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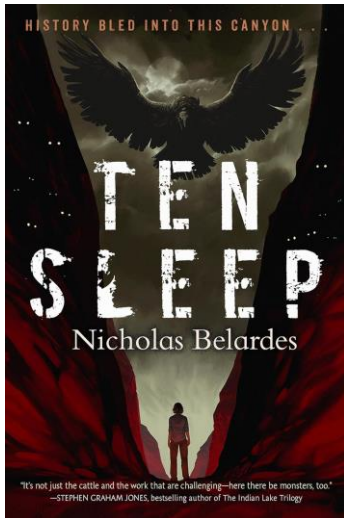
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LONDON BOOK FAIR 2025

TEN SLEEP
Nicholas Belardes



Jordan Peele’s *Nope* meets *True Grit* in this supernatural modern-day western about a trio of young people on a 10-day cattle drive that leads them through a canyon haunted by ancient mysteries and savage beasts who existed long before humankind.

A young Mexican American woman detects uncanny creatures stalking her on a cattle drive toward a canyon soaked in blood in an unforgettable novel, brilliantly infusing the modern Western with spine-chilling horror .

When Greta Molina’s old friend Tiller offered her the job, a ten-day cattle drive across the Wyoming prairie from the ranching town of Ten Sleep, it sounded like a well-paid break. Three hundred and twenty cows and calves, two guys her age she’s known since college (Tiller and Scott), and a few long days on an ATV will give her time to sort out the mess in her head. The canyon along the trail has a history, sure, but nature has a tendency toward violence. Greta can accept that, even if it makes her insides squirm.

What Greta doesn’t know is the legacy of murder and rot that runs deep into the rocks of this land. As each night passes on the prairie, the trio faces mounting supernatural dangers: a ghost train of the damned, wild animals walking alongside dead ones—and evidence of a gigantic creature in the skies, one that’s supposedly been extinct for eons. And Tiller may be hiding even darker secrets the further they go. Safety is only ten sleeps away, but Greta soon realizes that may be too long for all of them to survive.

Early praise:

“Open these pages and fall into a cattle drive up in the high lonesome country, where it’s not just the cattle and the work that are challenging—here there be monsters, too.” —Stephen Graham Jones, best-selling author of *The Only Good Indians*

“Nicholas Belardes’s *Ten Sleep* is a masterful work bringing together deep, ancient magic with a gut churning dread of the haunted spaces of the American west. Rendered in elegant prose and with vivid characters, *Ten Sleep* is tense, atmospheric, and nightmare-inducing. Highly recommended.” —Richard Kadrey, *New York Times* bestselling author of the Sandman Slim series

“A haunting and atmospheric tale of old wounds and ancient creatures that blurs the lines between past and present. A deliciously unsettling journey into the unknown.” —Tim Waggoner, Bram Stoker Award-winning author of *Lord of the Feast*

“Haunting, unsettling, and birthed from an all too real historical context, TEN SLEEP is a brilliantly grisly trek through the death and darkness of the American West.” —Markus Redmond, Hollywood screenwriter, actor and author of *Blood Slaves*

“*Ten Sleep* is a story suited to be told and read in the belly of a valley by the low light of a fire or on a porch in the evening when the sun is bleeding out. This western and naturalistic multi-perspective novel tackles themes of ecology through memories held within the broken and dead bodies that remain, and is perfect for fans of slow burn, haunting histories that unravel like hidden taxidermy stitches.” —Ai Jiang, Bram Stoker- and Nebula-Award winning author of *Linghum*

“Bloody, nightmarish, and compelling.” —Lucy A. Snyder, author of *Sister, Maiden, Monster*

“A masterfully written slow burning eco-horror full of rich, gory details and a cast that is unique to the wild west. Grim and twisted like Mother-Canyon, *Ten Sleep* will keep the reader sleepless to its thrilling conclusion.” —**Abigail F. Taylor**, author of *Maryneal, 1962*



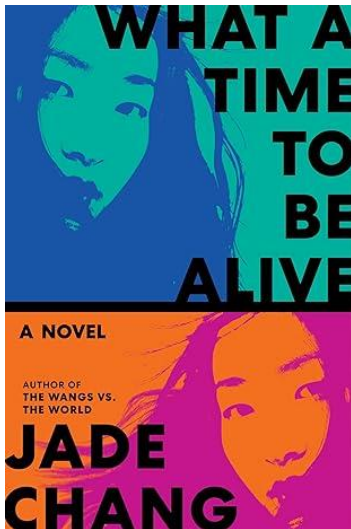
Nicholas Belardes’ fiction combines elements of literary fantastic, fantasy, eco-horror, and science fiction. His obsession with nature, history, and the world’s ongoing climate disasters, blended with a daily birdwatching habit, fills his prose with not just warblers and flycatchers but also other obscurities from the natural world. He earned his MFA at University of California Riverside’s Palm Desert Low Residency where he received the Founder’s Award. His debut, *The Deading*, published in 2024 to strong reviews. You can find him online at nicholasbelardes.com.

Erewhon
288 pages
Jud Laghi Agency
Manuscript available

World English rights: Kensington

WHAT A TIME TO BE ALIVE

Jade Chang



A deeply moving and often hilarious novel following a woman who becomes an internet folk hero in the most unexpected way, catapulting her into fame and influence just as she's finally beginning to reckon with her complicated past.

Lola Treasure Gold can't figure out her life. She's broke, she's unemployed, she's back in her childhood home, a crumbling cottage in the Hollywood Hills. Worse—unspeakably worse—one of her closest friends has just died. So nobody is more surprised than Lola when a jackpot falls in her lap: she stars in a Very Viral Video, opening a surprising path for her to become a self-help guru.

With the encouragement of her other best friend, Celi—still alive, thank god—Lola embraces the public interest in her perceived message. But is she a scammer or a sage? Just as Lola is telling others to be their own guiding lights, she can't seem to find hers: she's grieving, she's accused of using the notoriety of her friend's death to fuel her rise, and she's full of questions about the fate of her mother, who came to America pregnant, fleeing China's one-child policy; got deported when Lola was eight; and now has totally disappeared.

Driven by an exuberant, searching spirit, Jade Chang's kaleidoscopic new novel is a deep examination of the ways we commodify belief, the power and precarity of fame, and the delicious terror of being truly seen. *What a Time to Be Alive* asks if we can look honestly at the world and still love it: the answer is a brilliant, resounding *yes*.

Praise for *THE WANGS VS THE WORLD*:

"Jade Chang is unendingly clever in her generous debut novel." — *New York Times*

"Jade Chang's firecracker of a debut knowingly and refreshingly breaks every unwritten rule of the Asian-American family saga, making for a blistering, high-energy read that's worthy of its pre-publication hype." — *Newsday*

"[The Wangs] is unrelentingly fun, but it's also raw and profane—a story of fierce pride, fierce anger, and even fiercer love." — *NPR.org*

"Richly entertaining." — *The Guardian*

"[A] jam-packed, high-energy debut . . . Head-spinning fun." — *Kirkus Reviews*

"Sharply comic, *The Wangs vs. the World* is a hilarious take on the road trip novel." — *Stylist (UK)*

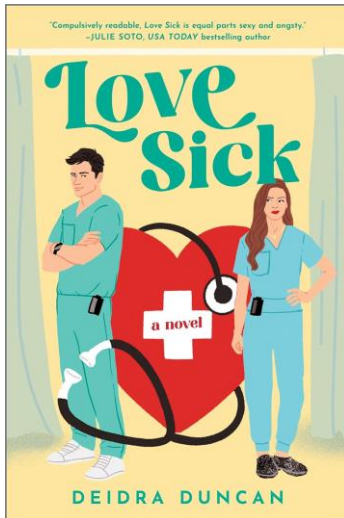
Jade Chang is the author of *THE WANGS VS THE WORLD* (2016) which was published in a dozen languages and was named Best Book of The Year by *Amazon*, *Buzzfeed*, *Elle*, and *NPR* and was awarded the VCU/Cabell First Novelist Prize. She lives in Los Angeles.

Ecco
304 pages
Europa Content
Manuscript available

Rights sold: Canada/HarperCollins

Rights sold to *THE WANGS VS THE WORLD*: UKANZ/Fig Tree; Czech/Host; Dutch/Signatuur; French/Belfond; Indonesian/PT Bhuana Ilmu; Italian/Ponte alle Grazie; Polish/Sonia Draga; Portuguese (Brazil)/Intrinseca; Slovakian/Ikar; Spanish/Kailas

LOVE SICK
Deidra Duncan



***Grey's Anatomy* meets *The Hating Game* in this delicious, laugh out loud rom-com set in the world of a tight-knit group of OB-GYN residents—written by a practicing physician.**

Their bedside manner needs a little work...

Love may be the best medicine, but first-year resident Grace Rose isn't prescribing it anytime soon. Not since her ex broke her heart in med school, and especially not since hearing the rumor that she slept her way into the OB-GYN program. (Spoiler alert: So not true.) With her social anxiety already in full spiral, Grace is determined to set the record straight. But after a tense first encounter with fellow resident Julian Santini—with his annoying good looks and witty charm—she realizes that her reputation may never fully recover.

Julian didn't mean to offend Grace. After all, he's just as fed up with the toxic "BrOB-GYN" culture as she is. He's got his own drama to triage anyway—like proving that he earned his spot in this residency, not simply lucked into it. Still, something about Grace gets under his skin...and not always in a bad way.

Forced to work together through grueling shifts and sleepless nights, Grace and Julian try to cut back on the bickering for the sake of their training. Before long, however, a different kind of tension exposes the cracks in their truce. With their hearts in critical condition, will they accept that love is the best remedy of all?

Early Praise:

"Bursting with laughter, the joy of found family, and spicy will-they-or-won't-they tension, Duncan's debut about the struggles of OB/GYN residency is the perfect book for *Grey's Anatomy* fans who wish they could start the Meredith-and-McDreamy journey all over again. Readers who love workplace romance, enemies-to-lovers banter, and STEM-inist heroines will have a ball." - Ashley Winstead, author of *The Boyfriend Candidate*

"Compulsively readable, LOVE SICK is equal parts sexy and angsty. Deirdra Duncan nailed all my favorite aspects from medical dramas." - Julie Soto, USA Today bestselling author of *Forget Me Not*

"Amid a realistic portrayal of the highs and lows of medical resident life, enemies-to-lovers tension and nonstop banter fill this resonant and romantic debut. Heartfelt and smart, LOVE SICK is just what the doctor ordered." - Emily Wibberley and Austin Siegemund-Broka, authors of *The Roughest Draft*



Deidra Duncan is a board-certified OB/GYN and lover of all things angsty and romantic. Based in Florida, she spends her days either delivering babies or lounging in the sun with her kids and husband. LOVE SICK is her debut novel.

Canary Street / HarperCollins
384 pages
Europa Content
Manuscript available

Rights sold: UK/Quercus; German/Luebbe; Polish/Muza; Portuguese (Brazil)/Rocco; Portuguese (Portugal)/Porto; Russian/Rosman; Ukrainian/Artbooks

SING THE NIGHT
Megan Jauregui Eccles

Cover
Reveal
To
Come

For fans of *Phantom of the Opera* and *THE NIGHT CIRCUS* comes a debut novel about an ambitious soprano who makes a Faustian bargain with a ghost trapped in a mirror in order to win a magical singing competition and restore her dead father's legacy

After Selene's father, King's Mage Guiseppe Dreshé, lost his mind and tried to kill his only child, she was sent to live and train at the Opera Magique. An orphan intent on redeeming her father's name and proving her strength in music and magic, now 17-year-old Selene is determined to enter L'Opéra du Magician, the once every seven years contest to select the next King's Mage.

But when another student steals her music and everything goes horribly wrong, she flees into the bowels of the opera house, only to discover its deepest darkest secret — there's a ghost trapped in a mirror in a watery underground sanctum. The nameless ghost knows of a magic more powerful than music; called *magie du sang*, it is borne of blood and pain.

Armed with this knowledge and trained by the ghost, Selene works to free him as well as re-enter the competition and reclaim her place. But is it worth the cost?

Megan Jauregui Eccles is a former soprano who holds a BA in Music from the University of San Diego and an MFA in Fiction from University of California Riverside, Palm Desert. When she's not milking goats or rehoming rattlesnakes on her ranch in the foothills of San Diego, she plays Dungeons & Dragons with her four young sons and talks about books.

8th Note Press
320 pages
LKG Literary
Manuscript available: May 2025

PERFECT FIT
Clare Gilmore



A hilarious and heartfelt rom-com about having it all, slowing down to see the big picture, and finding out that the person you least expect could be your perfect fit

Josephine Davis has spent her entire twenties building Revenant, a fashion brand headquartered in downtown Austin. When her biggest investor orders Josie to hire a consultant, the last person she expects to be working with is Will Grant – the twin brother of her ex best friend.

Sure, Will and Josie may have shared one mistake of a kiss during senior spring break nine years ago, but they’ve never been friends. She remembers him as moody; he always thought of her as shallow. Romance isn’t on the table for either of them until they blink, and realize there’s a reason they can’t stay away from each other.

But there’s Will’s sister to consider, whom Josie hasn’t spoken with since their falling out. Not to mention, Will and Josie live seventeen hundred miles apart. And it’s not like she has time for a boyfriend anyway when she’s an overworked CEO. As Josie’s burnout looms while she falls deeper and harder for Will, she contends with the fact that eventually, she’ll have to make a choice: stay alone to be productive, or slow down to be in love.

Praise:

"[A] delicious slowburn romance." - *Booklist*

"Full of witty banter, shared mistakes, a great cast of characters...Perfect for fans of Emily Henry and Lana Ferguson, this book from Gilmore is heartfelt, with a little grit and a lot of laughs." – *Library Journal*

"Clare's stories are my idea of a perfect fit. Incredibly smart, layered, witty, and deeply emotional. Her voice is certain to be your new favorite." –Tarah DeWitt, bestselling author of *Savor It*

"Gilmore explores the complexities of finding love while simultaneously finding yourself. As her protagonist battles the corporate grind and strives to discover who she is outside of what she does, she falls headfirst into an unexpected romance that’s supportive, sexy, and deeply authentic. Most importantly, she reminds us that true love means showing up for the people who matter." —Lindsay Hameroff, author of *Till There Was You*

"*Perfect Fit* is a sweetly effervescent book about love and friendship, the challenges of finding your place in the world, and the joy of staying true to yourself. Will and Josie had me charmed from page one!" — Jenna Levine, *USA Today* bestselling author of *My Roommate Is a Vampire*

"I can’t gush enough about *Love Interest*, an enemies-to-lovers gem that has quickly taken its place among my favorite romances. Clare Gilmore has managed to write a love story that feels both utterly of the moment—laugh-out-loud funny and irreverently edgy—and like an instant classic, delivering the heart and depth that make some romances stand the test of time." – Ashley Winstead, author of *The Boyfriend Candidate* on LOVE INTEREST



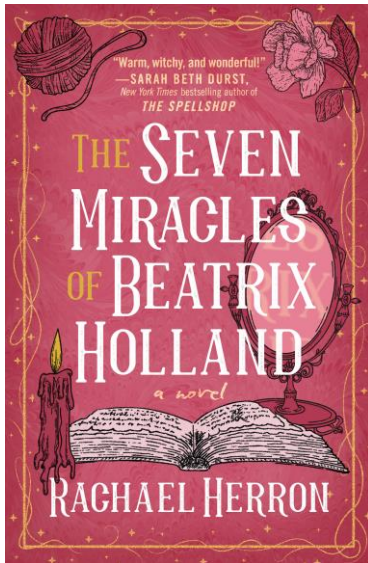
Clare Gilmore is a rom-com author based in North Carolina. She split her time in college studying Business (for the practicality) and English (for the romanticism of it all). When she's not writing, she's cooking excessively elaborate meals in a tiny kitchen, listening to a book on audio while she walks her dog, or planning more vacations than she'll ever be able to take. Gilmore is the author of LOVE INTEREST (St. Martins, 2024)

St. Martins Press
352 pages
Stonesong Literary
Book available

Rights sold for LOVE INTEREST: Italian/Hope Edizioni;

World English rights: St Martins Press; **German rights:** Michael Mellor Agency

THE SEVEN MIRACLES OF BEATRIX HOLLAND
Rachael Herron



The queer love-child of *Practical Magic* and *The Parent Trap*, full of humor, magic, and romance

Most visitors to Skerry Island see only its lush greenery, picturesque cemetery, and quaint downtown. Yet generations of local women know that on Skerry, their benevolent witchcraft is at its most powerful.

