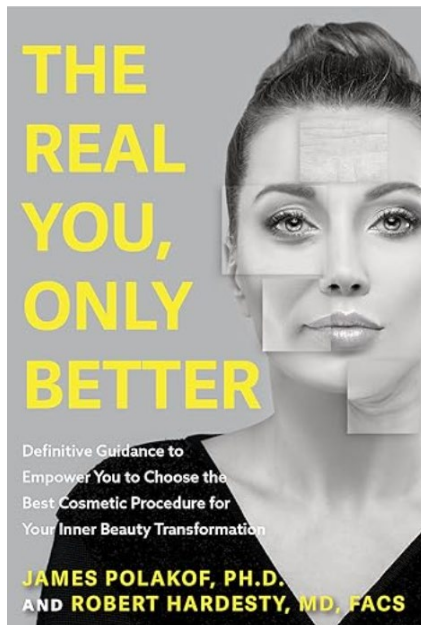
- There is an exciting new trend in interior design: maximalism. Some call it a rubber band effect to minimalism and perfectionist fatigue. Sarah Laming's approach to this trend is Relaxed Maximalism.
- Maximalism results in a messy and cluttered house. Relaxed maximalism results in a stylishly curated home that mixes color, pattern, texture, vintage buys, family heirlooms and modern practical pieces in a way that they fit harmoniously together.
- Laming covers everything from planning the basics, to those all-important final flourishes, and explaining all the details in between. She will be illustrating its points with beautiful photographs, sketches, top tips, ideas to steal, and breakdowns of real rooms.
- The book bridges the gap between people's desire to bring this kind of design into their homes, and their need to know how to do it.
- Laming's maximalist approach draws on the very British history of English country house design but with a modern twist.

#### Inside, you'll find:

- Tips to transform your home into a sanctuary of style and comfort.
- A step by step into the world of maximalist interior design.
- A home décor guide to discovering the freedom to express yourself like never before.

**If you liked *How to Live with Objects, Design the Home You Love, or Secrets of Home Staging*, you'll love *Relaxed Maximalism*.**

**About the author:** Sarah Laming is a social media dynamo who happens to be a decorator. Laming regularly partners with brands on content creation, she advises clients on interior design, and her work has been featured in magazines and on blogs. She lives in London, with her family and Cavalier King Charles Spaniel.



Word count: 40,000



## The Real You Only Better

Definitive Guidance to Empower You to Choose the Best Cosmetic Procedure for Your Inner Beauty

Robert Hardesty and James Polakoff

### Key selling points

- How cosmetic surgery can enhance your natural beauty and boost your self-esteem.
- Authoritative: Hardesty is a nutritionist and medical consultant and Polakoff is a board-certified plastic surgeon with over 30 years of experience.
- Practical tips, exercises, and resources to help you cope with the emotional and psychological aspects of cosmetic surgery
- Inspiration for embracing your unique beauty, celebrating your individuality, and creating the real you only better.
- Comprehensive & empowering.

This is a book for anyone who wants to improve their appearance, but doesn't know where to go. The Real You Only Better is a comprehensive and reassuring guide that will help readers explore their options, choose the best procedures, and achieve desired results.

Learn how to:

- Evaluate your reasons and expectations for cosmetic surgery and align them with your self-image.
- Research and compare different types of cosmetic procedures, from minimally invasive to surgical, and from facial to body.
- Select a qualified and experienced cosmetic surgeon who meets your needs and preferences.
- Prepare for your consultation, surgery, and recovery, and avoid potential complications and side effects.
- Manage your budget and insurance and find the best financing options for your cosmetic surgery.
- Deal with the emotional and social aspects of cosmetic surgery, and cope with any criticism or stigma.
- Maintain your results and satisfaction and adopt a healthy lifestyle that supports your appearance and well-being.

Here is sound advice based on the latest medical information and professional advice from cosmetic surgery experts

**About the authors:** Robert Hardesty PhD is a medical consultant, nutritionist, and author dedicated to providing medical knowledge to patients. Currently lives in Pine Hurst, North Carolina.

**James Polakoff MD** is a plastic surgeon and medical director known for over 10,000 operations in his 30-year career. Receiving his education at the University of Pittsburgh and Washington University in St. Louis, he started the first integrated training program for future cosmetic surgeons at his alma mater, Loma Linda University, School of Medicine. He lives in San Bernardino, CA.





**Word count: 10,000**

**Why Smart People Hurt rights activity:**

French (Pitkos)

Russian (Ripol)

Chinese (simple-Beijing Huazhang Media, expired 2019)

Portuguese (Mercador-exp. 2020)

**NEW EDITION:**

Chinese (-complex- Morning Star)

Vietnamese (Alpa)



## Why Smart People Hurt Guided Journal

Reflective Writing Prompts for the Smart, the Sensitive, and the Creative

Eric Maisel, PhD

### Key selling points

- A guided journal for the bestselling *Why Smart People Hurt*.
- A self-care journal that promotes self-awareness and calm.
- Maisel is highly respected with a dedicated fan base.
- Maisel's Psychology Today blog has had over 3 million views.

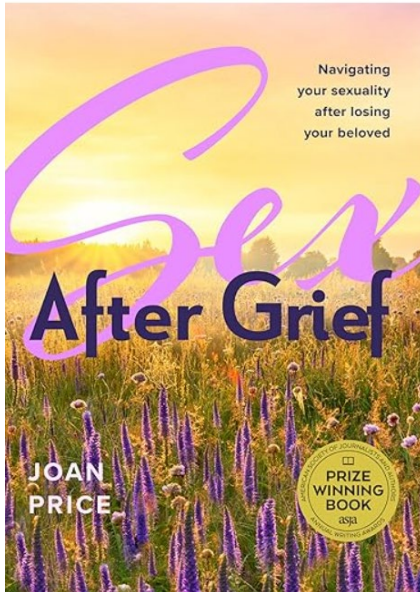
This is a guided journal for mental health improvement. It is the companion to the widely acclaimed *Why Smart People Hurt*. The goal here is to help bright and emotional people through the challenges that they face. From navigating difficult family situations to understanding the connection between intelligence and depression, this journal that facilitates self-reflection, awareness, and personal growth

### Inside, you'll find:

- Reflective writing prompts to guide through difficult emotions.
- Ways to find work that utilizes intelligence while providing meaning.
- Support for the journey to self-improvement.

