

BLAAGI

LITERARY MANAGEMENT

FRANKFURT BOOK FAIR 2025

FICTION

- CRIME/MYSTERY/THRILLER
- GENERAL

NON-FICTION

- GENERAL
- CRAFT
- SPIRITUALITY & SELF-DEVELOPMENT
- SPORTS/FITNESS

FICTION-CRIME/MYSTERY/THRILLER

WHILE THE PATIENT SLEPT

By Mignon G. Eberhart; introduction by Lisa Unger

"The timing and gothic atmosphere are second to none in this classic mystery where the suspense steadily builds until the satisfying denouement"—**Publishers Weekly**

Eberhart's Nurse Keate was one of the first female detectives to be featured in a mystery novel alongside Christie's Miss Marple and Rinehart's Nurse Adams. Author of dozens of novels over 60 years, her work was the basis for nine films. Eberhart published her first novel in 1929; by the end of the 1930s she was one of the most popular mystery writers on the planet and received the Grand Master Award by the Mystery Writers of America for extraordinary lifetime achievement.

Penzler Publishers/American Mystery Classics * February 2026 * 312 pages

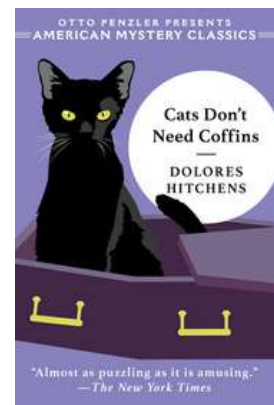


CATS DON'T NEED COFFINS

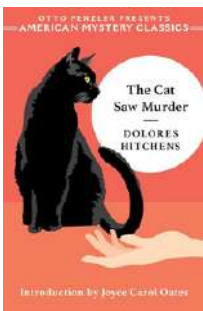
By Dolores Hitchens

Elderly cat fancier Rachel Murdock, *"an appealing Jessica Fletcher antecedent"* (**Publishers Weekly**), tackles a puzzling case in this vintage cozy mystery from a master of domestic suspense. Dolores Hitchens' Murdock mysteries forged the now common "cat cozy" sub-genre. Hitchens (1907–1973) was a highly prolific mystery author best remembered for *Fool's Gold*, adapted as *Bande à Part/Band of Outsiders* by Jean-Luc Godard.

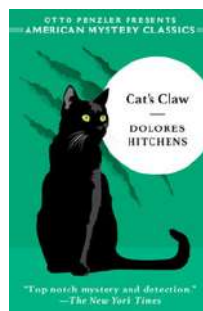
Penzler Publishers/American Mystery Classics*March 2026 * 264 pages



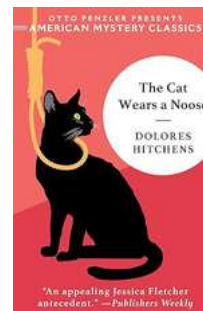
More classic cat cozies:



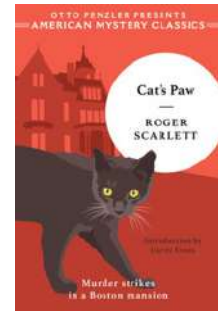
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OBELISTS FLY HIGH

By C. Daly King

"A thrilling story with a real surprise midway in the book, and a double-barreled shock at the end ... the reader's interest is never allowed to flag."—New York Times

A famous surgeon is murdered in mid-air with only his fellow airplane passengers as possible suspects in this closed circle mystery set aboard a transatlantic flight in the Golden Age of air travel. Will dashing detective Captain Michael Lord, shot while guarding the victim, survive the assault? Will anyone emerge alive from the plummeting aircraft? After WWI Army service, King trained in psychology at Yale and Columbia, wrote several psychology textbooks, and seven brilliant detective novels - inventing the word 'obelist' to characterize someone who harbors suspicions.