Beatrice Barnard doesn't believe in magic. She definitely doesn't believe the predictions of the celebrity psychic who claims that she will experience seven miracles and soon after she will die. When she discovers her husband is cheating on her, Bea flees to Skerry Island, off the Pacific Northwest coast, in desperate need of solitude—taking her husband's birthday vacation by herself. Immediately upon arrival, she finds her life on the line as a rogue woodchopper blade almost kills her. Her survival feels like a miracle.

And then things get more miraculous when she discovers her twin sister, Cordelia, whom she never knew about, and her mother Astrid, who supposedly died when Beatrice was two years old. Astrid and Cordelia reveal that Beatrice (given name Beatrix) is an immensely powerful witch who can commune with the dead, like all the local Holland family witches. When their twin magic is joined, it shines like a beacon to the Velamen family, whose malevolent spirits are locked in an age-old struggle for magical dominance over the Hollands.

Beatrice doesn't know what to believe, but she begins to fear that the seven predicted miracles may occur, and that her imminent death will rip her away from her rediscovered family. Beatrice resolves to learn everything she can about her own power, in the hope of saving herself. But when her niece, Minna, goes missing, Bea's own life suddenly seems much less important. Beatrice must join her mother and her sister to save Minna even if she dies in the process.

Early praise:

"A delightful, engaging story of finding family, finding one's power and finding out what truly matters told with wit, charm and a whole lot of heart."-- Jayne Ann Krentz, *New York Times* bestselling author

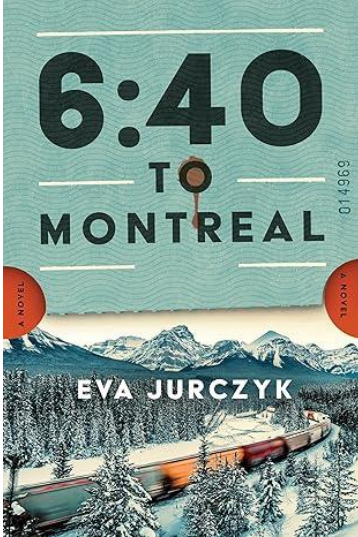
"Warm, witchy, and wonderful! This book is full of family and full of heart! I loved it!" -- Sarah Beth Durst, *New York Times* bestselling author of **THE SPELLSHOP**



Rachael Herron is the internationally bestselling author of more than two dozen books, including thriller, mainstream fiction, feminist romance, memoir, and nonfiction about writing. She received her MFA in writing from Mills College, Oakland, and she's taught writing extension workshops at both UC Berkeley and Stanford. A dual New Zealand / US citizen, she lives in Wellington, Aotearoa New Zealand with her partner and way too much yarn

Grand Central
400 pages
Einstein Literary Management
Manuscript available

6:40 TO MONTREAL
Eva Jurczyk



From international bestselling author Eva Jurczyk, *6:40 to Montreal* is a claustrophobic, deceptively bloody mystery that twists and turns until the very last page.

No WiFi, no distractions. No way out...

Agatha's husband has bought her a first-class ticket on the scenic six-hour train from Toronto to Montreal as a gift—a one-day writing retreat so she can get some serious work done on her new book, a highly-anticipated follow-up to Agatha's runaway bestseller debut novel.

The first-class car is the perfect place to be productive, with only a handful of other passengers, plenty of snacks and drinks, and beautiful views flying by outside the window.

But Agatha has other plans for her day out... plans that are unexpectedly derailed when the train breaks down in the middle of the frigid Canadian woods and one of Agatha's fellow passengers dies quietly in his seat. Soon, a pleasant morning in transit turns into a fight for survival against an unknown and unseen enemy. Will Agatha—or any of the passengers—make it out alive?

Praise for *THAT NIGHT IN THE LIBRARY*:

"Filled with as much keen observational insight as there are twists and turns, *That Night in the Library* will keep readers guessing even as its razorblade social commentary will make them squirm. A thoroughly entertaining and thought-provoking read." — Bianca Marais, bestselling author of *The Witches of Moonshyne Manor*

"Jurczyk breathes sentience and menace into the rare books library. She lures you in and traps you in this chilling mystery until the very last page." — Sulari Gentill, *USA Today* bestselling author of *The Woman in the Library*

"This chilling locked room mystery grows more sinister by the page, culminating in a cut-throat final twist and reveal I never saw coming. *That Night in the Library* is as gripping as it is terrifying. Once you enter the library, there is no turning back." — Elle Cosimano, *New York Times* bestselling author of the Finlay Donovan mysteries



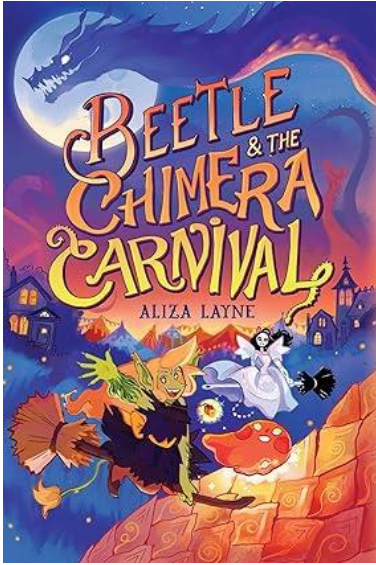
Eva Jurczyk was born in Poland and wound up halfway around the world in a Canadian city that often masquerades as New York in the movies. As her day job, she buys books, building library collections for the University of Toronto Libraries. She travels to Paris whenever the wind is good but currently lives with her husband, son, and collections of books in Toronto, Canada.

Sourcebooks/Poisoned Pen
352 pages
Howland Literary
Manuscript available

Rights sold to *THAT NIGHT IN THE LIBRARY*: Greek/Ellika Grammata

BEETLE & THE CHIMERA CARNIVAL (Beetle Book 2)

Aliza Layne



Beetle and her friends attend a carnival full of dragons and magic, only to discover something sinister at play behind the scenes, in this delightful sequel to the Stonewall Honor-winning *Beetle & the Hollowbones* middle grade graphic novel.

Hidden behind the clouds, giant dragons guard the most powerful magic in the world from prying eyes. On one magical night, once every ten years, these leviathans reveal themselves to a fanfare of costumes, music, and parades in the Chimera Carnival.

But this time, something's wrong.

When Beetle, Penny, and Kat decide to check out the empty carnival site one night, they discover an injured dragon screaming for help. And the more Beetle uncovers about the Chimera Carnival, the more sinister it gets. Dragons who arrive for the early festivities disappear without a trace. Beetle's magic begins to go haywire. And Kat's parents come back to town, worrying both girls about whether they have a future together.

In the catacombs beneath the demolished 'Allowstown mall, something hungers for dragon magic. And Beetle and her friends are already more entwined with it than they could possibly imagine.

Praise for BEETLE AND THE HOLLOWBONES:

"This splashy fantasy graphic novel blends rollicking adventure with inclusive teen themes. Though bustling with goblins, witches, ghosts, and skeletons, this beautifully drawn graphic novel addresses important questions facing even mortal kids. . . Diversity is a strength in this female-driven text... This inclusive fantasy adventure passes the Bechdel test with flying colors." -- *Kirkus Reviews, Starred Review*

"Layne makes a stellar debut. Simultaneously gorgeous and goofy, the artwork is reminiscent of the animated series *Bee and Puppycat* and a delicious love letter to shoujo manga... Relying on intersecting plotlines in lieu of a more straightforward romp, Layne conveys themes of independence, identity, and realization of one's potential. VERDICT Action-packed yet heartfelt, short and sweet yet riveting, this one is not to be missed." -- *School Library Journal, starred review*

"Layne grounds Beetle's bighearted adventure in earthly settings like the mall and Gran's cozy cottage, and she fills 'Allows Town with a gleeful array of fantastic creatures: no two are alike. Her vibrant, comical, and overall super-appealing art is a good match for sometimes-scary and high-octane scenes. Beetle's hero's journey has the adorably vulnerable Blob Ghost at its heart; many kids will also relate to the friendship-and-more story between Beetle and Kat. A high-spirited debut about learning to trust one's heart and instincts." -- *Booklist, Starred Review*

"Solid character work by debut creator Layne slowly builds themes of outgrown childhood friendship, cultural difference, consent, and queer romance that highlight the lush world she's created. A saturated palette that changes and brightens amid strong shows of power, and resonant interpersonal elements—including Beetle's bond with her grandmother—work in harmonious tandem to deliver a stalwart story of magic, witches, and the mall." -- *Publishers Weekly, Starred Review*

Aliza Layne is the author of *BEETLE AND THE HOLLOWBONES* (Book 1) which was a Stonewall Honor book. She is currently at work on the third book in the series. Find more about her books for adults and kids at alizalayne.com

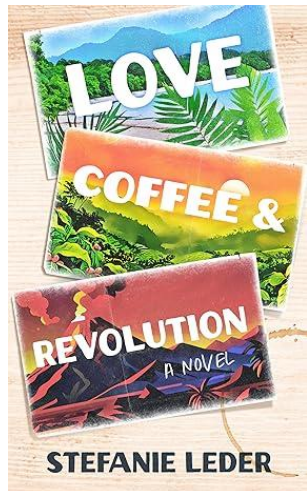
Atheneum Books for Young Readers
384 pages
Einstein Literary Management
PDF available

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LOVE, COFFEE, & REVOLUTION

Stefanie Leder



Deftly weaving romance, action, and humor with a quest for integrity in an unjust world, *Love, Coffee, and Revolution* is a timely and relatable coming-of-age novel.

Idealistic and naïve college senior Dee Blum is suffocating. Trapped in the soul-killing plan laid out by her parents--go to law school and become a divorce lawyer--she is desperate for an escape. She's also desperate for a more meaningful life. So when she unexpectedly lands a job organizing eco-tours of coffee farms in Costa Rica, she drops out of school, setting off on a journey of activism and adventure.

In Costa Rica she finds freedom--maybe a little too much of it--and discovers she's woefully unprepared to navigate another culture and the real world in general. Dee quickly meets not one but two attractive men. Adrián is sexy and fun but politically wrong for progressive Dee. Matías is a globe-trotting revolutionary organizer who sets her mind and heart ablaze.

As Dee pursues her work, she soon discovers that a powerful fair-trade organic coffee network is actually exploiting the environment and the very people it claims to help. Risking her safety to uncover the depth of their wrongdoings, Dee confronts the real-world implications of her progressive ideals. If she doesn't act, what will happen to the farmers whose livelihoods--and lives--are at risk?

Will Dee find the courage to chart her own course? The wisdom to understand her own heart? And has she finally found a cause worth fighting for?

Early praise:

"I just love how Stefanie Leder, an exciting new voice in fiction, weaves classic themes of romance, choice, and self-identity into such an organically contemporary setting. What a fabulous, strong female protagonist; what a satisfying read!" - May Cobb, author of *The Hunting Wives*

"In her spot-on depiction of a young woman facing a future *she* hasn't mapped out, and the exciting, if potentially troublesome, options she encounters, Stefanie Leder serves up dazzling storytelling that resonates." - Josh Sabarra, bestselling author of *Enemies Closer*

"In this debut novel, Stefanie Leder writes to delight the senses and ignite the beat of our heart. In Dee, our earnest and charming heroine, we are reminded that what can sometimes seem naive is actually innovative--and that paving one's own way is the only true path to finding love of another person and oneself." - Lauren Iungerich, creator of *Awkward* and *On My Block*

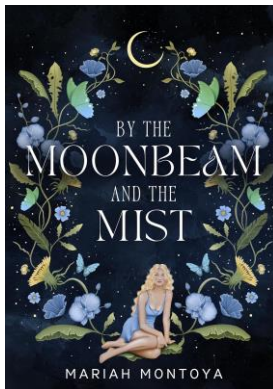
"The book's do-gooder, wanna-be-revolutionary protagonist Dee is well-meaning, yet so naive we worry for her. But her behavior and inner thoughts, which ring true, are both hilarious and touching. I frequently found myself laughing out loud. The book was ultimately moving and profound. I can't wait to see what Stefanie Leder does next." - Robin Schiff, award-winning screenwriter of *Romy and Michele's High School Reunion* and producer of *Emily in Paris*

Stefanie Leder is a TV showrunner and writer whose credits include the MTV teen dramedy *Faking It*, TBS comedy *Men at Work*, Netflix's *Boo*, *Bitch*, and the long-running ABC Family comedy *Melissa & Joey*. She is also a guest lecturer on television writing at the University of California, Riverside MFA program. Bilingual in English and Spanish, she spent a year abroad in Costa Rica, and has worked for a nonprofit on Fair Trade Coffee and anti-sweatshop campaigns. *Love, Coffee, and Revolution* is her first novel.

Blackstone
350 pages
Jud Laghi Agency
PDF available

BY THE ORCHID AND THE OWL: *The Esholian Institute Book 1*
BY THE MOONBEAM AND THE MIST: *Book 2*

Mariah Montoya



On the island of Eshol, a ruling council gifts magic to all its citizens — whether they want it or not.

TikTok sensation

Over 800,000 pages read on Kindle

Eighteen-year-old Rayna Drey should be excited for her Branding, when the island's Good Council will infuse her blood with one of five sanctioned magics: the ability to wield elements, summon objects, shift forms, talk to wildlife, or manipulate minds. The Good Council is good. The Branding doesn't hurt. And the institution she must attend afterward, to learn how to control her new gift, is only a *little* dangerous.

Or, at least, that's what Rayna has always heard. As soon as she arrives at the Esholian Institute, however, a peer-pressured dare makes her explode with a power as deadly as it is forbidden. Worse yet, the only one who can teach her how to hide it from the Good Council is Coen Steeler, a much-too-handsome fifth-year who can manipulate minds as easily as he breathes. He alone understands Rayna's forbidden power...because he has the same one.

With their secret in each other's hands, Rayna soon uncovers other dark secrets that threaten the very foundation of the island itself. And the worst of them? If the Good Council finds out what lurks in her and Coen's blood, they'll both face a fate beyond obedience — and a punishment worse than death.

In Book 2, her memories are gone, but her powers are only growing...

Rayna Drey's second year at the Esholian Institute *should* be spent advancing her Wild Whispering magic. Unfortunately, she can't quite focus on her new classes or enjoy all the parties with her friends. Not when Dyonisia Reeve gave her a single, all-consuming task that she can't refuse: catch Coen Steeler, the murderous pirate who erased her memories three months ago, and hand him in to the Good Council.

When Rayna finally does come face-to-face with him, she finds that he's even more of a force to be reckoned with than she anticipated. He's fast. He's strong. And he has a wicked tongue—one he knows exactly how to use to unravel her mind.