**If you liked *Sensitive Is the New Strong*, the *52-Week Mental Health Journal*, or *Why Smart People Hurt*, you'll love *Why Smart People Hurt Journal*.**

**About the author:** Eric Maisel, Ph.D., is a psychotherapist and the author of more than 50 books in the areas of creativity, psychology, coaching, mental health, and cultural trends. He regularly contributes to *Mad in America*, writes a monthly print column for *Professional Artist Magazine*, and writes the "Rethinking Mental Health" blog for *Psychology Today*. Visit him at [www.ericmaisel.com](http://www.ericmaisel.com).



Word count: 30,000



## Sex After Grief

### Navigating Your Sexuality After Losing Your Beloved

Joan Price

#### Key selling points

1. **Unique Focus:** This book is the first to address the intersection of sex and grief, treating sexuality as a normal, positive, and life-affirming part of the healing process.
2. **Personal and Relatable:** Joan Price draws on her own experiences as a widow, sharing her raw grief journey, sexual reawakening, and attempts to date again.
3. **Expert Advice:** It features insights from therapists, grief counselors, and sex coaches, providing professional guidance on navigating sexuality during grief<sup>23</sup>.
4. **Practical Tips:** The book offers self-help takeaways and guidelines for dating again, engaging in solo sex, and creating an action plan for sexual recovery<sup>12</sup>.

This is a groundbreaking book that addresses sexuality after the loss of a partner. Price, a prominent expert on senior sexuality, draws from her personal experience and the stories of others to explore how grief impacts sexual desire and intimacy.

The book begins by acknowledging the deep emotional pain and loneliness that follows the death of a beloved partner. Price emphasizes that grieving individuals often face societal myths and misconceptions about their sexual needs.

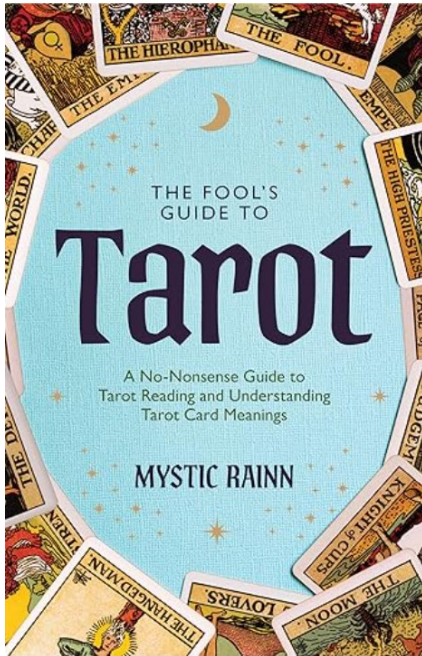
Price debunks myths, such as the idea that one must wait a specific period before engaging in sexual activity with a new partner or that seeking sexual comfort betrays the memory of the deceased. She argues that there is no “right” timeline for resuming sexual activity and that each person’s journey through grief and sexuality is unique.

The book also provides practical advice for navigating new sexual relationships, including dealing with feelings of guilt, communicating with new partners, and understanding one’s own readiness for intimacy.

Overall, “Sex After Grief” is a compassionate and informative guide that validates the sexual experiences of grieving individuals and offers support for those looking to rebuild their lives and find joy in intimacy again.

**About the author:** Joan Price is the rockstar of senior sex education, shaking up stereotypes one cheeky blog post at a time. Author of “The Ultimate Guide to Sex after Fifty,” she’s the go-to guru for ageless intimacy. Living in Sebastopol, CA, Joan proves that life—and love—only get better with age. Visit her <https://joanprice.com>.





Word count: 30,000



## The Fool's Guide to Tarot

A No-Nonsense Guide to Tarot Reading and Understanding Tarot Card Meanings

Mystic Rainn

### Key selling points

1. Learn to read cards like a pro.
2. Easy, informative, and fun.
3. Informed by African American spirituality.
4. Discover your strengths, weaknesses, and opportunities.
5. Mystic Rainn's YouTube channel has over 45,000 subscribers

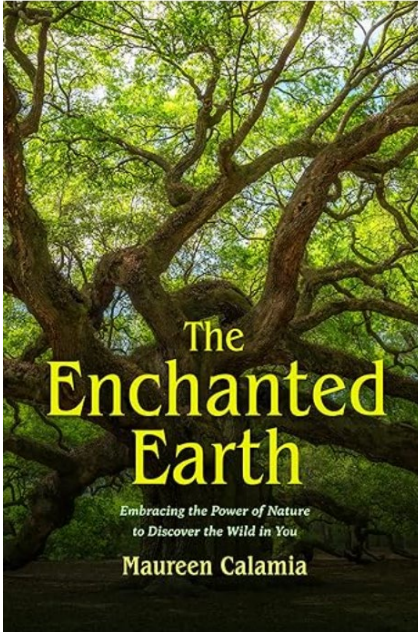
"The Fool's Guide to Tarot" by Mystic Rainn is a comprehensive and accessible guide designed to help both beginners and seasoned readers understand and interpret tarot cards. Mystic Rainn, known for her engaging YouTube tutorials on tarot reading, brings her expertise and approachable style to this book.

The guide covers:

- **The Major Arcana:** Detailed explanations of each card, starting with The Fool and progressing through the journey of self-discovery and enlightenment.
- **The Minor Arcana:** Insights into the four suits (Cups, Wands, Swords, and Pentacles) and their significance in readings.
- **Practical Tips:** Techniques for shuffling, drawing, and interpreting cards in various spreads.
- **Personal Growth:** How to use tarot as a tool for personal development and spiritual growth.