Penzler Publishers/American Mystery Classics*April 2026 * 312 pages



THE BAFFLE BOOK

By Randle McKay & Lassiter Wren; Introduction by G.T. Karber

- THE BOOK THAT LAUNCHED THE MYSTERY PUZZLE CRAZE of the early 1930s
- INTRODUCTION BY MURDLE CREATOR G.T. KARBER
- HOURS OF VINTAGE ENTERTAINMENT!

This is the book that launched the “solve-it-yourself” detective book craze of the 1920s and ’30s. Thirty (30) short crime problems incorporate all of the clues needed to find their solutions, including maps, charts, cryptograms, and additional illustrations—but it’s up to the reader to put all of this together and find out whodunit. (Correct answers included at the end of the book.)

Penzler Publishers/American Mystery Classics*February 2026* 312 pages



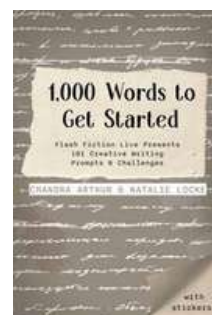
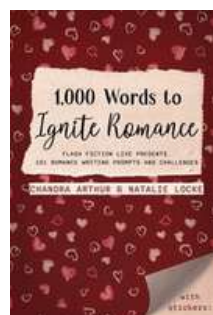
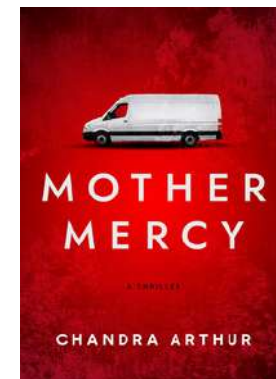
MOTHER MERCY

By Chandra Arthur

In this debut thriller a woman haunted by her past turns to murdering predators in the name of protecting the vulnerable. Abby doesn't know much about her family, and the memories she does have aren't great. She spends most of her time killing abusers to save their victims. By night, she researches her own history. What she discovers is a sad tale of heartbreak and murder - and suddenly her work and personal life become intertwined. She tries not to let the new lead get in the way of her work, but when work and personal life cross paths, it's never a good thing. Chandra is co-author of *1,000 Words to Get Started* and *1,000 Words to Ignite Romance*.

Inimitable Books* March 2026 * 300 pages

Also available by Chandra Arthur:



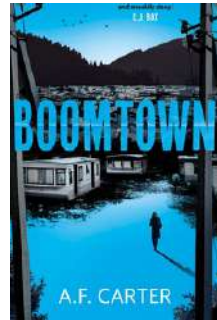
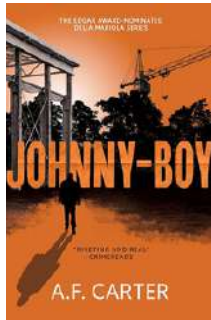
CARNEY

By A.F. Carter

An undercover agent must work to identify and disarm a group of corrupt cops in this latest entry in the Edgar-nominated Delia Mariola Series featuring a strong female protagonist, queer characters in leadership roles, and a gritty Rust Belt setting that confronts the social issues exacerbated by poverty and crime in middle America. A.F. Carter is also the author of *All of Us*.

Penzler Publishers/Mysterious Press * March 2026 * 288 pages

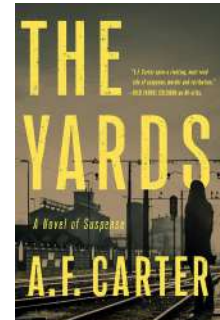
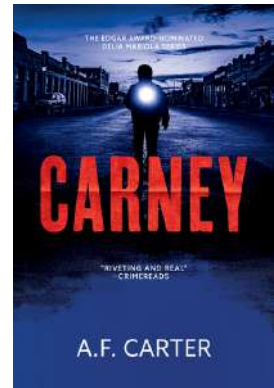
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German/ Polar Verlag

THANKS FOR WATCHING

By Kate Cavanaugh

Michelle Monroe's fifteen minutes of fame are almost up. After ten years as an online influencer and master scammer her internet stardom is blinking into oblivion. An invitation to an exclusive brand trip seems a good way to re-set, but she didn't anticipate witnessing the death of her frenemy at 30,000 feet. As the backstabbing turns literal, and more influencers die in strange and awful ways, the dwindling group can no longer deny that someone gathered them there to die This is Kate Cavanaugh's can't-put-it-down debut. Cavanaugh is active on both BookTube and AuthorTube, with 780 videos posted and nearly 50,000 subscribers.