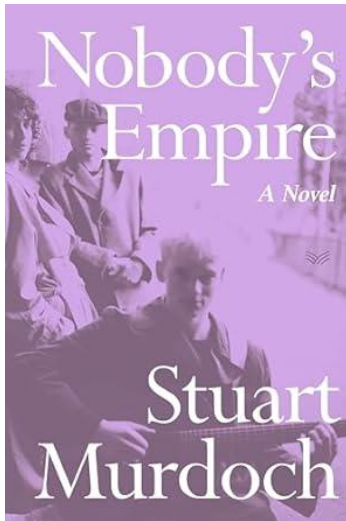
What she *can* do is get close to Steeler again and strike when he's least expecting it. But while their forbidden meetings evolve into something that burns fiercer than last year, a sinister force is attacking the Esholian villages around them. If Rayna wants to protect the people she loves, she must team up with the very same Mind Manipulator who is supposed to be her enemy... and try not to fall back in love with him in the process.



Mariah Montoya has always spent her days imagining stories about the fantastical. When she was younger, she'd whisper those stories to her two younger sisters. Now, she tells them to her very patient husband, who reads every word she writes. You can follow Mariah's journey on Instagram or TikTok @mariah_author where she is at work on the next book in the series.

Driftwyrd / self-published
420 pages
Hodgman Literary
PDF available

NOBODY'S EMPIRE: A Novel
Stuart Murdoch



One of the great lyricists of our time, the lead singer and songwriter for the iconic Glasgow-based band Belle and Sebastian, pens a sensitive and intimate account—his debut novel based on his own youthful experiences—of dark days leading to light and a coming of age through music

It's the early 1990s in Glasgow, Scotland, and Stephen has emerged from a lengthy hospital stay. Diagnosed with chronic fatigue syndrome, a little-understood disease which has robbed him of any prospects of work, friends, or independent living, he moves slowly toward new goals and meets others like him, including Richard, a friend from school, and Carrie, a young woman bedridden for five years. Feeling isolated and alone, they form their own support group, and try to get by with as little money and pain as possible. Since he's been ill, Stephen never feels warm, inspiring Carrie to affectionately call him "The World's Coldest Boy." As the world seems to care less for them, the trio start to care less about fitting in with the world.

Stephen soon discovers he has a talent for writing songs. He awakens to the possibility of a spiritual life that transcends the everyday, and feels a calling for a place that might as well be on the other end of the universe let alone the world. Buoyed by tentative hope, he and Richard leave Glasgow in search of a cure in the mythic warmth and sun of California. As they float between hostels, sofas, and park benches, they discover the trip is life-changing in ways neither expected, and Stephen embraces a new-world reinvention that will change his life forever.

Melodic and captivating, filled with graceful notes, melancholic chords, and witty, thoughtful riffs on life's infinite possibilities and curiosities, *Nobody's Empire* is a warm and wonderful coming-of-age novel, imbued with Stuart Murdoch's magical lyricism.

Praise:

"Stuart has done something really special here: *Nobody's Empire* is a smart and tender depiction of a gestating artist's soul, told with real wit and pathos. It's a portrait of the artist as a young convalescent." — Colin Meloy, singer-songwriter of The Decemberists and author of *Wildwood*

"A tender slice of autofiction...*Nobody's Empire* is mesmerizing in a low-key way, much like the music of Belle and Sebastian, and it leaves a smile on your face." — *Booklist* (starred review)

"You don't have to be an indie-pop fan to appreciate this compassionate, sweet, beautifully written novel. Murdoch proves he's as good a novelist as he is a musician." — *Kirkus Reviews* (starred review)

"*Nobody's Empire* is as memorable as it is moving [and] is a bright spotlight on a condition left to moulder too long in the dark. It's a public service in print." — *The Times* (UK)

"Murdoch's first novel is empathetic, funny and heartwarming." — *Buzz Magazine*

"[Murdoch's] most personal work to date [. . .] it's often poignant but also darkly humorous." — *Irish Times*



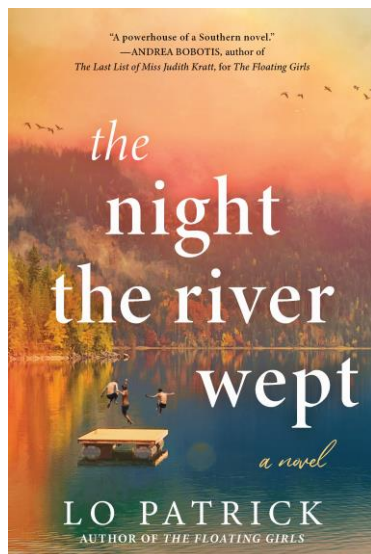
Stuart Murdoch is a Scottish musician, composer writer, and filmmaker, and the lead singer and songwriter for the iconic Glasgow-based band Belle and Sebastian. Since forming in the mid-1990s, the band has released twelve acclaimed studio albums, including *Tigermilk* and *If You're Feeling Sinister*. Murdoch also scripted, composed, and directed the movie *God Help the Girl*, a musical coming-of-age drama. An outspoken advocate for sufferers of Myalgic Encephalomyelitis (Chronic), Murdoch is also an Ambassador for the Open Medicine Foundation working to promote awareness of ME/CFS and the efforts to find a cure.

HarperVia
384 pages
Jud Laghi Agency
Book available

Rights sold: UKANZ/Faber

THE NIGHT THE RIVER WEPT

Lo Patrick



From the author of *The Floating Girls* – a finalist for the Townsend Price for Fiction and a Reader’s Digest Editor’s Pick – Lo Patrick has once again crafted a story bursting with heartbreak and redemption.

Everybody’s got good and bad in them. In the end, it just depends which side wins out.

Arlene has lived in a small town on the edge of nowhere her whole life. Now married to her long-time high school sweetheart, Tommy, Arlene is itching to start a family and become the mother she always dreamed of being. But that’s proving more difficult than she thought, and Arlene is desperate to find something to do to keep her mind off things – and get some distance from her husband, who is increasingly getting on her nerves.

As the summer gives way to a chilly, lonesome fall, she takes a part-time job bagging evidence at the local police department, where she finds herself reading over old cold cases. One in particular fascinates her: the mysterious death of three young brothers murdered on Deck River, followed by the suicide of the prime suspect.

She becomes obsessed with the case, and with the help of the police department’s receptionist and a family friend of the suspect, she sets out to discover the truth. She can’t help but feel that if she solves the case, she’ll find her footing in her young marriage and maybe find what she’s been looking for all along.

Praise:

"An increasingly gripping southern-crime tale. Patrick (*The Floating Girls*, 2022) interweaves themes of addiction, loss, and poverty alongside those of resilience and community bonds, especially those bonds held sacred between women. Readers who enjoyed the mysterious, character-driven plot of *Where the Crawdads Sing* or the atmospheric Georgia setting of *Midnight in the Garden of Good and Evil* will find an enjoyable page-turner here. In Arlene, Patrick has created a determined, likable, and charismatic heroine fit for a series of southern-crime novels."

— *Booklist*, STARRED review

"*The Night the River Wept* is a page-turning exploration of small-town secrets and the far-reaching effects of tragedy. With wit and wisdom, Lo Patrick weaves an unforgettable story of heartbreak, love, and second chances—and proves herself as a compelling new voice in southern fiction."

— Kristy Woodson Harvey, *New York Times* bestselling author of *The Summer of Songbirds*

"In *The Night the River Wept*, Arlene is a frustrated, lonely housewife until she finds a job at the local police station bagging evidence. There she immerses herself in a decades old murder, determined to solve the crime. Lo Patrick writes an original and moving tale brimming with mystery, heartache, and wit." — Rochelle Weinstein, *USA Today* bestselling author of *This Is Not How It Ends* and *What You Do To Me*

"Lo Patrick introduces us to vivid characters populating an authentic small Georgia town, their lives tangled like kudzu vines. *The Night the River Wept* is an intriguing mystery that will have you turning pages until the wee hours of the morning." — Beth Duke, bestselling author of *It All Comes Back to You*, *Tapestry*, and *Dark Enough to See the Stars*

"Smart, sassy, and utterly heartbreaking, this seductive Southern novel has to be my favorite mystery of the year. I rooted for Arlene as, struggling with her own loss, she becomes obsessed with the Broderick boys and their story. *The Night the River Wept* is a brave book that explores how difficult it can be to escape the past." — Emily Critchley, author of *One Puzzling Afternoon*

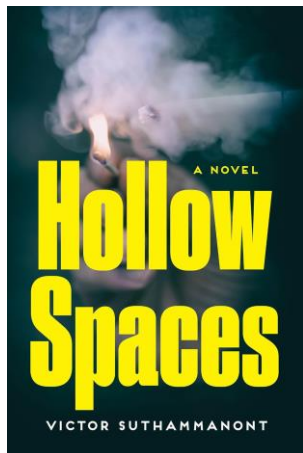


Lo Patrick is a former lawyer and novelist living in the suburbs of Atlanta. Her debut, *The Floating Girls*, was a finalist for the Townsend Prize for Fiction and a *Readers Digest* Editor’s Pick.

Sourcebooks Landmark
400 pages
Stonesong Literary
Book available

Rights sold to THE FLOATING GIRLS: Polish/Harde

HOLLOW SPACES
Victor Suthammanont



The sole Asian American partner at a prestigious law firm sees his professional and personal life demolished when he is put on trial for murder. Three decades later, his children reunite to uncover the truth and try to salvage what remains of their family

Thirty years ago, John Lo, the only Asian American partner at a prestigious New York City law firm, was acquitted of the murder of an employee he was having an affair with. The repercussions of that long-ago event still haunt his adult children. Brennan, a lawyer following in her father's footsteps in more ways than one, has always maintained that the trial got it right. Hunter, a disgruntled war correspondent whose similarities to his father run more than skin-deep, believes their father got away with murder. Their convictions have pushed them apart.

Now, spurred on by their mother's failing health, the estranged siblings decide to reconcile their differences by reinvestigating the murder to come to a definitive conclusion, and, in the process, salvage what's left of their fragmented family.

Told in a dual timeline that moves between John's perspective thirty years prior and Brennan and Hunter's present-day investigation, *Hollow Spaces* is a moving portrait of a flawed man's shocking fall from grace and a gripping exploration of race in corporate America, filial loyalty, ambition, and the fallout of a sensational trial for those caught in its wake.



Victor Suthammanont is a lawyer and author. *Hollow Spaces* is his debut novel. He lives in New York City.

Counterpoint
384 pages
Stonesong Literary
Galley available

World English rights: Counterpoint

THE SINGER SISTERS

Sarah Seltzer



Two generations of a folk-rock dynasty collide over art, love, longing, and family secrets in this captivating and poignant debut.

National Bestseller

It's 1996, and alt-rocker Emma Cantor is on tour, with her sights trained on a record deal. Emma's got no lack of inspiration for her music — chiefly her mother Judie, a 1960s folk legend whose confessional songs made her an icon before her mysterious withdrawal from the public eye.

Emma is baffled by Judie's coldness, and is deeply shaken when she learns a long-kept secret about their family. When Emma uncovers more about her mother's past, she is vaulted to new heights as a performer. But the knowledge she gains also propels her toward a musical betrayal that further fractures her relationship with Judie. Increasingly famous, but fragile and isolated, Emma grapples with her mother's legacy and what it means for her own future.

With the richness of a beloved folk song, *The Singer Sisters* moves between '60s folk clubs and '90s music festivals, chronicling the ups and downs of stardom while asking what women artists must sacrifice for success.

Praise:

"Family drama, unexpected love stories and of course, music, make this pulse with life. It's arguably better than *Daisy Jones and The Six*... — *InStyle*

"Immersive, atmospheric, and absorbing, with three beautifully interwoven stories, *The Singer Sisters* somehow left me nostalgic for a time and place I've never experienced outside this wonderful novel" - Andrea Mara, No. 1 Sunday Times bestselling author of *No One Saw A Thing*

"*The Singer Sisters* is a superb novel—inventive, original, and extremely intelligent. It is also fast-paced, absorbing and full of heart, with a well-drawn and appealing cast of characters whose fates the reader comes to care about deeply. I felt bereft when it was over." —Adelle Waldman, author of *The Love Affairs of Nathaniel P.*

"In prose as musical as its subject matter, Sarah Seltzer takes us into an unforgettable family of singer-songwriters, exploring maternal ambivalence, the call of art, and the messy, vibrant, ever-changing state of family life." —Elizabeth Graver, author of *Kantika*

"A journey through the folk and rock scenes from the 60s through the early aughts, told through the kaleidoscopic voices of one family. I loved dipping down into the early folk scenes of Cambridge and New York, the feminist rock of the 90s, the pop industry of the 2000s, and seeing how a family can be torn apart, and stitched back together, via the miracle of song." —Robin MacArthur, author of *Half Wild* and *Heart Spring Mountain*

"Seltzer spins a profound web, showing the complex intergenerational push and pull between mothers, daughters, sisters. Long kept secrets are revealed through songs and albums and mysterious strangers." —Bethany Ball, author of *The Pessimists*

"What a story: artists, sisters, daughters, mothers, rivals, guitars. *The Singer Sisters* is a totally fresh and original rock & roll saga of a family full of formidable, creative, unforgettable women...She makes the whole novel flow like a brilliantly complex but heart-wrenching love song." —Rob Sheffield, bestselling author of *Love is a Mixtape* and *Dreaming the Beatles*

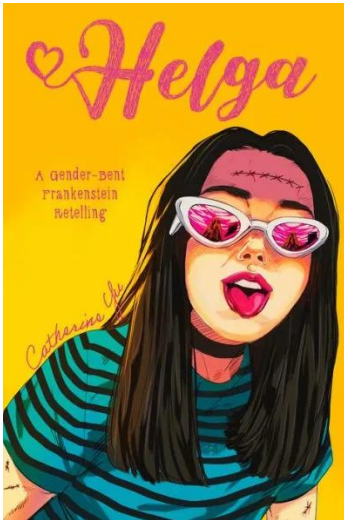


Sarah Seltzer has been a feminist journalist and cultural critic. Her lively writing for publications including *The New York Times*, *TIME*, *Jezebel*, *Glamour*, *Cosmopolitan*, *The Nation*, and many other places has earned her an online following—and shaped the discourse on subjects ranging from Hollywood casting, to abortion rights, to the death of department store shopping. Sarah received an MFA from Vermont College of Fine Arts and wrote a creative thesis as an undergrad at Harvard. Currently, she's the Executive Editor at *Lilith Magazine*.

Flatiron
272 pages
Einstein Literary Management
Book available

Rights sold: UKANZ/Piatkus; Italian/Jimenez

HELGA: A Gender-Bent Frankenstein Retelling
Catherine Yu



A Gender-Bent Frankenstein Retelling

Helga is not the obedient science experiment her father intended. And though she has only just awoken, he leaves her in the care of his lab assistant Penny to go on a business trip

Bursting with curiosity, Helga quickly escapes from the well-meaning Penny and heads into Amaris City. There Helga finds she is as untamable as the invasive blackberry vines overtaking the island. And because of the misdeeds of her father’s scientific community, the natural world grows more volatile.

Helga soon discovers the night market, rowdy clubs, delicious food, and cute boys. Enamored with city life, she’ll do anything to find love—but she has only two weeks until her father gets back, and besides there are ominous rumblings from the volcanic island that could put her dating schemes, and even her own life, in grave peril.