Mystic Rainn's book offers a clear, no-nonsense approach, making it a valuable resource for anyone looking to deepen their understanding of tarot.

**About the author:** Mystic Rainn is a popular internet psychic medium and spiritual advisor. She creates educational content on tarot reading and psychic development, sharing her insights through YouTube videos and podcasts. Visit her at <https://mysticrainn.com>.



Word count: 65,000



## The Book of Awesome Queer Heroes How the LGBTQ+ Community Changed the World for the Better

Maureen Calamia

### Key selling points

1. **Discover the Healing Power of Nature**
2. **Author Expertise:** Maureen Calamia is a renowned feng shui expert with a strong following.
3. **Broad Appeal:** Appeals to a wide range of readers, from spiritual seekers to nature lovers.
4. **Her previous book, Creating Luminous Spaces, has a committed following**

**The Enchanted Earth** invites readers to reconnect with nature and discover the profound messages it holds. Maureen Calamia, a feng shui expert, guides readers through the spiritual and healing aspects of nature, offering insights into how the natural world can transform our inner and outer landscapes.

### Key Features

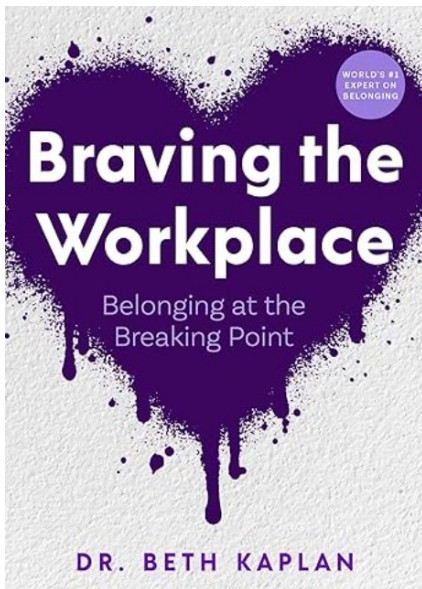
- **Spiritual Connection:** Explores how nature communicates with us and how we can listen to its messages.
- **Feng Shui Insights:** Discusses the five elements of feng shui and their impact on our relationship with Mother Earth.
- **Personal Stories:** Includes true stories of powerful connections with nature from various individuals.
- **Practical Advice:** Offers tips on recognizing and understanding the dynamic patterns provided by the Earth.

### Target Audience

- **Nature Enthusiasts:** Those who love spending time outdoors and want to deepen their connection with nature.
- **Spiritual Seekers:** Individuals interested in the spiritual and healing aspects of the natural world.
- **Feng Shui Practitioners:** People looking to integrate feng shui principles with their relationship with nature.
- **General Readers:** Anyone interested in personal growth and transformation through nature.

*"...it's so timely and resonant!.. Reading The Enchanted Earth felt like embarking on a personal journey of discovery and transformation, leaving me feeling deeply connected to the natural world."— Kim Hermanson, PhD*

**About the authors:** Maureen Calamia is a feng shui expert and author specializing in biophilic design. She empowers individuals to harmonize their living spaces with nature, promoting balance, well-being, and a deeper connection to the natural world. Her work integrates feng shui principles with modern environmental psychology.



Word count: 40,000



## Braving the Workplace Belonging at the Breaking Point

Beth Kaplan, PhD

### Key selling points

- **Expert Author:** Dr. Beth Kaplan is a recognized expert in learning and leadership strategy with extensive experience in corporate environments.
- **Engaging Content:** Combines research with storytelling, making complex concepts accessible and relatable.
- **Timely Topic:** Addresses the growing importance of mental health and belonging in the workplace.
- **Inspirational message:** Business must embrace community, inclusiveness, and supportive work environments.

**This is a book that grapples with one of the most important issues in the modern workplace: belonging.** Kaplan combines groundbreaking research with engaging storytelling to offer a comprehensive guide for businesses and individuals striving to create inclusive and supportive work environments.

Dr. Beth Kaplan shares her expertise on belonging and offers insights into navigating the rapidly changing, modern workplace landscape. *Braving the Workplace* combines groundbreaking research with engaging storytelling to offer a comprehensive guide for businesses and their best asset, their people. Dr. Kaplan provides a clear, actionable framework to help individuals and organizations cultivate a sense of belonging among their employees while promoting mental health.

Belonging is the cornerstone of humanity. This book offers a roadmap for everyone, from individuals to senior leaders tackling leadership challenges and driving inclusivity. It provides strategies to effectively assume leadership roles, create a diverse work environment, and boost employee productivity. This is a must-read for making belonging a fundamental aspect of any organization.

**If you enjoy books on work culture, such as *Daring Greatly*, *Inclusion on Purpose*, or *Start with Why*, then *Braving the Workplace* is for you!**

### Inside, you will find:

- Strategies for personal growth in finding a sense of belonging in the workplace
- Practical tools to help you cultivate a strong sense of personal belonging in any environment
- A step-by-step guide on how to understand the modern-day worker and lead with belonging.

**About the authors:** Dr. Beth Kaplan is an expert in learning and leadership strategy, specializing in workplace belonging. She integrates research with practical strategies to foster inclusive, mentally healthy work environments. She earned an EdD from the University of Pennsylvania. Visit her at <https://drbethkaplan.com>.



## The Book of Awesome Queer Heroes How the LGBTQ+ Community Changed the World for the Better

Eric Rosswood and Kathleen Archambeau

### Key selling points

1. Author has strong social media presence (100,000 X followers)
2. Inspiring stories about 52 gay heroes
3. A primer on queer history
4. International focus

Word count: 30,000

This book is a celebration and history of gay, lesbian, bisexual, and trans people who have changed the world.

This is a powerful and uplifting book that celebrates the achievements and contributions of LGBTQ+ individuals throughout history. This inspiring collection of stories highlights the courage, resilience, and determination of those who have fought for equality and made significant impacts in various fields, such as science, politics, sports, and entertainment.