Inimitable Books* April 2026 * 300 pages

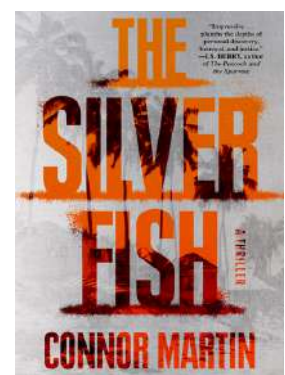


THE SILVER FISH

By Martin Connor

A journalist in Ghana is pulled into a dangerous struggle for control of the world's fiber optic cables. Martin's espionage debut exposes the dark underside of global technology, politics, and competition amongst superpowers in a rapidly changing part of Africa. Martin has worked in tech, government, and finance; born in London and raised in New York, he's lived in Hong Kong, Vietnam, and Ghana, and earned degrees from Princeton and Columbia

Penzler Publishers/Mysterious Press * April 2026 * 312 pages



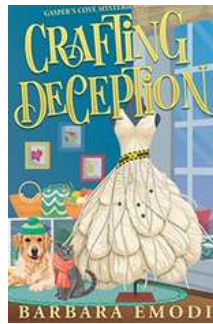
CRAFTING A KNOCK-OFF: Gasper's Cover Mysteries, Book 7

By Barbara Emodi

Follow Valerie Ruskin, a resourceful Nova Scotia crafter, as she navigates murder, corruption, and chaos while trying to establish a crafter's cooperative. Emodi, a sewing instructor with 30+ years of experience, is the author of six previous Gasper's Cove mysteries.

C+T Publishing * April 2026 * 240 pages

Also available by Barbara Emodi:



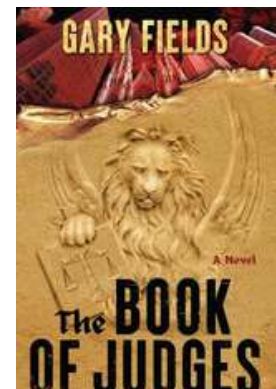
THE BOOK OF JUDGES

By Gary Fields

"...Deftly plotted and lightning paced...a masterful blend of modern-day thriller and historical fiction that rivets you from page one and never lets go."—**Sheldon Siegel, New York Times bestselling author of Special Circumstances**

For fans of Dan Brown, a debut contemporary thriller about a young lawyer thrust into a deadly search for an ancient secret with the power to steer the course of destiny. Fields has a law degree, degrees in mathematics & computer science, has designed computer systems for Fortune 500 companies, and built a law practice specializing in community associations.

She Writes Press* February 2026 * 256 pages



MERCY QUILT: A Waxahachie, Texas Quilt Mystery, Book 2

By Jeffree Wynn Itrich

A mysterious quilt, old medical equipment, a murder at a quilt retreat, and a new love interest thrust Emma Clayburne back into the life she left behind more than 30 years ago. Perfect for fans of cozy mysteries and small-town charm, Itrich immerses readers in real locations, rich traditions, and Southern comfort.

C+T Publishing*February 2026 * 272 pages

Also available by Jeffree Wynn Itrich:

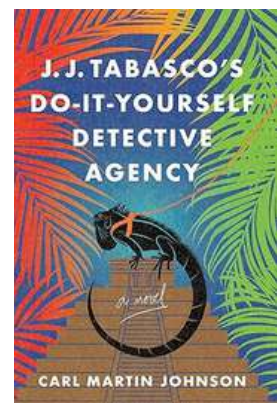


J.J. TABASCO'S DO-IT-YOURSELF DETECTIVE AGENCY

By Carl Martin Johnson

He's not the worst detective on the North American continent, but he's close. As an American expat in Cancun, Mexico, J. J. can't become a licensed private investigator so he's devised an ingenious "Do-It- Yourself" method: he instructs clients on how to find the information they need, they do all the legwork, he closes the case. For fans of Carl Hiaasen and Richard Osman, a rollicking mystery about a private detective who has managed to avoid working on his own cases—until now. Carl Martin Johnson was a combat journalist for *Soldier of Fortune* magazine; his fiction has been published in *Slice* magazine.