Praise:

"[Helga's] voice captures an entertaining yet heartfelt depiction of sheltered girlhood in rebellion. [...] A delightful update on a familiar classic, pulsing with youthful optimism and punk rock attitude." —*Kirkus Reviews*

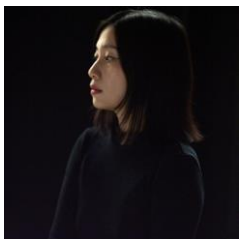
"[A] grotesque creature feature and existential examination of personhood make up this thoughtful interpretation of a snarky teen’s second chance at grappling with body autonomy, personal agency, and familial obligation." —*Publishers Weekly*

"Poignant and precocious, Helga oozes teen mentality in its purest, most uninhibited form. [...] A creative *Frankenstein* reimagining, begging to be read alongside the classic, *Helga* is dynamic, grotesque, and wonderfully strange." —*Booklist*

"A delightfully counter-culture, charmingly grotesque romp of meat and stitches and torn fishnet stockings! Helga is the perfect mash-up of Frankenstein and all the girls finding their place in this bizarre, messy world." — Andrew Joseph White, *New York Times* bestselling author of *Hell Followed with Us*

"Yu is a master of atmospheric, angsty horror. Helga is a vibrant retelling about finding your power and true acceptance." — Adrianna Cuevas, author of *The Ghosts of Rancho Espanto*

"Catherine Yu has truly outdone herself in creating a Frankenstein retelling that takes all the horror of its predecessor while revamping it with the neon lights, bubbling humor, and punk sensibilities of the 21st century. Helga is a laugh-out-loud horror comedy romp that's bursting at the sutures with teenage excitement, island whimsy, and a healthy dose of existential fear drenched in sopping gore. This book is an absolute bloody delight." — Kayla Cottingham, *New York Times* bestselling author of *My Dearest Darkest* and *This Delicious Death*

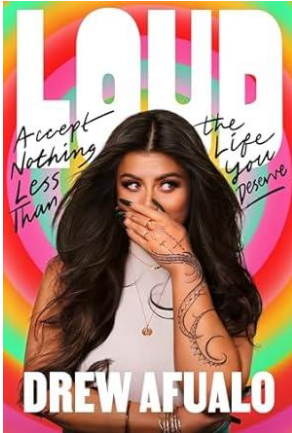


Catherine Yu writes dark speculative fiction. She is the author of *Direwood*, and her story “Balloon Girl” was published in the horror anthology *Death in the Mouth*. She was born in Nanjing and is now based in New York.

Page Street Publishing
352 pages
Howland Literary
Book available

World English rights: Page Street Publishing

LOUD: Accept Nothing Less Than The Life You Deserve
Drew Afualo



The empowering, inspiring, patriarchy-smashing first book by the TikTok and Spotify star Drew Afualo.

New York Times Bestseller
**** over 80,000 copies sold ****

Drew Afualo is best known as the internet’s “Crusader for Women” and is at the head of a new generation of entertainment’s rising stars. *Loud* is part manual, part manifesto, and part memoir. It makes it clear that behind her fearsome laugh is a mission and a life philosophy, a strategy for self-confidence from the inside out, and a pathway to once and for all remove men from the center of how women and femmes think about themselves.

Afualo has amassed more than nine million followers across her social platforms. When she first started creating content in 2020, she realized that men on Instagram, Twitter, TikTok, and other apps were creating sexist content aimed at disparaging women, and also containing rampant fatphobia, racism, and other forms of bigotry, with very real-life consequences. It didn’t take long for her to step into the role of unofficial watchdog for misogyny, and her signature laugh is now recognized as a feminist call to arms, a summoning cry to rid the internet (and our hearts, minds, and lives) of “terrible men” and create a space to fight outdated patriarchal ideals.

Praise:

“An unapologetically energizing reading experience.” – *Kirkus*

“[A] feminist firebrand.” – *New York Times*

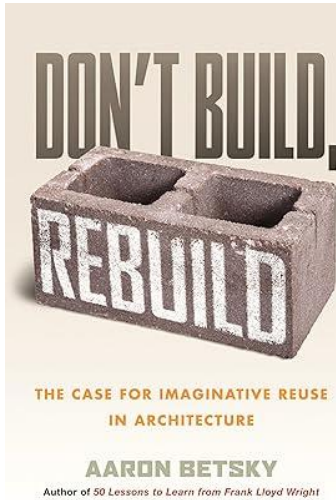
Drew Afualo is a content creator and women’s rights advocate. Her writing has appeared in the *Los Angeles Times*, and she has been profiled in *The New York Times*, *Nylon*, and *Rolling Stone*. She was named *Adweek*’s 2022 Digital & Tech Creator of the Year, Meta’s Creator of Tomorrow, and one of *Time* magazine’s Next Generation Leaders. Afualo has covered the red carpet at the Academy Awards and hosts the Spotify Exclusive podcast *The Comment Section*. *Loud* is her first book

AUWA / FSG
256 pages
Europa Content
Book available

Rights sold: UKANZ/#Merky Books; Spanish/Urano

DON'T BUILD, REBUILD: *The Case for Imaginative Reuse in Architecture*

Aaron Betsky



In a time of climate crisis and housing shortages, a bold, visionary call to replace current wasteful construction practices with an architecture of reuse

As climate change has escalated into a crisis, the reuse of existing structures is the only way to even begin to preserve our wood, sand, silicon, and iron, let alone stop belching carbon monoxide into the air. Our housing crisis means that we need usable buildings now more than ever, but architect and critic Aaron Betsky shows that new construction—often seeking to maximize profits rather than resources, often soulless in its feel—is not the answer. Whenever possible, it is better to repair, recycle, renovate, and reuse—not only from an environmental perspective, but culturally and artistically as well.

Architectural reuse is as old as civilization itself. In the streets of Europe, you can find fragments from the Roman Empire. More recently, marginalized communities from New York to Detroit—queer people looking for places to gather or cruise, punks looking to make loud music, artists and displaced people looking for space to work and live—have taken over industrial spaces created then abandoned by capitalism, forging a unique style in the process. Their methods—from urban mining to dumpster diving—now inform architects transforming old structures today.

Betsky shows us contemporary imaginative reuse throughout the world: the Mexican housing authority transforming concrete slums into well-serviced apartments; the MassMOCA museum, built out of old textile mills; the squatted city of Christiania in Copenhagen, fashioned from an old army base; Project Heidelberg in Detroit. All point towards a new circular economy of reuse, built from the ashes of the capitalist economy of consumption.

Praise:

“Nothing is as ecologically sound as reusing the things we’ve already built—and as this book makes clear, nothing is as beautiful either!” —Bill McKibben, author of *Deep Economy: The Wealth of Communities and the Durable Future*

“[An] eye-opening treatise. . . Insights abound as Betsky delves into examples—which include not only remodeling but also disassembling old structures and reusing their constitutive parts in new projects, and touch on everything from traditional Japanese woodworking to tents designed for Coachella. Readers will be captivated by Betsky’s hopefulness.” —*Publishers Weekly*, Starred Review

“In *Don’t Build, Rebuild*, architect and critic Aaron Betsky offers an essential alternative to the wasteful paradigm of conventional construction. . . This thought-provoking and important book is a must-read, urging readers to embrace a more sustainable, circular approach to architecture and design.” —Stefan Al, author of *Supertall: How the World’s Tallest Buildings Are Reshaping Our Cities and Our Lives*

“This fantastic book extends beyond the usual parameters of reuse, incorporating powerful insights and tactics from such things as installation art, squatting, and digital simulation. *Don’t Build, Rebuild* is a rousing call for the decommodified and decarbonized built environment that we so desperately need.” —Matthew Soules, author of *Icebergs, Zombies, and the Ultra Thin: Architecture and Capitalism in the Twenty-First Century*

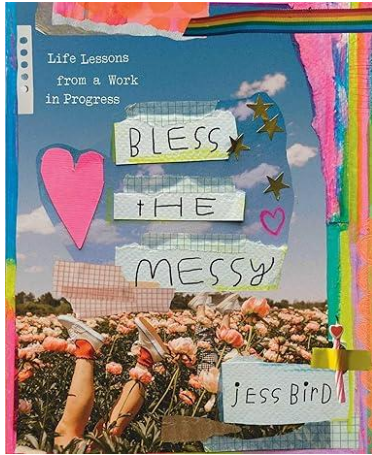
Aaron Betsky is a critic of art, architecture, and design, and the author of over twenty books on those subjects. He writes a twice-weekly blog, *Beyond Buildings*, for *Architect Magazine*. Trained as an architect and in the humanities at Yale, Mr. Betsky has served as the Director of the Cincinnati Art Museum and the Netherlands Architecture Institute, as well as Curator of Architecture and Design at the San Francisco Museum of Modern Art.

Beacon Press
232 pages
Jud Laghi Agency
Book available

World English rights: Beacon Press

BLESS THE MESSY: Life Lessons From A Work In Progress

Jess Bird



For readers of *Hyperbole and a Half* and *Am I There Yet?*, *Bless the Messy* is a compassionate, distinctive, and voice-driven illustrated personal growth book, one that gives readers permission to radically love themselves, feel their feelings, and live with joy even as—especially as—they may fumble through major life moments, or feel othered by society’s narrow norms.

Supreme moments of beauty and joy can be found in the mess. Jess Bird is living proof of that. As a queer woman who received a late-in-life ADHD diagnosis, Jess is raising her kids in a blended family, rewriting the rules as she goes along. Far from being an expert or perfect, she embraces her imperfections and invites you to do the same. By sharing her messy, in-process journey, Jess hopes to connect with those who feel isolated or oppressed by society’s narrow norms, making them feel seen and validated.

In this illustrated personal growth book, Jess combines self-reflection, encouragement, and practical guidance. She delves into her struggles and triumphs, offering insights on growing through trauma and healing, breaking free from societal expectations, setting boundaries, redefining home and chosen family, finding self-worth, and embracing anti-perfectionism. The mantra “Bless the Messy” runs through it all, reminding us that every emotion, even the uncomfortable ones, is valid and valuable.

Bright, hopeful, real, and raw, *Bless the Messy* is a warm hug of a book that will make you feel a little less alone.

Early praise:

"I am so delighted to know this book exists. *Bless the Messy* is a beautiful journey of grief, healing, and ultimately celebration that imbues hope from the very first page. The way Jess combines art and storytelling creates an immersive and approachable read that will be sure to comfort and encourage any reader." -KC Davis, bestselling author of *How to Keep House While Drowning*

"Introspective, vulnerable, and deeply relatable, Jess Bird’s *Bless the Messy* is the book version of a coffee date with your most thoughtful friend. Jess has generously distilled her complicated, human life into a collection of soul-baring anecdotes sprinkled with comforting wisdom that feels genuine and hard-won. If I’d brought out my highlighter I would have ended up highlighting the whole book." -Tyler Feder, author and illustrator of *Dancing at the Pity Party* and *Bodies are Cool*

"A lovely book for your bedside table. (If you can resist the urge to remove and frame the gorgeous pages within and hang them in your home, which I admit, I’m tempted to do.) With delightfully vibrant illustrations and a comforting message, this will make a perfect gift for anyone currently experiencing.. well, life!" -Liz Climo, author of *Life in the Present* and *I’m So Happy You’re Here*

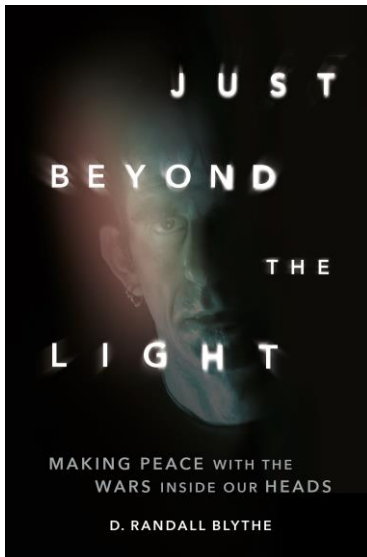
Jess Bird is a self-taught artist and illustrator, making magic in her hometown of Rochester, New York. Her work has been featured in the *Los Angeles Times*, *Entertainment Tonight*, *Yoga Journal*, and *VICE*, and she was named one of *Marie Claire*’s top twenty-one creators to watch in 2022. Jess started her Instagram and shop *Bless the Messy* in 2014 in an effort to connect back to herself and others during the darkness of depression. Jess’s art reflects her inclusive values, and she is a vocal advocate for queer and trans rights, belonging, mental health, and antiracist action.

Simon Element
176 pages, illustrated
Present Perfect Literary
Manuscript available

World English rights: Simon Element

JUST BEYOND THE LIGHT: Making Peace With The Wars Inside Our Head

D. Randall Blythe



In his gripping, bestselling debut memoir *Dark Days*, Lamb of God vocalist D. Randall (Randy) Blythe unflinchingly wrote about some of the most harrowing episodes of his past. Now, in his highly anticipated follow-up, Blythe shares how he works daily to maintain positivity in a world that feels like it is spinning out of control.

In his own words, *Just Beyond the Light* is a concise roadmap of how Blythe attempted to maintain what he believed to be a proper perspective in life, even during difficult times. Written with a scathing balance of hard-edged reality offset by a knowing humor and a razor-sharp wit, voiced in his inimitable, conversational, everyman-philosopher style, Blythe clearly breaks down his approach to life, which is a personal and idiosyncratic mix of sobriety, art, and surfing. He writes movingly of his childhood in the South, of fallen friends, of what he's learned touring the world as the vocalist of a successful heavy metal band, and of the very real ways he is doing what he can to leave the world a better place.

Above all, he offers readers hope that balance, real balance, is possible, even (or especially) when things seem hopeless.

Compelling, compassionate, and refreshingly honest, *Just Beyond the Light* ultimately reminds readers that “as long as we keep our feet (and minds) planted firmly on the ground that is reality, the sky isn’t falling— it never has been, and it never will.”

Praise:

"Unnervingly raw and honest, this book is timeless wisdom that was earned the hard way." – Mark Manson, author of *The Subtle Art of Not Giving a F*ck*

“A rousing self-contemplation from a man who has lived it and yes, finally and exhaustingly, learned from it all. I know well of the things Randy writes about in *Just Beyond the Light*, and he articulates so well the trip from the darkness.”—Duff McKagan, Guns N' Roses, author of *It's So Easy* and *How To Be a Man*

“*Just Beyond the Light* is a fascinating exploration of life’s biggest questions that’s as entertaining as it is enlightening, as smart as it is heartfelt, as profound as it is unpretentious—just absolutely shot through with generosity of spirit and the rarest kind of intellectual honesty. Followers of the music and of Blythe’s first book won’t be surprised at what great company he makes, but fresh fans are in for a special treat, set to discover the restless, funny, questing, heavy metal Geoff Dyer they didn’t know they needed.”—Catherine Baab-Muguira, author of *Poe for Your Problems*

“Part memoir, part philosophy, all page-turner, *Just Beyond the Light* gives a fascinating and surprisingly uplifting glimpse into the mind of a heavy metal icon.”—Jay Kristoff, New York Times bestselling author of *Empire of the Vampire*

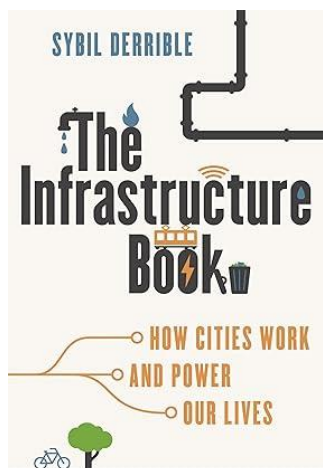
“Perceptive, profoundly moral, and heartachingly honest, [Blythe] tells stories in *Just Beyond the Light* that not only move and entertain us, they just might make us better people.”—Dean King, nationally best-selling author of *Skeletons on the Zahara* and *Guardians of the Valley*

D. Randall Blythe is a writer, photographer, actor, and musician best known for fronting the metal band Lamb of God. He is also the author of *Dark Days*. He lives in Richmond, VA.