### Key Features

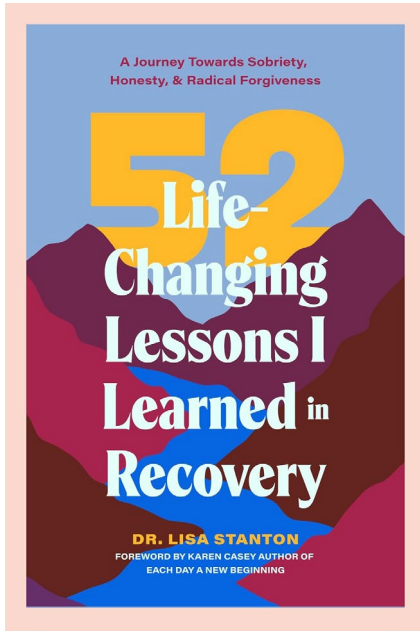
- Inspiring Stories: Discover the lives and accomplishments of LGBTQ+ heroes who have made a difference in the world.
- Diverse Representation: The book features a wide range of individuals from different backgrounds, ensuring that readers can see themselves reflected in these stories.
- Educational Resource: Ideal for educators, students, and anyone interested in learning more about LGBTQ+ history and the ongoing fight for equality.

Meet heroes and world-changers you may have heard of, with biographies about:

- Hall of Fame athletes such as Esera Tuaolo and Billie Jean King
- Entertainers like Sir Elton John, Margaret Cho, and Daniela Vega
- Government and military officials such as Eric Fanning and Leo Varadkar
- Other historic icons like Oscar Wilde and Bayard Rustin

**About the authors:** Eric Rosswood is a major influencer on social media with over 100K followers on Twitter and 5,000 followers on Facebook. He is an in-demand authority and commentator on LGBTQ issues. The author has been featured in major media including the *Toronto Star*, *Out Magazine*, *TimeOut New York*, *The Bay Area Reporter*, *Queerty*, *The Advocate*, *The Huffington Post*, *Boston Spirit*, and many regional LGBTQ press.

Kathleen Archambeau is an award-winning writer and LGBTQ+ activist. She authored "Pride and Joy" and co-authored "We Make It Better," highlighting LGBTQ contributions. Her work inspires and educates, rooted in personal experiences and extensive advocacy.



Word count: 65,000



## 52 Life-Changing Lessons I Learned in Recovery A Journey Towards Sobriety, Honesty, and Radical Forgiveness

Lisa Stanton PhD

Foreword by Karen Casey

### Key selling points

1. The road to recovery isn't easy. This book makes it easier.
2. Easy, informative, and fun.
3. Personal stories.
4. 52 lessons

"52 Life-Changing Lessons I Learned in Recovery" is a transformative book that captures the journey from addiction to a meaningful, spiritually grounded life. Dr. Lisa Stanton shares her personal experiences and the lessons she learned along the way, offering readers a path to recovery, faith, and radical forgiveness.

### Key Features:

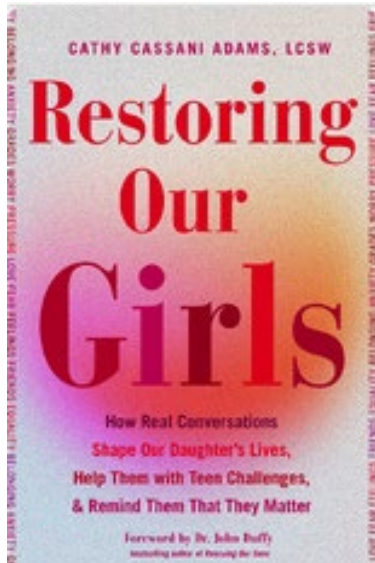
- **Personal Stories:** Dr. Stanton's journey from agnosticism to faith, and her struggles with addiction and mental health.
- **Spiritual Lessons:** Fifty-two lessons that provide insights into addiction, emotions, mental health, and spirituality.
- **Practical Guidance:** Lessons on how to align with spiritual principles, avoid self-help traps, and embrace forgiveness.
- **Engaging Content:** Written in a relatable and honest style, with stories from Dr. Stanton's life and those of her friends and family.

### Target Audience:

- Individuals in recovery from addiction
- Those seeking spiritual growth and guidance
- Readers interested in personal development and self-help
- Therapists and counselors working with individuals in recovery

**About the author:** Dr. Lisa A. Stanton, Ph.D. is a social psychologist, writer, and presenter. She has been a university lecture and co-authored over thirty articles in academic publications. Currently, she helps her thousands of followers through her media and workshops that focus on addiction and recovery. Lisa lives with her husband in Minnesota.





Word count: 40,000

## Restoring Our Girls How to Create Confident and Resilient Teens

Cathy Casari Adams  
Foreword by Dr. John Duffy

### Key selling points

- **Adolescence is tough. Here is a way through.**
- **Strategies to build self-confidence and resilience.**
- **"This is a game-changing book for modern parents who want their daughters to thrive in adolescence and beyond."**  
—Jennifer Breheny Wallace, author of the *New York Times* bestselling book *Never Enough*.
- **Foreword by bestselling child psychologist, John Duffy.**

**Description:** *Restoring Our Girls* is a smart and practical guide for parents to help their teenage daughters navigate the complexities of modern life. Cathy C. Adams, a seasoned parenting coach, provides practical advice and compassionate insights to foster meaningful conversations and support teenage girls through their challenges.

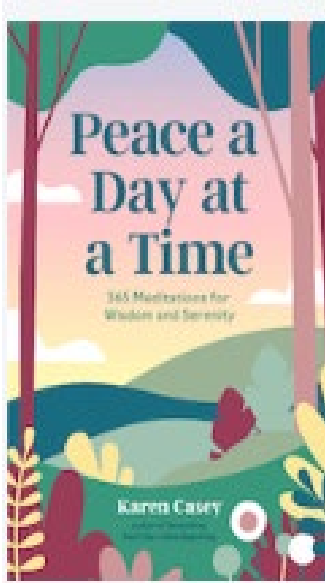
### Key Features

- **Growth Mindset:** Encourages celebrating effort over results.
- **Place in the World:** Discusses the impact of cliques and clubs.
- **True Selves:** Highlights the importance of vulnerability in overcoming teen challenges.