She Writes*February 2026 * 256 pages



THE DAUGHTERS

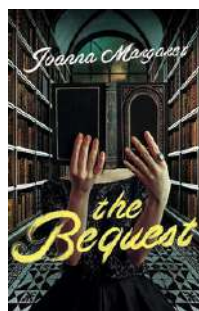
By Joanna Margaret

"Will appeal to lovers of Dan Brown and Elizabeth Kostova and other mysteries of old documents and historical figures" - Kirkus on The Bequest

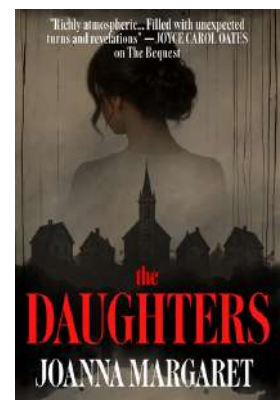
A grieving archivist uncovers a strange connection between a small town's history of witch trials and a string of recent disappearances in this new thriller that blends Gothic fiction, folk horror, and a dark academia atmosphere. From the author of *The Bequest*. The author is uniquely trained as both an historian and an archivist.

Penzler Publishers/SCARLET * March 2026 * 360 pages

Also available by Joanna Margaret:



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TO THE END OF RECKONING

By Joseph Moldover

"A touching and heartbreaking father-son story--Holmes and Watson written by John Irving."--Hank Phillippi Ryan

"The unusual Holmes-Watson pairing of father and son was pure delight."--William Kent Krueger

A traumatic brain injury leaves Dr. Richard Moore agitated and confused - but obsessively observant. When his neighbor's disappearance is ruled a suicide, he finds that conclusion unacceptable. Fixated on fragments of memory, Moore digs into the puzzle and is forced to confront secrets about the disappearance - and about his own injury. Moldover, a clinical neuropsychologist, is the author of the Young Adult novels *Every Moment After* and *Just Until*.

Penzler Publishers/MYSTERIOUS PRESS*April 2026 * 336 pages



GRANDMA'S LITTLE SECRET

By Becca C. Smith

Inspired by true events, Smith tells the story of one girl's life is changed forever when she foils a murder—and becomes a target herself. When imaginative eleven-year-old

Emma is an imaginative eleven year-old when her friends and family vacation on a remote island in the Pacific Northwest during the summer of 1985. But she soon starts dreaming of her loving Grandma on a killing spree and realizes those dreams were omens - there's more to the sweet matriarch than she thought. Smith is a prolific writer, with several published works across multiple genres. This is Smith's debut thriller, informed by the real story of her own great-aunt, a convicted murderess.

Inimitable Books*February 2026 * 275 pages

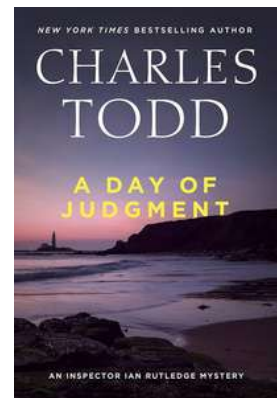


A DAY OF JUDGEMENT

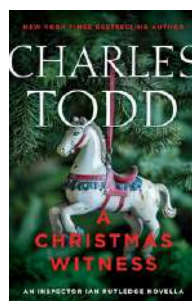
By Charles Todd

Set in the 1920s, Inspector Ian Rutledge of Scotland Yard travels to England's windswept coastline to investigate a murder. Himself a haunted veteran of The Great War, Rutledge's progress is complicated by the strong and stubborn memories of World War I that still run strong in the county of Northumberland. Can be enjoyed without knowledge of previous 24 books in the Inspector Ian Rutledge series. Todd is *The New York Times* bestselling author of the Rutledge mysteries, the Bess Crawford mysteries, and two stand-alones.