DaCapo / Grand Central
320 pages
Europa Content
Book available

THE INFRASTRUCTURE BOOK: How Cities Work and Power Our Lives

Sybil Derrible, PhD



Clean water, paved roads, public transit, electricity and gas, sewers, waste processing, telecommunication, even the Internet – all this infrastructure is what makes cities work and powers our lives, often seamlessly and silently. Virtually everything we do and consume depends on infrastructure. Yet, most people have little to no idea how these systems work. How is water treated? Why do traffic jams exist? How is electricity generated and distributed? What happens to trash after it is picked up? How does the Internet work?

In *The Infrastructure Book*, world-renown urban engineering expert Sybil Derrible reveals the behind-the-scenes machinations of the foundational systems that make our societies function. Visiting sixteen cities around the world (including Rome, Tel Aviv, Copenhagen, Shanghai, Hong Kong, Buenos Aires, and Tokyo) and their unique approaches to organizational challenges, this highly readable book uses fascinating case studies and historical detours to show how infrastructure works – and, sometimes, doesn't.

With large-scale infrastructure repairs looming, and the need for our current infrastructure to be completely transformed if we hope to be sustainable and resilient into the future. After reading *The Infrastructure Book*, readers will never look at a city the same way.

Praise:

“Common sense can be so uncommon, but it pervades this thoughtful and entertaining volume. *The Infrastructure Book* is an easy-to-digest and right-headed primer on the cities hidden beneath our cities.” — Jeff Speck, urban planner and author of *Walkable City*



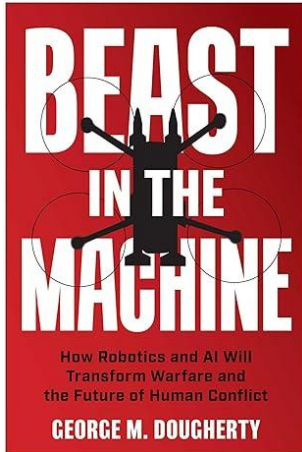
Sybil Derrible is a Professor of Urban Engineering and the Director of the Complex and Sustainable Urban Networks (CSUN) Laboratory at the University of Illinois at Chicago (UIC). He is a world-renown scholar on infrastructure and a Lead Author on the United Nations Environmental Program (UNEP) Seventh Global Environment Outlook (GEO-7) report. Derrible is the current chair of the AMR10 Critical Transportation Infrastructure Protection Committee with the Transportation Research Board (TRB) and the past chair of the Sustainable Urban Systems section with the International Society for Industrial Ecology (ISIE). His research interests lie at the nexus of infrastructure planning and design, urban metabolism, and complexity and data science. He teaches on urban engineering and data science.

Prometheus
260 pages
Joelle Delbourgo
Book available

China/Taiwan/Korea/SE Asian rights: Joelle Delbourgo Associates

BEAST IN THE MACHINE: How Robotics and AI Will Transform Warfare and the Future of Human Conflict

George M. Dougherty



A defense technology expert and military leader reveals the future of robotic warfare, and illuminates the path to navigate the approaching storm of global change

The world is plunging into a new era of warfare dominated by robotic systems and artificial intelligence. As drones and other new weapons fill the headlines, militaries, governments, and concerned citizens are asking urgent questions about this emerging revolution. Author George M. Dougherty provides much-needed answers from a unique perspective as a senior military leader of US Air Force science and technology and a strategic business consultant to companies facing disruptive change in their industries.

Beast in the Machine offers a fascinating exploration of the future of combat. It takes the reader on a whirlwind journey through previously secret robotic combat missions from the World Wars to the War on Terror, and today's lethal battlefields in Ukraine and beyond. With vivid examples and easy-to-understand explanations of emerging technologies, Dougherty reveals the trends driving change and helps us to anticipate and prepare for what comes next.

Informed by insider expertise as well as a humane moral perspective, Dougherty tackles this controversial subject head-on. In these pages, readers will learn:

- How the revolution's early stages are disrupting current conflicts and how its consequences will transform tomorrow's global balance of power
- Why traditional military platforms like tanks, ships, and airplanes will be replaced by robotic systems that we may not recognize today
- How self-organizing drone units will make the "atmospheric littoral" the new key terrain
- What threats from military AI are more dangerous than all-powerful artificial intelligence
- How we can ensure the ethical use of robotic weapons and AI in combat
- Why the winners and losers of the new era may not be who we expect

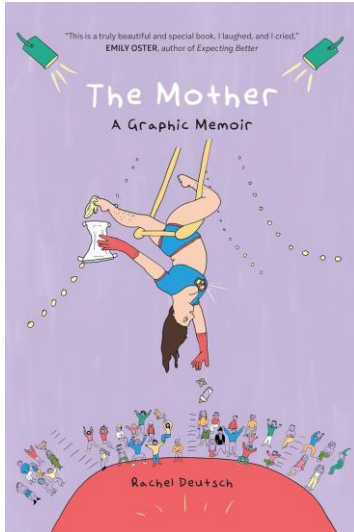
These fast-moving technologies are disrupting the military world, and with it, international stability and the balance of power. The US and other global democracies must navigate this disruptive era wisely, or risk becoming its victims. *Beast in the Machine* is a timely invitation for all of us to join the conversation on the future of human armed struggle . . . while there's still time to shape what's coming.

An active duty and reserve officer in the U.S. Air Force, **George M. Dougherty** has served as a senior leader in defense laboratories, military service headquarters in the Pentagon, and in the office of the Secretary of Defense. He coauthored the Air Force's science and technology strategy. In addition, he is a business strategist who helps leading science and technology-driven companies to navigate disruptive change. Colonel Dougherty has written numerous articles for defense journals and given invited lectures on disruptive innovation and future combat doctrine. He holds three engineering degrees, including a PhD from the University of California, Berkeley and an MBA from Cornell University.

BenBella Books
296 pages
Jud Laghi Agency
Manuscript available

World English rights: BenBella Books

THE MOTHER: A Graphic Memoir Rachel Deutsch



In this hilarious and harrowingly honest graphic memoir, *New Yorker* cartoonist Rachel Deutsch, aka @weirdmomart on Instagram, shares the story of her journey into motherhood.

Rachel Deutsch had always wanted a baby. She wanted to press her face into theirs and feed them from her body. Eventually her child might hate her a little. But they'd be on speaking terms most of the time. Wait...or was that just Rachel's experience with *her* mom? Had she processed her own childhood enough to raise a child herself!?

The Mother is about the constant dualities and contradictions of motherhood. The collision of future Rachel and past Rachel. Desperately wanting to get pregnant while fearful of *being* pregnant. Loving a new identity while missing an old one. Celebrating a new family while mourning the previous incarnation of a partnership.

Funny, provocative, and unabashedly candid, Deutsch's memoir embraces both the joys and the challenges of modern parenthood in a way that will resonate with new and seasoned parents.

Early Praise:

"This is a truly beautiful and special book. I laughed, and I cried." —Emily Oster, author of *Expecting Better* and *Cribsheet*

"I laugh-sobbed my way through *The Mother*, so loudly my children came to check on me." —Angela Garbes, author of *Essential Labor* and *Like a Mother*

"Equal parts moving, funny, sad, and poignant, this book feels like a deep conversation with a wonderfully smart, open friend (who also has a fabulously creative brain and a very unique perspective). Rachel's witty metaphors and expressive drawings made me laugh and feel less alone in the weirdness and discomfort that is being a human being and a mother. I can't wait for other moms to read this book—I'm sure they'll devour it just like I did!" —Mary Catherine Starr, author of *Mama Needs a Minute!* and creator of @momlife_comics

"Oh how I loved this. Profound, candid and wonderfully witty, *The Mother* is a tender self-reflection about the tumbling journey through early motherhood. You will find yourself on every page. This is the motherhood companion we need." —Ashley Audrain, author of *The Push* and *The Whisper*

"The hilarious Rachel Deutsch . . . loves exploring the absurdities, pain, and joys of parenthood." —*Cup of Jo*

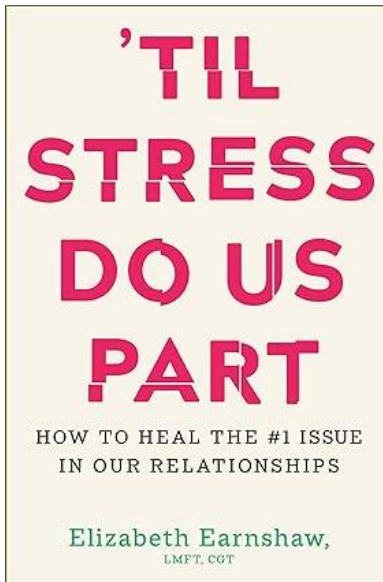
"[Deutsch] captures both the absurdity and the wonder of parenthood." —*HuffPost*

Rachel Deutsch's writing, cartoons and illustrations have appeared in publications including *The New Yorker*, *PRISM*, *The Pinch*, *McSweeney's*, *Mother Tongue*, *Mutha Magazine* and in *ParentData*, the popular newsletter by Emily Oster, the author of *Expecting Better*. Deutsch is known for bringing honesty and humour to tough parenting moments. She lives in Montreal with her partner and two young kids, and posts regularly on Instagram as @weirdmomart.

Douglas & McIntyre
160 pages
Thompson Literary
PDF available

World English rights: Douglas & McIntyre

'TIL STRESS DO US PART: How To Heal the #1 Issue In Our Relationships
Elizabeth Earnshaw



A leading couples therapist shares indispensable tools to help you stress-proof your relationship through life's many challenges.

Every week, couples come into Elizabeth Earnshaw's therapy room claiming their relationship issues are stressing them out. "The reality is just the opposite," she says. "The unprecedented collective stress we all face today is the cause of many relationship challenges couples are experiencing." With *'Til Stress Do Us Part*, this trusted expert shares the tools to protect yourself and your relationship from distress—and restore harmony, understanding, and love.

Beginning with an overview of many kinds of stress we face—from acute to chronic stress, and even positive eustress—Earnshaw uses client stories and personal experiences to reveal the visible and invisible strains on ourselves and our relationships. She then shares research-backed practices based on mindfulness and polyvagal theory to help you to detect signs of overwhelm and take proactive measures to protect, refresh, and heal yourselves. You'll discover journaling prompts, body-based exercises, scripts, boundary-setting guidelines, and more for letting go of pressures and restoring emotional, sexual, and spiritual intimacy.

"When we become partners, we commit to taking on life's troubles together," says Earnshaw. Here is an essential resource for helping you return your relationship to what it should be—a refuge from stress in a turbulent and demanding world, in which we always have each other's back.

Praise:

"Full of clear strategies for overcoming the overwhelm. A must-read!" —Eve Rodsky, *New York Times* bestselling author of *Fair Play*

"*'Til Stress Do Us Part*, an insightful book on managing stress within relationships, is a game-changer! It provides practical solutions with a positive approach, making it an invaluable resource for couples navigating life's challenges. It is a must-read for anyone seeking a healthier and happier relationship." —Nedra Glover Tawwab, MSW, LCSW, *New York Times* bestselling author of *Set Boundaries, Find Peace* and *Drama Free*

"Vulnerable, practical and insightful, *'Til Stress Do Us Part* is the essential guide for how to deal with the most pressing issue in our relationships. Liz Earnshaw gives readers an inside look at how stress and the mental load negatively impact our relationships using her own life as an example, along with those of other couples. I couldn't put this book down and I cannot wait to recommend it to all my clients." —Amanda White, LPC, author of *Not Drinking Tonight*

"Funny, relatable, and beyond wise! If relationships came with a guide, this book would be it. Not only does Liz unpack the way stress impacts our relationships, she also shares what to do about it." —Sara Kuburic, author of *It's On Me*

"Liz Earnshaw's latest book, *'Til Stress Do Us Part*, is a ground-breaking exploration of the impact of stress on relationships. Liz's compassion and vulnerability make this book a must-read for all of us who are looking to protect our intimate partnerships from a very real threat. I will be recommending this book to clients and students for many years to come." —Alexandra H. Solomon, PhD, Northwestern University, author of *Love Every Day*, and host of the podcast *Reimagining Love*



Elizabeth Earnshaw, LMFT, CGT, is a licensed family and marriage therapist, Certified Gottman Therapist, AAMFT Approved Supervisor, cofounder of the Serena-Williams-backed relationship health company OURS, and founder of A Better Life Therapy. She's known for her popular Instagram account @lizlistens, and has been featured in the *New York Times*; *Today*; *O, The Oprah Magazine* online; *USA Today*; *Well+Good*, *CBS News*; and more. She lives in Philadelphia and is the author of *I Want This To Work* (Sounds True, 2021). For more, visit elizabethearnshaw.com.

Sounds True
192 pages
Present Perfect
Book available

Rights sold: Serbian/Stet

Rights sold to I WANT THIS TO WORK: Arabic/Dar Dawen; Chinese (simplified)/Cheers; Russian/MIF; Slovene/Aktivni mediji

THIS DOG WILL CHANGE YOUR LIFE

Elias Weiss Friedman



From *The Dogist* — the *New York Times*-bestselling author and content creator also known as Elias Weiss Friedman — comes a uniquely insightful, uplifting, emotional, and informative book that shows us how dogs make our lives better by making us better people.

Elias Weiss Friedman first became known as The Dogist when he took thousands of photos of dogs and posted them online along with their unique dog stories. But before that, he was *a dogist*—a fervent dog lover and somewhat of an evangelist when it comes to the relationship between dogs and humans and the joy they bring us in the modern world.

Over his decades of studying dogs and their people, Elias has arrived at a deceptively simple realization: *Dogs make people's lives better by making people better*. Dogs improve us. They save us. They give our lives greater meaning and make our lives feel more fulfilled. By bringing them into our lives, they teach us to become the best versions of ourselves. They help us better understand our identity. They teach us patience and to foster deeper relationships with others. They remind us of the concept of purpose and commitment. We constantly seek those things in our human life, but so many of the answers are already right in front of us, in our dogs.

This book weaves together stories of the many dogs throughout Elias's own life—the dogs he grew up with, the dogs of people he knows, and the tens of thousands of dogs he has encountered on the street while doing his Dogist work. Told in a light tone that does not shy away from more serious issues (Elias is not above the occasional sentimental moment or dog pun), the book charmingly explores the ways that dogs are not just our family and our friends, but also irreplaceable beings capable of generating boundless love and restoring balance to our lives.

In an increasingly alienating and divisive world, there is one clear remedy: the one with four legs that rolls over for belly rubs. Dogs can change our lives, and this book might just change yours.

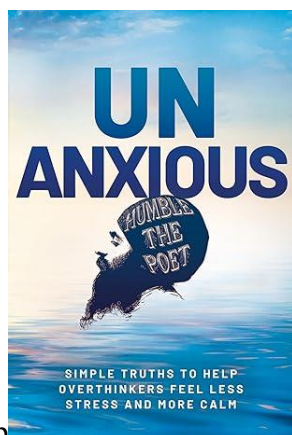


Photographer, creative director, videographer, producer, and *New York Times* bestselling author **Elias Weiss Friedman** is the creator of the wildly successful online platform The Dogist. With his signature style of capturing one-of-a-kind dog portraits that humanize and illuminate their unique personalities, Elias has photographed over 50,000 dogs around the world, was invited to the White House to photograph the President and his dog, and has served as an official photographer for the Westminster Kennel Club.