**This is a essential book for parents of teenage girls, educators and counselors.**

**About the author:** **Cathy C. Adams, LCSW**, is a certified parenting coach, teacher, and podcast host. Cathy has gone on to become a key speaker and guest for several platforms, including CBS, *Parents Magazine*, *Newsweek*, and *Today's Chicago Women*. Later publications include award-winning titles such as *Living What You Want Your Kids to Learn* and *Zen Parenting*. Cathy and Todd currently live in Illinois with their three children, and she teaches at Dominican University.





**Word Count: 75,000**

**Be** (Turkish: Aykırı Yayıncılık, exp 2013)

**Change Your Mind and Your Life Will Follow (Chinese -simple-Beijing** Mediatime, exp 2017; **French:** Beliveau, ex. 2014; **Slovak:** Eastone, exp 2021; **Spanish: Urano,** exp 2017; **Portuguese,** Novo Conceito, exp 2023; **Italian,** Armenia exp 2012; **Vietnamese,** First News, exp 2023; **Hungarian,** Neemtree, exp 2014; **Estonian,** Ou Eram Books, exp 2023; **Portuguese,** Sinais de Fogo, exp. 2019; **Russian,** Ves, exp 2013)

**All We Have Is All We Need (French:** Beliveau, exp. 2016; **Spanish,** Editorial Manantial, exp 2013; **Russian,** VES, exp 2013; **Arabic,** Jarir, expired)

**It's Up To You (French:**Beliveau, exp 2016; **Russian,** Ves, 2014)

**Living Long, Living Passionately** (French, Beliveau, 2021)

**20 Things, I Know For Sure (Slovak,** Eastone, exp 2024)

**Codependence &the Power of Attachment (Russian,** Ves, exp 2014)



## **Peace, A Day at a Time** **365 Meditations for Wisdom & Serenity** **Karen Casey**

### **Key selling points**

- “What Karen found ... was a path to God that wasn’t waylaid by religious dogma.”--Marianne Williamson, *NYT* bestselling author.
- “... thoughtful and accessible. Readers with a belief in the power of God will be most amenable to her recommendations for a simpler, more rewarding life.”—*Publishers Weekly*
- A new edition of a self-help classic.
- Over 15,000 sold.

**Description:** Karen Casey’s daily meditation book *Peace a Day at a Time* offers 365 reminders to help strengthen those traveling the path to wellness and calm.

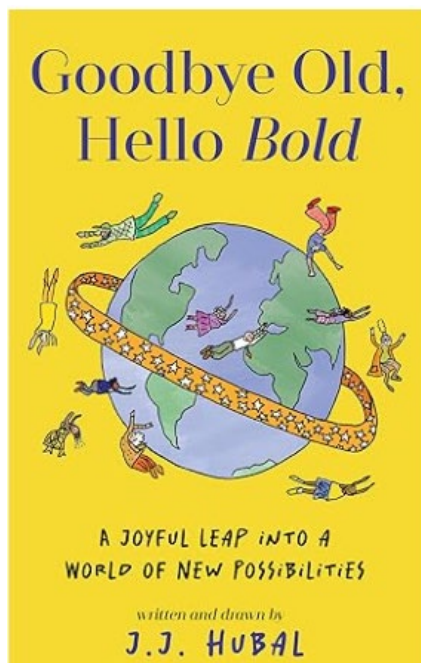
**Grow stronger every day with this classic meditation-a-day book.** Karen Casey's daily meditation books have guided millions through their recovery and their daily lives, providing serenity and a happier more peaceful life. *Peace a Day at a Time* offers a meditation for every day of the year, opening with a quote and following with a brief essay and a takeaway message. This beautiful book is your powerful set of daily reminders on how to stay centered and find inner peace. Karen also provides a companion index with key theme words to reference any issue you may be struggling with.

### **In *Peace a Day at a Time* learn to:**

- Avoid drama and to let go of blame
- Stop living from crisis to crisis
- Cope with fear, sorrow, anger, and pain
- Embrace change
- Practice kindness, joy, hope, and acceptance

**If you have been aided by books such as *The Language of Letting Go, The Road Back to You, or Let Go Now;* then *Peace a Day At a Time* can help you heal.**

**About the author:** Karen Casey is the best-selling author of more than forty inspirational books, including *52 Ways to Live the Course in Miracles, Let Go Now, In God’s Care,* and *A Woman’s Spirit.* She started her addiction recovery journey in 1974 and in 1982, she published her first book, *Each Day a New Beginning,* which instantly became a bestseller. Visit her at [www.womens-spirituality.com](http://www.womens-spirituality.com).



## Goodbye Old, Hello Bold

A Joyful Leap into a World of New Possibilities as We Age

J. J. Hubel

### Key selling points

- Aging made fun—and funny
- Full-color throughout.
- Hubal’s three illustrated workbooks on addiction recovery, *Living with Your Higher* (Hazelden) have sold over 850,000 copies.
- Hubal’s cartoons have appeared in the Chicago Tribune, the Milwaukee Journal, and the Houston Post
- Hubal’s inspirational book *A Week at the Beach* has sold 12,000 copies.

**Description:** “This is an empowering guide that combines humor and hope to inspire positive aging. It offers practical advice, illustrated content, and encourages readers to embrace new opportunities and find joy in every stage of life.

Each year, millions of Americans ask the same question once they reach a certain age: what’s next for me? While many think the best years only happen in their youth, J.J. Hubal begs to differ. She *combines* humor and hope into hundreds of ideas of what to try as you age. From traveling, financial decisions, and the little things that make you happy, you will discover so many ways to create new memories to cherish for years to come.

**Redrawing your life from a new angle.** Looking back at a lifetime can bring out so many emotions both good and bad. That is why *Goodbye Old, Hello Bold* uses fun illustrations that will turn the past into a powerful tool for making your future. Paired with empowering words of wisdom, these hand-drawn reminders will help you rediscover what it means to be bold and take chances no matter the timeline.