Penzler Publishers/MYSTERIOUS PRESS*February 2026 * 312 pages



Also available by Charles Todd:



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THE DELIVERY

By Andrew Welsh-Huggins

Freelance courier Mercury Carter races against time and across New England to rescue a trafficking victim in this gritty new thriller from the bestselling author of *The Mailman* (*Library Journal* star; Amazon Editor's Pick). Featuring little-known but fascinating branch of law enforcement, the Postal Inspection Service, Welsh-Huggin's lone-wolf hero appeals to fans of Jack Reacher, Colter Shaw, and Dez Limerick.

Penzler Publishers/MYSTERIOUS PRESS*March 2026 * 312 pages

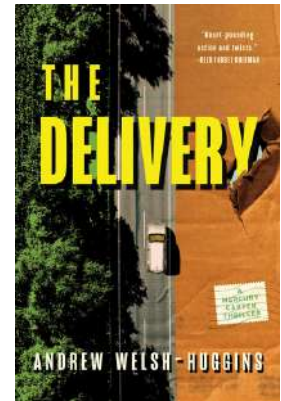
Also available by Andrew Welsh-Huggins:



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FICTION-GENERAL

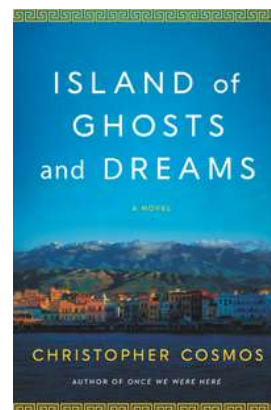
ISLAND OF GHOSTS AND DREAMS

By Christopher Cosmos

(English language rights only)

A woman from a small Greek village finds herself swept up in the long and storied history of her island in this unforgettable story of love, passion, and resistance. When mainland Greece falls to the Germans despite incredible and heroic resistance, the Greek government flees south to Crete - the ancient island of Gods and Kings. But even there, occupation, tragedy, and betrayal follow. Cosmos is the bestselling author of *Once We Were Here*, *Young Conquerors*, and *The Rise*.

Pegasus * March 2026 * 304 pages

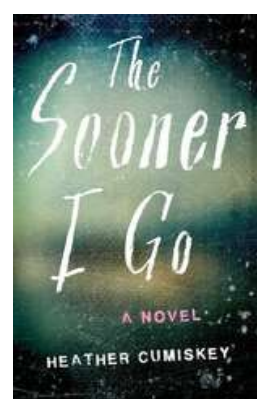


THE SOONER I GO

By Heather Cuminskey

For fans of Colleen Hoover and Paige Toon, Cuminskey's enemies-to-lovers rollercoaster focuses on the fragility of trust and the courage it takes to heal. Heather Cuminskey is the award-winning author of the popular YA crossover titles *I Like You Like This* and *I Love You Like That*.

She Writes Press * March 2026 * 256 pages



Also available by Heather Cuminskey:

"Hannah's story is primo, and the surprise twist of the epilogue will have readers stoked with anticipation for a sequel. Overall, a tubular story for readers looking for their next great melodramatic love story."--Kirkus



"Not only an excellent portrait of teen life in the mid-'80s, but also a fun homage to cultural touchstones like *Miami Vice*...A teen tale that avoids easy answers while gliding to a confident landing"--Kirkus

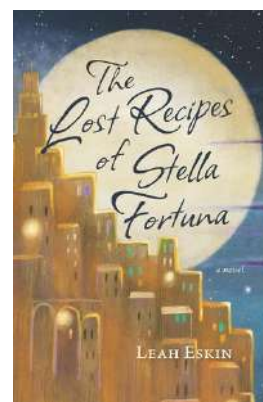
THE LOST RECIPES OF STELLA FORTUNA

(English and Dutch language rights only)