Ballantine
304 pages
Europa Content
Manuscript available

World English rights: Ballantine

UNANXIOUS: Simple Truths to Help Overthinkers Feel Less Stress and More Calm Humble the Poet



A book for overthinkers by an overthinker. Learn to start living a life you create—no longer burdened by the need to numb yourself from feelings of anxiety and burnout—through insightful stories, journal prompts, and down-to-earth advice from artist and international best-selling author of *Unlearn*, *Humble The Poet*.

International Bestselling Author

"Life doesn't begin after the obstacles, life is the obstacles, and we have to unlearn the idea that we need, or would even want, a life free of chaos, stress, and anxiety. We grow from facing challenges and exploring our limits."

This book is for the overthinkers struggling with overwhelm, burnout, and anxiety. If that's you—sipping from a half-empty glass and staring at your phone on the sidelines of your own life—then this book will remind you that you are not alone and share tools to change your life (and your mind).

Unanxious encourages readers to face their own stressors and triggers head-on with research-backed techniques and journal prompts. Stories from the author's recent lessons in facing fears by pushing his own boundaries—from ice baths, hot yoga, and ayahuasca journeys to moving to a new city and forging meaningful connections with family and friends—inspire and empower you to stop numbing and avoiding, and start embracing the discomfort and doing what you want to do.

With a beginner's mindset approach and a vulnerable sensibility, Humble walks alongside you as you journey inward, learning from his mistakes and delivering words of wisdom less like a sage on a mountaintop and more like your most introspective friend.

Early praise:

"3 pages in, you'll feel 1,000 lbs lighter." — Jay Shetty, #1 *New York Times* Best-Selling author

Humble the Poet (aka Kanwer Singh) is a Canadian-born artist, rapper, spoken-word poet, international best-selling author, and former elementary school teacher. He is the author of *The Globe and Mail* bestseller *Unlearn* and *Things No One Else Can Teach Us*. With his tattoos, beard, head wrap, and silly smile, Humble commands attention. He stimulates audiences with ideas that challenge conventional wisdom and go against the grain, with dynamic live sets that shake conventions and minds at the same time. He has performed at concerts and festivals, including Lollapalooza, and has been featured in major media including *The New York Times*, *BuzzFeed*, *Vogue*, *Rolling Stone*, and *Huffington Post*. Visit him at HumbleThePoet.com.

Hay House
288 pages
Europa Content
Manuscript available

World English rights: Ballantine

Rights sold: Czech/Progress Guru; Russian/Azbooka; Spanish/PRH Grupo

THE COMPLETE KENNECTIONS: 5,000 Questions in 1,000 Puzzles

Ken Jennings



The first new trivia book in more than a decade from *Jeopardy!* host Ken Jennings—based on his hugely popular online game “Kennections”!

Five trivia questions. Five answers that share a secret theme. What's the “Kennection”?

Since 2012, *Jeopardy!* champion and host Ken Jennings has created a weekly puzzle—first appearing in *Parade*, then *Mental Floss*—involving a series of trivia questions whose answers have something in common. The trivia questions run the gamut of topics—from pop culture (movies, TV, music) to academic knowledge (history, geography, the arts) to lifestyle (food and drink, sports, hobbies).

But the trickiest part might be finding the “Kennection” that links all five answers. Many are standard trivia categories (D-Day beaches! Presidential middle names! Santa’s reindeer! Batman villains!), but almost anything goes, so thinking outside the box is just as important as trivia knowledge. What do feet, McDonald’s, fingerprints, and St. Louis have in common? They all have arches. What about Mercury, Chihuahuas, electrons, and Rhode Island? They’re all the smallest of their kind. Columbia, *Grease*, and “I Ran” (by A Flock of Seagulls)? They’re homophones for nations of the world.

For the first time, the Kennections canon is available in one convenient volume, with hundreds of new and updated quizzes. *The Complete Kennections* is the perfect gift for any *Jeopardy!* fan, trivia buff, or *New York Times* “Connections” puzzler

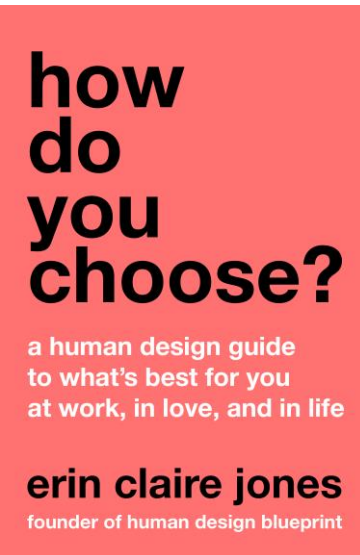
Ken Jennings is the *New York Times* bestselling author of *Brainiac*, *Maphead*, *Because I Said So!*, *Planet Funny*, and *100 Places to See After You Die*. In 2020, he won the “Greatest of All Time” title on the quiz show *Jeopardy!* and in 2022, he succeeded Alex Trebek as a host of the show. He lives in Seattle with his family

Scribner
416 pages
Jud Laghi Agency
Manuscript available

World English rights: Scribner

HOW DO YOU CHOOSE: A Human Design Guide To Choosing What's Right For You At Work, In Love, and In Life

Erin Claire Jones



Do you want to experience personal growth and development? Would you like to better understand your unique strengths and weaknesses so you can live a happier life?

Human design is a new way of thinking about what's right for you. It is more than a personality tool, it is a resource that awakens you to your true self and explains how you are designed and who you are. Using the time, date, and place of your birth you can see how you're uniquely wired to operate and thrive.

North American rights sold at auction

Human design expert and educator Erin Claire Jones shares, "I like to tell people that if astrology and Myers-Briggs had a baby, it would be human design." In *How Do You Choose?*, Erin shares more than just the basics of human design, she will help you discover your type, understand what's right for you, and how you can live a more enriched life. Erin will show you how human design can provide a framework to reflect on how you operate best and the practical tools to build your career, relationships, and live life in a way that is built around your uniqueness.

How Do You Choose? isn't a textbook on human design because it isn't intended to teach human design, Erin focuses on how people can use human design to live their best life. After reading, you'll walk away knowing:

- If you're a Manifesting Generator, Generator, Projector, Manifestor, or Reflector
- How to choose the right relationships and the right work
- Strategies to help you initiate and respond to invitations
- Your authority so you can trust your gut, wait for clarity, tune into your intuition, and talk it out

Erin's work will resonate with you because she makes human design pragmatic, tangible, accessible, and applicable to everyday life. *How Do You Choose?* will show the world a new way to work, a new path towards connection in relationships, and a new perspective on living as you truly are.

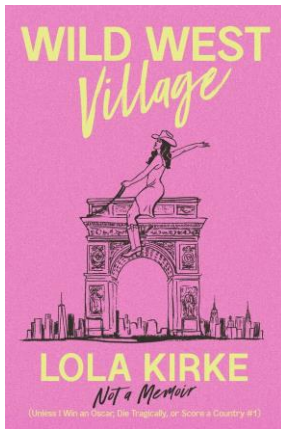
Erin Claire Jones is the world's leading expert in Human Design. Through her coaching, content, and digital products, she has empowered hundreds of thousands of people to overcome their biggest obstacles and find their flow at work, in love, and in life. Her work has been featured in *Forbes*, *The Sunday Times*, *Vogue*, *Allure*, *Nylon* and more.

HarperOne
256 pages
Europa Content
Galley available

Rights sold: Czech/Progres Guru; Italian/Armenia Editore; Spanish/Alfaomega

WILD WEST VILLAGE: Not A Memoir (Unless I Win An Oscar, Die Tragically, or Score A Country #1)

Lola Kirke



In this darkly humorous memoir-in-essays, actress and singer-songwriter Lola Kirke untangles an extraordinary upbringing in a family of eccentric, messy artists and explains how a big city girl went a little bit country.

The youngest daughter of a rock star father and clothing designer mother, Lola and her siblings (including actress Jemima and celebrity doula Domino), spent their childhoods freshly plucked from their English heritage in an eclectic West Village brownstone, hosting everyone from Cuban exiles to Courtney Love. But behind the enviable exterior of worldly coolness, was a home in disarray.

In *Wild West Village*, Kirke chronicles a search for self amidst the chaos of the affairs, addictions, and afflictions surrounding her, detailing misadventures in everything from masturbation to marijuana, Cadbury's to country music, and a dream of salvation on the silver screen.

Praise:

“Riotous... Peels back the curtain on a striking family: a warts and all reveal of how these women have grown from their wild days to their adult beings, and shares some lessons learned along the way.”—*Lithub*

“A searing examination of what it means to be raised as an 'adult child' and the ways in which being exposed to too much, too soon — be it addiction, adultery, or neglect — can harm the privileged and the disadvantaged alike.”—*Bustle*

“Hilarious.... Kirke's writing is irreverent, conversational, and self-aware. She brings to life the New York City of her youth, smoking cigarettes as a tween, visiting siblings in rehab, discovering her father's secret love child. Entering Kirke's world and imagination is a delicious peek behind the veil, like an Andy Warhol Diaries for rich New York City art kids of the new millennium.”—*Booklist*

“This memoir-in-essays will appeal to anyone who enjoys unforgettable characters and fearless storytelling from a writer unafraid to face down her own demons. A funny, raw, and painful book about a woman's chaotic, thoroughly individual path to coming into her own.”—*Kirkus*

“Kirke's narrative centers characters with too much money and ego, but she leavens the melodrama with a dashing wit... The result is a deliriously entertaining recap of a misguided youth.”—*Publishers Weekly*

“Lola Kirke has captured more than just her own wild and specific New York upbringing (one that resonates more profoundly than I'd like it to.) She has captured the yearning of a generation raised on seductive yet dangerous images of young starlets run amok, and her path through and out of these delusions of grandeur and into the grandeur of self. She is a wise, witty and unsparing writer and her memoir proves it in a voice as lovely as the one she uses to sing.”—Lena Dunham

“A hilarious romp through a world of epic eccentricities. With gracious acuity, Lola shares what it means to feel like a misfit and how she comes to create her own sense belonging.”—Anna Marie Tandler, *New York Times* bestselling author of *Men Have Called Her Crazy*

“Wildly entertaining, riotously funny and disarmingly self-aware. *Wild West Village* has all the tenets of a great country song: emotion, soul, and a damn good story. I devoured it in one delicious sitting and could have come back for more. Needless to say, I adored it.”—Coco Mellors, *New York Times* bestselling author of *Blue Sisters*

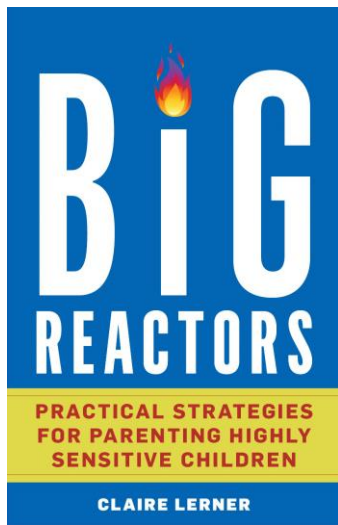


Lola Kirke is an acclaimed actress (*Mistress America*, *Gone Girl*, and *Mozart in the Jungle*) and singer-songwriter. *Wild West Village* is her first book.

Simon & Schuster
272 pages
Europa Content
Book available

BIG REACTORS: Practical Strategies for Parenting Highly Sensitive Children

Claire Lerner, MSW



An invaluable, practical guide that shows parents how to help their highly sensitive child learn to manage their big emotions and thrive

Highly sensitive children (HSCs) process and react to experiences more deeply than other children. They are sometimes called “spirited,” “deeply feeling,” or “big reactors.” These children are amazing — fierce and feisty, persistent and passionate, insightful and empathetic — but are also prone to more intense and frequent meltdowns. Parenting a big reactor can be challenging and exhausting, but it doesn’t have to be.

In *Big Reactors: Practical Strategies for Parenting Highly Sensitive Children*, child development specialist Claire Lerner helps parents develop the tools to support their HSC’s strengths while also showing them how to cope with everyday challenges. She details the key traits of HSCs, describes the science behind the traits, and shows how parents and other caregivers can help these kids thrive. Through detailed case descriptions from her decades of work in the trenches with these complex kids, Lerner reveals the process she guides parents through to understand the root cause of their child’s challenges and to come up with sensitive, effective strategies that work in real life, not just in theory. This provides a reality-based roadmap for how parents and other caregivers can find solutions that work for their unique child and family.

Big Reactors answers the burning question: How can I be the calm, connected parent I want to be for my fierce and feisty child when popular, “gentle parenting” strategies don’t work? It shows how moms and dads can be supportive and loving while also setting the limits their spirited kids need to develop self-regulation and build resilience. The approach set forth in this book helps parents bring out the best in their passionate, creative, wonderful, sensitive children and creates more peace and joy in families.

Claire Lerner, MSW, is a licensed clinical social worker and child development specialist. She has been a practicing clinician for more than 35 years, provides training and consultation to preschools and pediatric residents at Children’s National Medical Center, and served as the Director of Parenting Resources at ZERO TO THREE for 18 years. She is the author of *Why Is My Child In Charge? A Roadmap to Ending Power Struggles, Increasing Cooperation, and Finding Joy in Parenting Young Children*. Claire is the mother of two very spirited children and lives in Bethany Beach, Delaware.

Bloomsbury
272 pages
Joelle Delbourgo Associates
Manuscript available

World English rights: Bloomsbury

China/Taiwan/Korea/SE Asian rights: Joelle Delbourgo Associates

All other translation rights: Hodgman Literary

STOP PEOPLE PLEASING: And Find Your Power
Hailey Magee



A viral life coach offers a practical, empathetic, and inspiring guide to breaking people-pleasing patterns that can harm our careers, relationships, physical, and psychic health.

For most of Hailey Magee’s life, people-pleasing came so naturally to her that she didn’t even have a word for it. When somebody wanted something from her—even a stranger—she gave it, no matter how uncomfortable, exhausted, or resentful she felt inside. People-pleasing, she learned, was a coping mechanism that had kept her physically and emotionally safe in the past, but wreaked havoc on her life in the present—and she was committed to breaking the pattern once and for all.

Stop People Pleasing explains how anyone can break the pattern by learning their own feelings, needs, values, and desires; ending cycles of enmeshment and codependency; overcoming guilt; developing physical and sexual agency; and more. It is a refreshingly nuanced guide, exploring fundamental questions like:

- How can I tell when my genuine kindness veers into people-pleasing?
- How can I set boundaries while maintaining my empathy and generosity?
- When is it appropriate to compromise on my needs, and when is it not?

Combining social science, psychology, and hands-on coaching exercises, *Stop People Pleasing* teaches you how to connect with your own feelings, needs, and dreams; courageously advocate for yourself in your relationships with friends, family, and colleagues; soothe yourself through the growing pains of healing; and dive headfirst into pleasure and play. With fresh insight, heartfelt empathy, and a keen personal understanding of the pitfalls of people-pleasing, Magee helps you say what you need and get what you deserve.