**Inside, you’ll find unique instructions on how to connect new aging with positivity, such as:**

- Reflecting on the cliches we grew up with and proved wrong
- Learning it’s okay to move on from relationships and dynamics that don’t make us happy
- Why our mistakes don’t have to be our burdens

**If you liked books on aging such as *The Well-Lived Life*, or *Keep Sharp*, you’ll love *Goodbye Old, Hello Bold*.**

**About the authors:** J.J. Hubal is a bestselling author and artist known for his uplifting and motivational works. With a focus on positive aging and personal growth, his books combine humor and practical advice to inspire readers. Hubal’s engaging style and relatable content have made him a beloved figure in self-help literature. Visit her at <https://www.youtube.com/@JJHubal>.



Word count: 30,000



## Junk Journal Joy

### Belonging at the Breaking Point

Francesca Radice

#### Key selling points

- Embrace creativity with everyday items
- Transform your trash into treasure.
- A craft that results in calm and serenity.
- The ultimate guide to bookbinding—with a creative twist.
- 4-color throughout

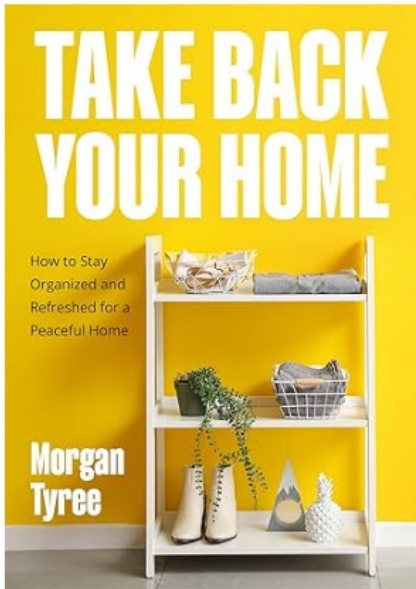
**Description:** This is a book that perfectly combines two popular categories: self-help and crafting. It is a book that encourages readers to discover the art of junk journaling and turn everyday items into a unique, creative masterpiece. Whether you're a seasoned crafter or a curious beginner, this book guides you through the process of repurposing old receipts, ticket stubs, and even junk mail into a beautiful, personalized journal. Embrace the beauty of imperfection and let your creativity soar!

#### Key Features:

- **Step-by-Step Instructions:** Easy-to-follow guides for creating stunning junk journal pages.
- **Inspiration Galore:** Hundreds of ideas to spark your creativity and make your journal truly one-of-a-kind.
- **Eco-Friendly Crafting:** Learn how to recycle and repurpose materials you already have.
- **Personal Stories:** Hear from fellow junk journal enthusiasts about their creative journeys.

**If you liked other book binding books such as *Junk Journal Cutouts*, *Making Handmade Books*, or *Treasure Book Making*, you'll love *Junk Journal Joy*.**

**About the authors:** **Francesca Radice** has collaborated with digital paper designers (e.g.. Vectoria Designs, Digital Collage Club), collaborated with Daphne's Diary magazine as a UGC, she was interviewed by "culture Scrapbooking" (a French magazine), she was one of the teachers in the online course "mixed media art summit" in 2022, she is a guest teacher for Wanderlust 2024 (online course), she participated in various collaboration challenge like "junk journal January", "junk journal July" and she has her own challenge every year in November. She lives in Australia.



Word count: 41,000



## Take Back Your Home

How to Organize Every Room for a Stress-Free, Mess-Free, Happy Home

Morgan Tyree

Foreword by Cassandra Aarssen

### Key selling points

- She is active: Instagram: 20K, Pinterest: 10K, Facebook: 3K.
- Clean your mind and clear your house
- Practical with full-color photos throughout
- Foreword by decluttering superstar, Cassandra Aarssen

### Description:

**Clutter mind—cluttered house. Professional organizer how you can clear your mind—and your house for a spacious and stress-free life.**

Your home reflects who you are. A disorganized room can signal neglected mental and emotional health. Instead of letting stress build up, you can minimize it and your space with some guidance. **Take Back Your Home** offers real solutions for even the biggest messes, from bedrooms to outdoor spaces, making every part of your home shine as brightly as you do.

### Key Benefits:

- **Real Solutions for Real Messes:** Practical advice for organizing every part of your home.
- **Empowering Guidance:** Learn that your efforts are good enough, no matter the project size.
- **Overcome Overwhelm:** Discover that perfectionism isn't necessary for a peaceful, fulfilling space.

### Inside the Book:

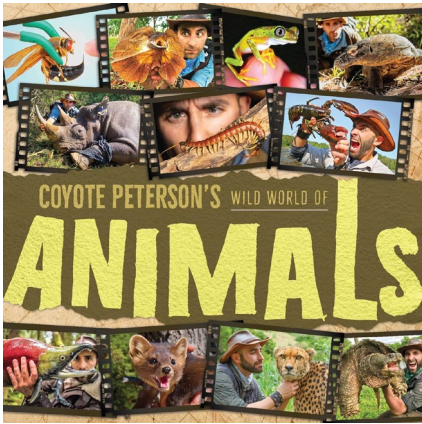
- **Style Quiz:** Find the best organizing techniques tailored to your obstacles.
- **Essential Tools:** Understand why time, intention, and boundaries are crucial for organizing.
- **Flexible Ideas:** Get adaptable solutions for all parts of your home.
- **Overcoming Barriers:** Tackle common obstacles like shopping, commitment, and values.

So if you enjoy books on such as *Laundry Love*, *Organizing Solutions for People with ADHD*, or *Plan and Organize Your Life*, you'll love *Take Back Your Home*.