By Leah Eskin

When the Nazis invade, Stella Fortuna flees her Italian hometown of Pitigliano, dodging Fascists and dreaming of the food that represented an entire culture in danger. Meanwhile, In 1960s Westchester, Edda Servi Machlin is an immigrant and housewife trying to make sense of a new culture where "spaghetti and meatballs" passes for Italian cuisine. Braided between these two remarkable stories - which are, in fact, the same story - are more than forty recipes (updated for today's cooks) inspired by the life and example of Edda Servi Machlin, author of longtime bestseller *The Classic Cuisine of the Italian Jews*. Eskin is a food columnist, journalist, and author whose acclaimed column, "Home on the Range" runs weekly in the major news outlets.

Levine Querido* April 2026* 224 pages

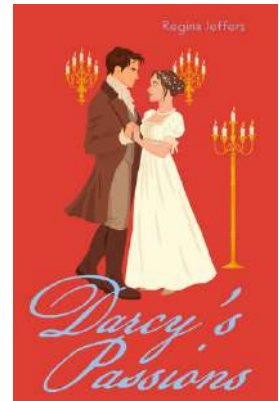


DARCY'S PASSIONS

By Regina Jeffers

Award-winning author Jeffers reimagines one of the most iconic love stories of all time through Mr. Darcy's eyes. Jeffers has been a Smithsonian presenter and been awarded the Daphne du Maurier Award for Excellence in Mystery/Suspense.

Ulysses Press* February 2026* 500 pages



FANCY MEETING YOU

By Louise Marburg

*"Marburg's characters find themselves in lives they don't quite recognize, searching for signposts that can lead them forward or tell them who they are... These characters are as quirky as they are full of heart. Even in the thralls of defeat, these stories traffic in hope."--
-The New York Times*

'Fleabag' meets *Bridget Jones' Diary* in debut about coming-of-age in middle-age. Wildly inappropriate, sarcastic, and packed with jaded wisdom, heroine Laura Harrigan is a snarky, involuntarily unmarried woman, and deeply self-absorbed. Each chapter marks Laura's encounter with a new character offering their own brand of wisdom or judgement or wacky opinion. Through these encounters and entanglements, Laura gathers bits and pieces of the self-knowledge she is lacking. Marburg is the author of three short story collections, was a scholar at Sewanee, and a fellow at Kenyon.

Blair * June 2026 * 288 pages



INHERITANCE

By Jane Park

(English language rights only)

A young woman returns to the prairies, where she revisiting her immigrant childhood and confronting a haunting guilt. Park's debut resonates as she deftly explores the immigrant experience, the sacrifices made by parents and children, and how trauma transfers to the next generation.

Pegasus * April 2026 * 304 pages



NON-FICTION-GENERAL

THE UNOFFICIAL K-POP DEMON HUNTERS ACTIVITY BOOK: Games, Quizzes, Trivia, and More to Unleash Your Inner Idol!

The essential activity book for fans who can't get enough of *K-Pop Demon Hunters* - the movie that took Netflix by storm, becoming its most watched movie ever—animated or otherwise—with more than 236 million views and ranked in the Netflix Top 10 in over 90 countries, showcasing massive global reach. While led by younger viewers, the film has become a cross-demographic hit popular with both children and adults in every culture. Packed with quizzes, puzzles, drawing prompts, trivia, and journaling space, this interactive love letter to KPDH celebrates both its onstage glamour (outfits, choreography, and fan chants) and its on-screen battles (weapons, demons, and heroic moves). You'll find plenty of supernatural fun in sketching stage outfits worthy of a demon slayer, thinking up new storylines for the sequel, searching for favorite lyrics, testing your knowledge of key moments from the movie, and more. The perfect keepsake or gift for KPDH's passionate fanbase.