Praise:

“*Stop People Pleasing* is required reading for anyone who’s tired of feeling resentful, overwhelmed, and burned out after years of being ‘nice’. Brilliantly, she teaches us how to confidently self-advocate *without* losing our empathy.” – Holly Whitaker, author of *Quit Like A Woman*

“Essential reading for anyone who has ever steamrolled their own needs on behalf of others’. Magee shines light on the many ways we abandon ourselves for others only to end up resentful, spent, and stuck in joyless relationships. By demystifying people pleasing as a pattern of behavior, Magee offers readers hope by suggesting alternative patterns that begin with recognizing and honoring our own needs. A must-read.” – Christie Tate, author of *New York Times* bestseller *Group* and *BFF*

“*Stop People Pleasing* is not only a robust practical guide on how to honor yourself in relationships, it also provides a fresh, empowering lens on how we can consciously create a deeper alignment between our actions, words and personal values. A must read.” – Bethany Webster, author of *Discovering the Inner Mother*



Hailey Magee is a certified coach, educator, and writer who helps individuals worldwide shatter the self-abandonment cycle, set empowered boundaries, and break the people-pleasing pattern. She has written for *Newsweek*, The Gottman Institute, and *Medium* and has facilitated group coaching sessions in partnership with WeWork, Amazon, Women In Music, and a variety of other companies and organizations. She received her BA from Brandeis University in Massachusetts and currently resides in Seattle, WA.

Simon & Schuster
352 pages
Thompson Literary Agency
Book available

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**THE CARB RESET:
The Simple Way to Store Less Fat, Burn the Rest, and Take Control of Your Weight for Life**
Harley Pasternak, MSc

Cover
Reveal
To
Come

Rethink healthy eating, weight loss, and weight management with this revolutionary, science-based guide to reintroducing fat and carbs to your plate, from the *New York Times* bestselling author of *The Body Reset Diet* and trainer to the stars.

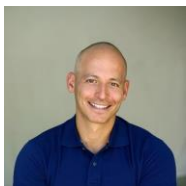
Harley Pasternak has worked with the biggest stars in Hollywood, whipping celebrities into shape for roles and the red carpet. His secret for helping these A-listers may seem counterintuitive, but the proof is in the results: fasting, detoxes, and carb-avoidance don't work. Losing weight and looking sculpted require a specific proportion of *all* macronutrients, including the much-maligned and vilified carbohydrate!

In *The Carb Reset*, Harley guides readers through how and why your body stores or burns fat, expertly cutting through the noise of toxic diet culture. He details why bread, pasta, rice, and fruit should be part of every healthy meal, and he lays out the right combination and quantity of nutrients that speeds fat loss, reduces fat storage, and improves your hormonal balance. The secret is quite literally in our hands thanks to his ingenious PATH acronym (a Palm of carbohydrates, All the vegetables, Thumb of fat, and a Hand of protein).

The Carb Reset includes:

- 50 recipes, most of which require as little as five minutes of preparation, and can be put together in 20 to 30 minutes.
- Two weeks of meal plans with vegetarian, vegan, and gluten-free swaps and an "add a treat a week" strategy to work in your favorite dessert or snack.
- Handy line illustrations of "PATH plates" that show you how to put meals together at home.

The Carb Reset puts readers in control of their health, resetting their relationship with the foods they love and thought they had to forego, while reshaping their approach to eating well for life.

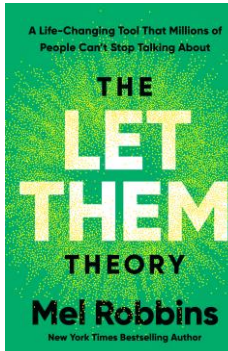


Harley Pasternak is atop selling fitness and diet author whose books have attained global bestseller status and have been published in 14 languages in over 25 countries. He holds a Master of Science in Exercise Physiology and Nutritional Sciences from the University of Toronto and an Honors Degree in Kinesiology from University of Western Ontario. He is also certified by The American College of Sports Medicine and The Canadian Society of Exercise Physiology, and served as an exercise and nutrition scientist for Canada's Department of National Defense.

Rodale
352 pages
Empire Literary
Manuscript available

THE LET THEM THEORY: The Life-Changing Tool That Millions of People Can't Stop Talking About

Mel Robbins



What if the key to happiness, success, and love was as simple as two words?

* Global #1 Bestseller *
** OVER 2 MILLION COPIES SOLD **

If you've ever felt stuck, overwhelmed, or frustrated with where you are, the problem isn't you. The problem is the power you give to other people. Two simple words—*Let Them*—will set you free. Free from the opinions, drama, and judgments of others. Free from the exhausting cycle of trying to manage everything and everyone around you. *The Let Them Theory* puts the power to create a life you love back in your hands—and this book will show you exactly how to do it.

In her latest groundbreaking book, Mel Robbins—*New York Times* bestselling author and one of the world's most respected experts on motivation, confidence, and mindset—teaches you how to stop wasting energy on what you can't control and start focusing on what truly matters: YOU. Your happiness. Your goals. Your life.

Using the same no-nonsense, science-backed approach that's made *The Mel Robbins Podcast* a global sensation, Robbins explains how you can apply it in eight key areas of your life to make the biggest impact. Written as an easy-to-understand guide, Robbins shares relatable stories from her own life, highlights key takeaways, relevant research and introduces you to world-renowned experts in psychology, neuroscience, relationships, happiness, and ancient wisdom who champion *The Let Them Theory* every step of the way.

The Let Them Theory will forever change the way you think about relationships, control, and personal power. Whether you want to advance your career, motivate others to change, take creative risks, find deeper connections, build better habits, start a new chapter, or simply create more happiness in your life and relationships, this book gives you the mindset and tools to unlock your full potential.



Mel Robbins is one of the leading voices in personal development and transformation and a *New York Times* Bestselling author. Her work includes "The High 5 Habit," "The 5 Second Rule," four #1 bestselling audiobooks, the #1 podcast on Audible, as well as signature online courses that have changed the lives of more than half a million people worldwide. As one of the most widely booked and followed public speakers in the world, Mel coaches more than 60 million people online every month and videos featuring her work have more than a billion views online, including her TEDx talk, which is one of the most popular of all time. You can find out more about Mel, her courses, booking her to speak at an event, or sign up for her newsletter list with 700k other subscribers at: www.melrobbins.com

Hay House
272 pages
Europa Content
Book available

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MY GOOD SIDE: A Memoir
Scheana Shay



In turns shocking and stirring, funny and heartfelt, this intimate memoir from *Vanderpump Rules* star Scheana Shay delves into her struggles both on and off camera—including wrestling with her identity, painful challenges with fertility and mental health, and the tension between remaining true to herself or protecting those she loves.

Scheana Shay is ready to take back her narrative. Throughout eleven seasons of record-breaking TV, her reputation has largely been based on others' opinions of her. Between castmates, keyboard warriors, and media headlines, she grew used to being called every name in the book while shielding the most sensitive and traumatic pieces of her story that didn't fit into tidy, forty-minute television episodes. Now, readers will join Scheana as she faces her hidden struggles head on. And for the first time, her goal isn't to be liked. It's to be understood.

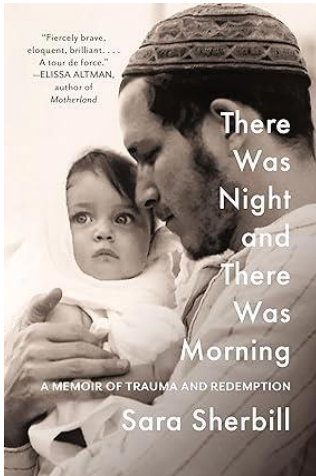
In *MY GOOD SIDE*, Scheana pulls back the layers of the experiences that defined her, from feeling like an outcast within her community and even within her own family, to the bullying that followed her from the school yard to Hollywood. For the first time, she explores how these rejections ingrained in her a desire to make herself more palatable, to trim off the inconvenient truths and complexities in exchange for pleasing everyone around her, from her family and friends, to the men she dated, and even the viewers.

Along the way, she brings readers on a wild nostalgia trip through the early days of *Vanderpump Rules*, while recounting jaw-dropping stories from her Hollywood black book and hilarious escapades from her early twenties. She reveals how her outlook on love evolved after a marriage that nearly broke her, ultimately leading to a daughter she was told she may never have. The result is a story as empowering as it is entertaining, the memoir of a woman reclaiming a narrative that spun out of her control a decade ago, and who is finally ready to show all sides of her: the good, bad, and messy.

Scheana Shay is an actress, host, and television personality from the Emmy-nominated Bravo TV series *Vanderpump Rules*. Other notable television credits include roles on popular shows such as *Lopez vs Lopez*, *90210*, *Greek*, *Victorious*, and *Jonas*. She is also host of the award-winning podcast *Scheananiqans*. Scheana currently resides in Los Angeles with her husband Brock and daughter Summer Moon.

Grand Central
256 pages
Europa Content
Manuscript available

THERE WAS NIGHT AND THERE WAS MORNING: A Memoir of Trauma and Redemption
Sarah Sherbill



A searing memoir about growing up in a fiercely loving, abusive rabbinical family in which the author’s father, the charismatic head of a splinter Orthodox religious community, demands unswerving loyalty—and a commitment to guarding terrible secrets.

Sara Sherbill was raised by a father who was both a representative of God and a broken man harboring an intricate set of secrets. Her riveting story explores what happens when a daughter is tasked with keeping those secrets, and the cost of keeping them. It asks: How do we live with suffering? What does it mean to heal? In the face of unspeakable harm, what can be reclaimed? Sherbill’s tale, written with grace and brutal honesty, reveals her struggle to reclaim her identity as a daughter, woman, and now mother. Most of all, it’s a story about learning to live alongside our traumas without letting them consume us—what some might call redemption.

Praise:

"A haunting account of family, abuse, faith, and survival." —*Kirkus*, STARRED Review

"Sherbill masterfully explores the fragile bonds of family and faith with courage and clarity. . . . She illuminates how darkness can coexist with compassion, how a father’s shadow cannot extinguish a daughter’s light." —Alyson Richman, internationally bestselling author of *The Thread Collectors* (with Shaunna J. Edwards) and *The Lost Wife*

"Revelatory and luminous . . . a spellbinding saga of domestic violence that shows us, with great precision and deep compassion, the lifelong aftershocks on an entire family. I couldn’t put this book down, and now I can’t stop thinking about it." —Stephen Mills, author of *Chosen: A Memoir of Stolen Boyhood* (2022 Jewish Book Council memoir winner)

"This is an extraordinary piece of work. Powerful, beautiful, original. I am in awe of the command of voice. . . . A triumph."—Mary Gordon, author of *Pearl: A Novel*

"An unflinching, deeply affecting account of family, faith and abuse. This book brings us close to the devastating ways in which a family can come apart and, at the same time, is a testament to the redemptive power of telling your own story."—Tova Mirvis, author of *The Book of Separation*

"Fiercely brave, eloquent, and brilliant in its evocation of a family teetering on the brink of catastrophe shrouded beneath religious devotion and the myth of perfection, *There Was Night and There Was Morning* is nothing short of a tour de force. Sara Sherbill has expertly crafted a harrowing story of truth and transcendence that will stay with me forever."—Elissa Altman, author of *Motherland*

"This book took my breath away. Sara Sherbill’s voice is clear, intimate, and fearless. *There Was Night and There Was Morning* is a brutal exploration of abuse and its aftermath, but it is also the story of a tremendous and evolving family, gorgeously written. I am so glad I read it and I won’t forget it."—Hanna Halperin, author of *I Could Live Here Forever*

Sara Sherbill writes about mental health, domestic violence, and Jewish identity. Her work has appeared in *Slate*, *The Forward*, *Tablet*, and *Kveller*. She has worked as an independent editor for the past decade after beginning her career at Alfred A. Knopf. She lives in Washington, DC.

Union Square
272 pages
Joelle Delbourgo Associates
Book available

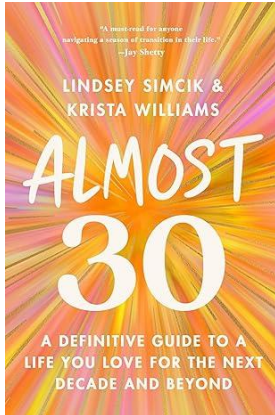
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ALMOST 30: A Definitive Guide to a Life You Love for the Next Decade and Beyond

Lindsey Simcik and Krista Williams



Go from lost ... to a life you *love* and make your thirties your best decade yet with this inspiring, hilarious, and vulnerable book from creators of the #1 critically acclaimed podcast, *Almost 30*.

World English rights sold in a 7-publisher auction

The years leading up to 30 can feel more agonizing than exciting. The pressure to have it all figured out—your job, your relationship, your LIFE—is intense. And as if that’s not enough, *bam!* Along comes Saturn Return, a cosmic milestone that thrusts you into adulthood ... ready or not.

Lindsey Simcik and Krista Williams—creators of the #1, critically acclaimed wellness podcast *Almost 30* and its global community—help you navigate this season of astronomical (and astrological) transition in your life. Consider them the big sisters of your Saturn Return, here to guide you, hold your hand, and cheer you on as you embark upon this monumental transition that will touch every single part of your life, from your body to your relationships to your spirituality. In addition to looking back at their own alternately hilarious and insightful experiences of being almost thirty, the authors share expert insights, research, practices, and tools they’ve cultivated through nearly a decade of hosting *Almost 30*.

Dive into thought exercises, meditations, journaling prompts, and sage advice from expert podcast guests such as Jay Shetty, Gabby Bernstein, Glennon Doyle, Nicole LaPera, and many more. *Almost 30* is the go-to book for every woman standing on the cusp of where they’ve been and where they’re going. Because change is imminent, and we’re all almost ... *something*.

Early Praise:

"*Almost 30* is a must read for anyone navigating a season of transition in their life. It’s for anyone who’s asking themselves, ‘Who am I really? What do I want? Where do I fit in the world?’ It’s an approachable and loving guide to navigating your late 20s, so you cannot only survive — but thrive — through the chaos." -Jay Shetty, #1 *New York Times* bestselling author and host of the *On Purpose* podcast

"Lindsey & Krista finally share their essential ALMOST 30 guide, exploring questions of identity, purpose, and self-discovery. Podcast hosts and best friends Krista and Lindsey offer a comprehensive yet approachable roadmap to finding your passions, your people, and ultimately, yourself in your late 20s and beyond." -Gabby Bernstein, #1 *New York Times* bestselling author

“Krista and Lindsey's *Almost 30* is like a heart-to-heart chat with your besties as you navigate the wild ride of your late 20s. It's not just a book; it's a compass for finding your way through the big stuff like identity, purpose, and defining success in your life. If you're feeling a bit lost or at a crossroads, this book helps you rediscover your passions, forge deep connections, and strut into your next chapter like a boss.” -Jenna Kutcher, *New York Times* bestselling author of "*How Are You, Really?*" and host of *The Goal Digger* podcast

Lindsey Simcik & Krista Williams are hosts of the wildly popular podcast, *Almost 30*, which has reached over 100 million downloads and been nominated for “Best Wellness Podcast” and “Best Spirituality Podcast” by iHeart Radio two years in a row. They work closely with mentors like Gabby Bernstein, Mel Robbins, Devi Brown, and Rhadi Devlukia-Shetty, reaching their hundreds of thousands of monthly listeners around the world through their podcast, virtual *Almost 30* camps, sold-out live events, membership, newsletters, and more.

St Martins Essentials
352 pages
Europa Content
Manuscript available

Rights sold: UKANZ/Lagom

THE JOY OF FALLING APART

Maria Sosa, LMFT

Cover
Reveal
To
Come

What happens when a couples therapist who is widely known online for her relationship expertise realizes she needs to end her marriage? It depends. She could pretend that nothing is wrong. Or she could be honest with herself -- and let it all fall apart. Maria Sosa, LMFT, chose the latter. But that's not the end of the story. To be honest, it's the beginning.