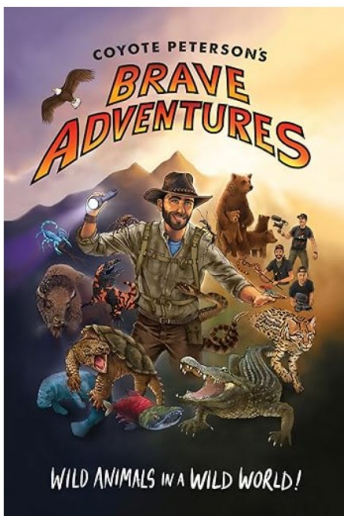
**About the author: Morgan Tyree** is a professional organizer, author, and content creator. Morgan's previous books include *Take Back Your Time*, *Your Hospitality Personality*, and *The Productivity Zone*. She lives in Colorado. Visit her at <https://www.morganizewithme.com>



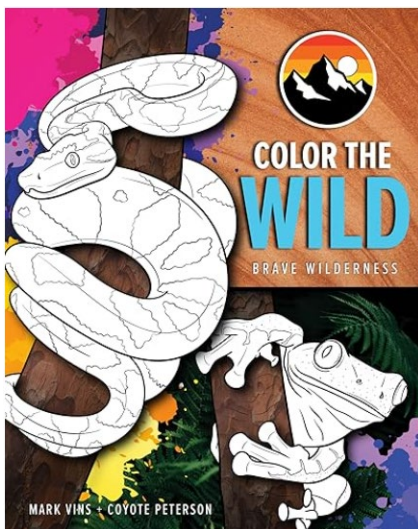




Also Available



Over 18,000 Sold



OVER 19,000 Sold

## Coyote Peterson's Wild World of Animals

A Children's Animal Encyclopedia of All the Coolest Animals Around the World

### Coyote Peterson

#### Selling points:

- Peterson has over 20 million YouTube subscribers.
- 6.6 million Facebook and 4.8 million Tik Tok followers.
- Over 125 animals from around the world, 75 full color illustrations/ photos.
- The ultimate illustrated home family reference book
- Strong track: CP's Brave Adventures has sold over 20,000 copies. CP Coloring Book has sold over 20,000.

#### Explore This Thrilling Animal Atlas with *Coyote Peterson Wild Animal Adventures*

This captivating book offers fun facts for kids on the world's most fascinating animals. This animal atlas is a celebration of Brave Wilderness and Coyote Peterson's 10-year journey to educate, entertain, and instill in children an understanding of the importance of our planet's diverse creatures

**From ferocious to adorable, and even the creepy crawlers.** Every animal plays a vital role in maintaining the balance of our planet. *Coyote Peterson Wild Animal Adventures* takes readers on a dynamic exploration of intense, incredible, and fantastical animals. Delve into their habitats, meals, and more, gaining insights that highlight the crucial role these animals play in our ecosystem with this safari book for kids.

**Not just an animal atlas, it's a gateway to fun facts for kids.** This book is the perfect choice for young readers. As one of the best picture books, it offers a daily dose of fascinating facts for the day, making learning an enjoyable experience. This is the perfect birthday gift that sparks curiosity for the animal kingdom.

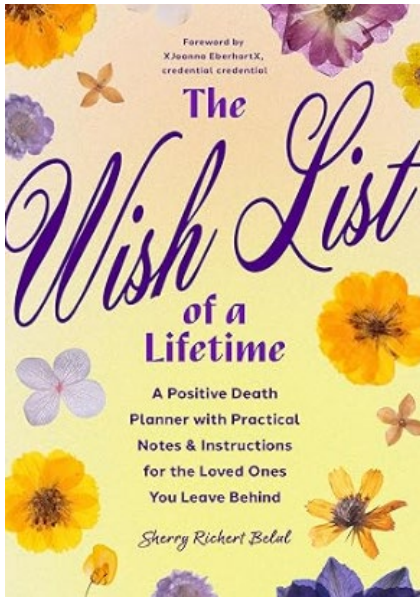
#### Inside, young readers will:

- Experience an immersive journey through the wild.
- Explore endless fun facts about a variety of animals.
- Learn about the wonderful world of wildlife.

**If you liked *National Geographic Kids Almanac 2024*, *100 Amazing Facts for Kids*, or *Dino Dana*, you'll love *Coyote Peterson Wild Animal Adventures*.**

**About the author:** Emmy Award-winning host of YouTube's "Brave Wilderness", **Coyote Peterson** spent most of his childhood scouring nearby forests and swamps looking for whatever creatures he could get his hands on. His obsession with outdoor adventure and scaly, dangerous creatures took him to Ohio State University, where he honed his skills in storytelling and met his future business partner, Mark Vins. Visit him at <https://bravewilderness.com>





**Word count: 35,000**

## **The Wish List of a Lifetime**

**A Positive Death Planner with Practical Notes and Instructions for the Loved Ones You Leave Behind**

**Sherry Richert Belul**

### **Key selling points**

- **Everyone dies. Everyone needs to get ready...**
- **The ultimate guide for planning for the inevitable.**
- **A book that alleviates the emotional pain for the dying and for survivors.**
- **The comprehensive end-of-life organizer with advice and checklists.**

### **Description:**

We all die. Rarely is anyone prepared. This practical guide solves that problem. This is an end-of-life organizer assists the dying and their families to deal with the practical and emotional issues that accompany the final chapter.

Among the key features are:

- Everything you need to know about funeral preparations.
- Selecting meaningful mementos for loved ones.
- The importance of leaving behind personal messages.
- Checklists and resources to ensure thorough planning.
- Sound advice for approaching the end of life with serenity.

Belul emphasizes that death is not just an ending, but a continuation of the love and memories shared throughout a lifetime. This is a book that encourages readers to cherish every moment and to see death as a natural part of the journey of life

**If you are looking for books about death such as *The Grieving Brain*, *When I'm Gone Planner*, or *How to Stay Upbeat in a Beat-Down World*, then *The Wish List of a Lifetime* is for you.**

**About the author:** Sherry Richert Belul is a writer, gift maker, and happiness coach. She founded Simply Celebrate, offering coaching and handmade celebration books to help people find joy. She lives in San Francisco. Visit her at <https://www.sherrybelul.com>.

## The Book of Awesome Asian Women

### Empresses, Warriors, Scientists, and Mavericks

Karen Wang Diggs

#### Key selling points

- Inspiring stories for grades 8-12
- Diverse representations—women from different Asian backgrounds.
- Educational value.
- Positive role models

#### Description:

*The Book of Awesome Asian Women* tells the stories of powerful Asian women who have shaped history, providing inspiration and recognition to their incredible contributions across the globe.

In a world where the accomplishments of women are finally being celebrated, *The Book of Awesome Asian Women* brings attention to the underrepresented stories of Asian women throughout history. This book is the third in the “Awesome Women” series; a series that amplifies the voices of those who have often been overlooked or misrepresented.

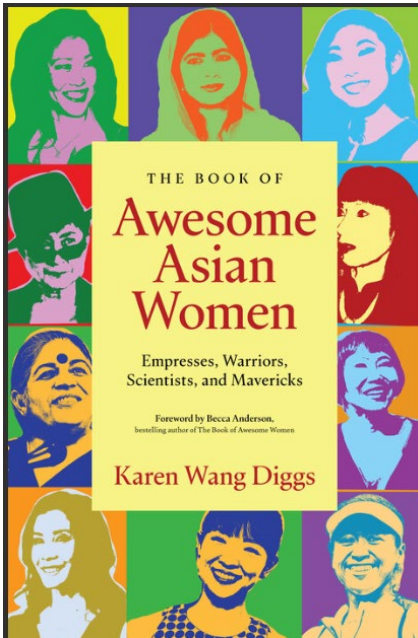
Written by Karen Wang Diggs, a passionate advocate for social justice and gender equality, this book explores the lives of Asian women and girls who have left indelible marks on the world

#### Inside, you’ll find:

- Inspiring stories of famous women in history, from empresses like Wu Ze Tian to groundbreaking scientists and artists like Dr. Soyeon Yi and Amy Tan; perfect for anyone looking for a female artists book or notable female scientists.
- Empowerment through representation, offering readers the chance to see themselves in the strong women who defied the odds.

**If you liked *Women Who Dared*, *Women in White Coats*, or *The Book of Awesome Women*, you’ll love *The Book of Awesome Asian Women*.**

**About the author:** Karen Wang Diggs is the author of 10 Super Asian Women Who Shaped History. Karen was born in Hong Kong but grew up in Hawaii. She is a classically trained chef and a certified nutritionist. She is also pursuing a degree in anthropology.



**Word count: 40,000**

# THIEVES OF PURPOSE

What Is Robbing You of the Life  
You Were Created to Live

DAVIN SALVAGNO

Word count: 30,000



## Thieves of Purpose

### Overcoming the 12 Mindsets Robbing You of Your Potential

Davin Salvagno

#### Key selling points

- Inspiring stories for grades 8-12
- Diverse representations—women from different Asian backgrounds.
- Educational value.
- Positive role models

#### Description:

“This is a compelling exploration of how individuals and organizations can reclaim their sense of purpose in a world that often feels directionless. Through insightful analysis and real-world examples, Salvagno provides readers with practical strategies to identify and pursue their true calling.

Salvagno explores the 12 "thieves" that sabotage potential and happiness, from psychology, business research, and interviews with successful leaders, Salvagno provides a comprehensive understanding of how these thief words impact our lives.

Here, readers will uncover limiting thoughts, develop practical strategies, and cultivate resilience to achieve a more purpose-driven and fulfilling life. If you're seeking to find your purpose, improve work-life balance, and cultivate success.

- Unlock your potential and achieve greater happiness and fulfillment
  - Become empowered to take control of your life through chapters offering vital insights and actionable steps
  - Find support for your journey of self-improvement
- If you liked *The One Truth*, *The Greatness Mindset*, or *The If you liked The One Truth*, or *The 7 Habits of Highly Effective People*, you'll love *Thieves of Purpose*.**

**About the author:** Dan Salvagno is an inspirational speaker, Founder & CEO of PurposePoint, and author of “Finding Purpose at Work,” known for connecting purpose, people, and performance. Visit him at <https://www.davinsalvagno.com>



**Word count: 50,000**

## Get Stuff Done Without the Stress

5 Secrets for Making the Best use of Your Time and Achieving Your Goals for Great Happiness.

Risa Williams

### Key selling points

- How to get stuff done.
- Stop procrastinating and feel better.
- Happiness through achieving your goals

**Description:** This is the essential guide for alleviating stress, productivity, and achieving your goals

**Don't let stress get the best of you.** With anxiety becoming one of the biggest epidemics in recent history, many people are looking for ways to reduce their stress levels effectively. That is why you'll need a self-help guidebook about navigating your anxiety for bigger and better changes. *Get Stuff Done Without Stress* is an anxiety book sharing 25 tools that anyone can use to identify and regulate stress levels. With psychotherapist and wellness coach Risa Williams's scientific yet upbeat advice for long-lasting positivity, you'll unlock more reasons to have peace of mind than ever before.

**Daily practices for stress-free living.** Unlike other stress management books, *Get Stuff Done Without Stress* is full of mental health exercises that aren't just easy to use, but will also help you balance your anxiety by achieving an optimistic outlook. Each chapter features prompts, advice, and illustrations that are guaranteed to boost your self-esteem while lowering your anxiety levels. From time management to positive self-talk prompts, you'll always find new ways to stay stress-free with each reread.

**Inside, you'll also find science facts and wisdom such as:**

- How a reflection journal can reveal your inner strength
- Meditations and therapeutic activities to use against negative thoughts
- Which social activities will improve or drain your emotional health
- Why peace of mind can help shape a brighter future
- 

**If you are looking for a self-help anxiety book like *Four Thousand Weeks*, *The Art of Letting Go*, or *It's Up to You*, then you'll love *Get Stuff Done Without Stress*.**

**About the author:** Risa Williams is a psychotherapist, writer, and wellness coach. Her work has been featured in *Forbes Magazine*, *Wired*, and *Psychology Today*. She is an adjunct professor at Woodbury University and Pepperdine University.