THE JOY OF FALLING APART guides readers in facing the seemingly minor lies we tell ourselves that may help us keep it all together on the outside, but also keep us stuck in situations, relationships, and places where we no longer belong. Maria shares how she shattered her own self-deceptions in order to honor the deeper truth within, and lights the way for readers to do the same.

Each chapter of the book brings the reader's awareness to a common lie they may be telling themselves ranging from "Oh, it's nothing" (denial) to "There's a right and wrong choice" (black and white thinking) to "Everything was better back then" (familiarity addiction), to "That's what I'm supposed to do" (the trap of the "shoulds"). Within the framework of the chapters, Maria first shares how she came to identify the lie through her experience of being a therapist and a woman going through a separation. Next, she examines the lie through the lens of science and research. She then helps readers understand why they may be hiding behind a similar self-deception, and how it may be serving them. Finally, Maria presents therapeutic tools to challenge the lie and begin to acknowledge the reality of their circumstances. With each chapter, the reader moves deeper into their own truth and the wholehearted life they desire.

Positioned at the intersection of scientific research and lived experience, *The Joy of Falling Apart* is for those undergoing significant relationship or life transitions and seeking guidance as they move through the unknown and discover a pathway to authentic living in the process.

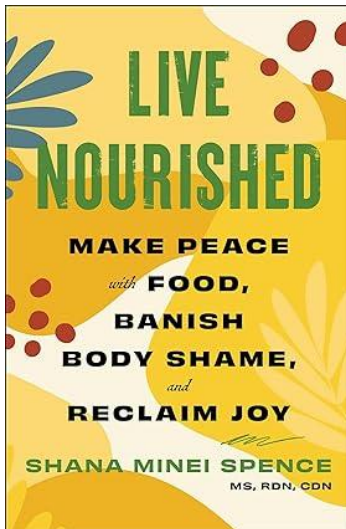
Maria G. Sosa is a Licensed Marriage and Family Therapist and sought-after relationship expert with a loyal global following of over half a million readers. Born in Venezuela and bilingual in English and Spanish, she is the founder of the popular Instagram account @holisticallygrace, the author of the *Love Actually, Actually* Substack, which focuses on relational intelligence, and the host of the podcast, *Mind Meets Body*, which delves into various aspects of mental, physical, emotional, spiritual, relational, and social well-being. Maria's expertise and dedication to empowering individuals in their personal growth journey have garnered attention from the *Washington Post*, *Forbes*, *Popsugar*, *MindBodyGreen*, *Well+Good* and *Refinery29*.

Penguin Life
272 pages
Present Perfect Literary
Manuscript available: August 2025

Rights sold: UKANZ/Piatkus

LIVE NOURISHED: Make Peace with Food, Banish Body Shame, and Reclaim Joy

Shana Spence, MS, RDN, CDN



Reject diet culture, achieve a healthy relationship with food, and nourish your body and soul with this book from registered dietitian, nutritionist, and creator behind the Instagram @TheNutritionTea, Shana Spence.

In *Live Nourished*, Shana Spence starts by exposing diet culture for what it is: a patriarchal, capitalist mindset that robs people of their time, money, health, and joy. It's a systemic belief that equates fitness, health, and thinness with worth and assigns food a moral value. And it's a belief that pervades our society.

Spence's arguments will open your eyes to the insidiousness of this mindset and will demonstrate how it's infiltrated the health and wellness world, how to recognize it in all its sneaky forms, and how letting go of efforts to lose weight or eat "perfectly" actually helps to improve people's health—no matter their size. Relayed through scientific evidence, case studies, and personal experience, Spence demonstrates why diets don't work, and provides you with a radical alternative to diet culture, one that prioritizes nourishing the body and soul and looks to bring joy.

To get there, Spence walks you through healing your relationship with food. Touching on concepts like intuitive eating and health at any size, *Live Nourished* provides you with a roadmap towards eating what works for you and helps you reclaim your body, mind, and life so you can focus on things that truly matter.

Spence's thesis is simple: If we can learn to separate ourselves and our worth from diet culture, we can learn how to eat when we're hungry, meet our body's unique needs, and discover which foods give us pleasure—all while nourishing our bodies and souls in the process.

Praise:

"This book is a no-nonsense approach to help you actually reclaim a joyful relationship with food, movement, and your body. *Lived Nourished* is refreshing, approachable, and accessible, and quite frankly, a book that all of us need to read." —Chrissy King, bestselling author of *The Body Liberation Project*

"In *Live Nourished*, Spence peels back the layers to examine the intersection between systemic racism, classism and the pursuit of wellness...This book will challenge all of our preconceived notions about health, wellness and the 24 hours that we live each day." —Maya Feller, MS, RD, CDN registered dietitian nutritionist and author of *Eating Our Roots*

"Shana's book, *Live Nourished*, is an invaluable resource for understanding the pitfalls of diet culture and learning how to establish a truly healthy relationship with food." —Sohee Carpenite, MS, CSCS, *D, founder and head coach of SoheeFit



Shana Minei Spence is a Registered Dietitian Nutritionist who calls herself an "all foods fit" dietitian. Spence is the creator of the hugely popular Instagram account @TheNutritionTea, as in giving the tea on nutrition. She works in public health with a focus on community health and runs a private practice where she has helped hundreds of clients stop harmful dieting habits for improved health and happiness. She has appeared on *Good Morning America* online, has given talks for Peloton and the national Eating Recovery Center, and been featured on NPR and in *Self*, *Women's Health*, *Men's Health*, *Outside*, *Shape*, and other outlets. She lives in Brooklyn, New York.

Simon Element
224 pages
Present Perfect Dept.
Book available

World English rights: Simon Element
Translation rights: Hodgman Literary

UNTITLED ON CODEPENDENCY

Nedra Glover Tawwab

Cover
Reveal
To
Come

A guide to healthy dependency, helping readers strive for balanced connections and steer clear of co-dependency and counter-dependency in their relationships.

Life comes at us fast, with new challenges to navigate at every turn. Millions of fans have embraced the fresh insights of bestselling author Nedra Glover Tawwab, a popular therapist who brings both expertise and a fresh perspective to the everyday struggles we all navigate in our relationships and within ourselves.

In this inspiring book of daily insights, Nedra delivers food for thought, friendly reminders, and perspective shifts to help us stay true to who we are and what matters most. Topics include setting boundaries, rising above drama, expressing ourselves with clarity and integrity, and finding peace and joy every chance we can get.

This empowering and embraceable book will help us stay the course— and grow more fully into ourselves every day.



Nedra Glover Tawwab, MSW, LCSW, is the author of *New York Times* bestsellers *Drama Free* and *Set Boundaries, Find Peace*. A licensed therapist and sought-after relationship expert, Nedra has appeared on Good Morning America, CBS This Morning, The Breakfast Club, and many other media outlets. She hosts the podcast You Need to Hear This, and shares practices and reflections for mental health on her popular Instagram account, @nedratawwab with over 1.8 million followers. Nedra currently resides in Charlotte, North Carolina, with her family and is working on her next book.

Tarcher Perigee
384 pages
Present Perfect Literary
Manuscript available

Rights sold: UKANZ/Piakus; Dutch/HarperHolland; Spanish/Planeta

UNTITLED SOMATIC HEALING

Liz Tenuto

Cover
Reveal
To
Come

Fans of *The Body Keeps the Score* and *What Happened To You* will love this accessible, no-frills approach to healing from trauma, as trauma-informed expert "The Workout Witch" Liz Tenuto provides an ultimate guide to understanding the science of how trauma is stored in the body – and how to heal using somatic exercises.

The power of somatic healing lies in the body's ability to tap into its innate wisdom and intelligence. However, when not trained to do so, the trauma is instead stored in the body, causing physical, emotional, and behavioral symptoms. A survivor of childhood and adolescent trauma, Liz Tenuto began struggling with ailments like chronic pain and insomnia. After visiting doctor after doctor, she decided to learn more about somatic exercises – and it changed her life.

Fast forward twenty years, and Liz is a trauma-informed practitioner with degrees in psychology and somatics, with millions of followers around the world. Divided into four parts, *Somatic Healing* is a comprehensive guide introducing readers to the basics of trauma, and the science behind where and how it lives in the body. She then dives into the utility of somatic healing, enlightening readers about the mind-body disconnection prevalent in modern society and underscoring the importance of mind-body integration for genuine healing.

Well-researched and easily digestible, *Somatic Healing* is a refreshing and holistic approach to trauma healing. She recognizes that trauma is not just an emotional or psychological experience but also a physiological one, and provides practical tools for addressing this mind-body disconnection – and many others. Readers struggling with anxiety, chronic stress, and many physical ailments will find immediate relief through the many somatic exercises and student case studies included in this book.

Liz Tenuto (aka The Workout Witch) is the world's leading expert in somatic exercises, and has over 4 million followers across platforms. She has a degree in psychology from the University of California, Santa Barbara and has been featured in *USA Today*, *Harper's Bazaar France*, and other outlets.

Dey Street
272 pages
Thompson Literary Agency
Manuscript available: May 2025

Rights sold: UKANZ/Bluebird

BURN THE HAYSTACK: Decode Dating, Torch The Duds, and Find Your Needle

Jennie Young, PhD

Cover
Reveal
To
Come

A revolutionary approach to modern dating teaching us how to dissect the communication styles and behavioral patterns in men's profiles using applied rhetoric, critical discourse analysis, and 10 key rules.

*Featured in *The New York Times*, *Rolling Stone*, *The Times (London)*, *HuffPo*, *The Independent*, *Newsweek*, several podcasts, and countless Reddit, TikTok, and Instagram posts*

If you really want to find a needle (a long-term committed partner) in a haystack (dating apps), burn the haystack to the ground. When the fire is out, it's easy to see the needles because metal doesn't burn. Getting an overwhelming selection down to just a few great candidates is much more efficient than picking through hundreds of thousands that will never work out. The Burned Haystack Method advises women to do what sounds counter-intuitive: present yourself exactly as you are, and give almost no one a chance.

With a blend of scathing humor and academic rigor, Young breaks down the hidden meanings behind messages and profiles and helps women spot red flags early on and focus on partners who are genuine.

Burn The Haystack is more than a method; its rules like "block to burn" are now part of online dating lexicon and the book will provide millions of women with clear, relatable, empowering advice to help them find long-term love.

Jennie Young, PhD, a professor of rhetoric and women/gender studies at the University of Wisconsin-Green Bay. She is the creator of the Burned Haystack Dating Method and publishes work in humor, feminism, dating dynamics, and education. Her writing can be seen in *McSweeney's*, *Ms. Magazine*, *The Independent* and elsewhere. She is trained in classical and applied rhetoric, critical discourse, metaphor analysis.

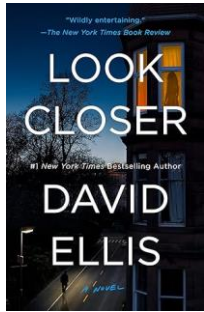
William Morrow
300 pages
Stonesong Literary
Manuscript available: September 2025
Enhanced TOC & Sample chapters
available

BACKLIST HIGHLIGHTS

FICTION

LOOK CLOSER: A Thriller by David Ellis

2022



National Bestseller
Over 175,000 copies sold

“Wildly entertaining.”—*New York Times Book Review*

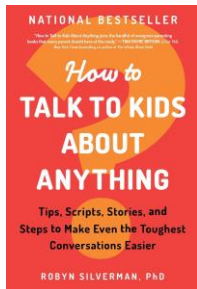
From the bestselling and award-winning author comes a wickedly clever and fast-paced novel of greed, revenge, obsession—and quite possibly the perfect murder. Simon and Vicky couldn't *seem* more normal: a wealthy Chicago couple, he a respected law professor, she an advocate for domestic violence victims. A stable, if unexciting marriage. But one thing's for sure: absolutely nothing is what it seems. When the body of a beautiful socialite is found hanging in a mansion in a nearby suburb, Simon and Vicky's secrets begin to unravel. A secret whirlwind affair. A twenty-million-dollar trust fund about to come due. A decades-long grudge and obsession with revenge. And while both Vicky and Simon are liars, just who exactly is conning who? Part *Gone Girl* and part *Strangers on a Train*, *Look Closer* is a wild rollercoaster of a read that will have you questioning everything you think you know.

Rights sold: Chinese (complex)/Crown; Italian/Fanucci; Polish/Harde; Russian/Eksmo; Turkish/Destek

NONFICTION

HOW TO TALK TO KIDS ABOUT ANYTHING: Tips, Scripts, Stories, and Steps to Make Even the Toughest Conversations Easier by Robyn Silverman, PhD

2023



National Bestseller

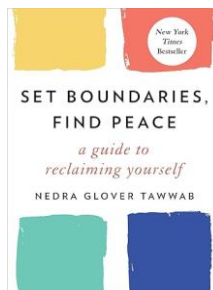
A step-by-step guide to answering your kids' toughest questions. In this book, Dr. Robyn takes you through the whole spectrum of kids' curious questions, giving you the strategies and scripts to prepare you for life's most challenging conversations. That way your kids get age-appropriate information straight from you, their trusted source, rather than from peers, the media, or the internet. You'll learn how to develop calm, well-thought-out answers to tricky questions on subjects including death, sex, friendship, money, and more. Drawing on the expertise of dozens of well-known experts, Dr. Robyn's decades of working with children and teens, and her personal experience as a mom, this book is a vital resource for parents who value having honest, meaningful conversations with their kids.

Rights sold: Arabic/Jarir; Chinese (simplified)/Green Beans; Czech/Audiolibrix; Estonian/Tammerraamat; Greek/Dioptra; Hungarian/Open Books; Italian/Sonda; Lithuanian/Liedykla Briedis; Romanian/Curtea Veche; Serbian/Public Prakikum; Slovak/Ikar; Ukrainian/Rostyslav Burlaka;

SET BOUNDARIES FIND PEACH: A Guide to Reclaiming Yourself

by Nedra Glover Tawwab

2021



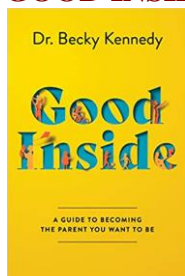
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End the struggle, speak up for what you need, and experience the freedom of being truly yourself. Healthy boundaries. We all know we should have them--in order to achieve work/life balance, cope with toxic people, and enjoy rewarding relationships with partners, friends, and family. But what do "healthy boundaries" really mean--and how can we successfully express our needs, say "no," and be assertive without offending others? Licensed counselor, sought-after relationship expert, and one of the most influential therapists on Instagram Nedra Glover Tawwab demystifies this complex topic for today's world. In a relatable and inclusive tone, *Set Boundaries, Find Peace* presents simple-yet-powerful ways to establish healthy boundaries in all aspects of life. Rooted in the latest research and best practices used in cognitive behavioral therapy (CBT), these techniques help us identify and express our needs clearly and without apology--and unravel a root problem behind codependency, power struggles, anxiety, depression, burnout, and more.

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GOOD INSIDE: A Guide To Becoming the Parent You Want To Be by Dr. Becky Kennedy

2022



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Dr. Becky Kennedy, the psychologist known as the “Millennial Parenting Whisperer” with over 2.3 million Instagram followers and a very active worldwide community, shares her groundbreaking approach to raising kids and offers practical strategies for parenting in a way that feels *good*, a model that prioritizes connecting with our kids over correcting them. Offering perspective-shifting parenting principles and troubleshooting for specific scenarios—including sibling rivalry, separation anxiety, tantrums, and more—*Good Inside* is a comprehensive resource for a generation of parents looking for a new way to raise their kids while still setting them up for a lifetime of self-regulation, confidence, and resilience.

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