Blair* December 2025 * 48 pages



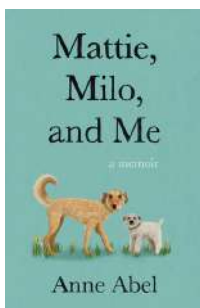
FUR MAMA: How I Found My Best Life by Adopting an Ex-Racehorse and a Shelter Dog

By Diana DuPont

Successful career woman DuPont opens her heart and her home to rescue animals, discovering the undeniable power of the human-animal bond. World-famous art curator, writer, and “Fur Mama,” Diana DuPont lives with rescue pets on her farm at her Indiana farm sanctuary.

Trafalgar* October 2025 * 360 pages

Also available for animal lovers:



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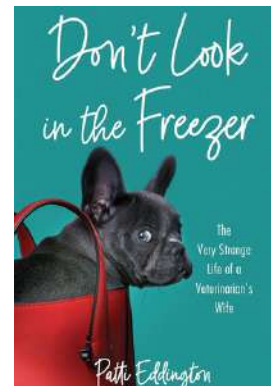
DON'T LOOK IN THE FREEZER: The Very Strange Life of a Veterinarian's Wife

By Patti Eddington

For fans of *All Creatures Great and Small* and *Marley & Me*, loving and long-suffering Eddington recounts what it is like to be the only person in a small family who is not employed in the veterinary profession. Eddington is a former journalist and the author of *The Girl With Three Birthdays*.

She Writes Press * April 2026 * 256 pages

Also available by Patti Eddington:



THE MOST WONDERFUL TERRIBLE PERSON

By Debra Miller

In this true crime memoir, Miller gives us a daughter's unflinching account of the infamous California murder trial of her own mother, Lucille Miller, and the decades of emotional wreckage left in its wake. With forensic precision and fresh insight, Debra explores the motives and unravels the twisted psyche behind the crime that inspired Joan Didion's iconic essay 'Slouching Toward Bethlehem.' Debra was fourteen years old when her mother was convicted of murdering her husband (Debra's father) in a staged car fire in 1964. Despite an adolescence shaped by a monstrous mother and unbearable notoriety, she explores trauma, addiction, and resilience with brutal honesty and demonstrates that healing is always possible—even in the face of a past that just won't let go.

She Writes Press * March 2026 * 256 pages



BLACK BEAR: A Story of Siblinghood and Survival

By Trina Moyles

(English language rights only)

Moyles' dazzling memoir about her coexistence with bears in the Canadian boreal forest is also a singular meditation on sibling loss. Her debut book, *Women Who Dig: Farming, Feminism, and the Fight to Feed the World* is currently being adapted into a documentary; *Lookout: Love, Solitude, and Searching for Wildfire in the Boreal Forest*, her memoir about working as a fire tower lookout in northwestern Alberta, won the National Outdoor Book Prize.

Pegasus * January 2026 * 304 pages



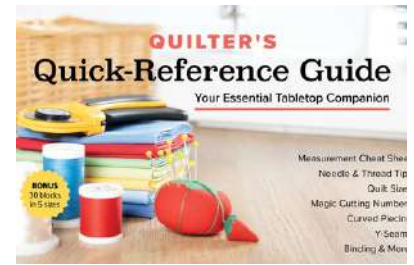
NON-FICTION-CRAFT

QUILTER'S QUICK-REFERENCE GUIDE: Your Essential Tabletop Companion Measurement Cheat Sheet, Needle & Thread Tips, Quilt Sizes, Magic Cutting Numbers, Curved Piercing, Y-Seams, Binding, and More!

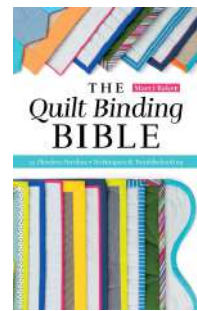
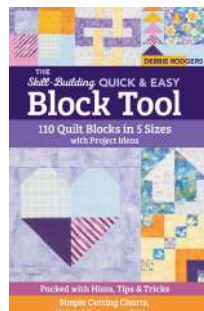
By C+T Publishing

This flip-friendly tabletop tool is packed with essential quilting info, color-coded tabs, larger print, and bonus block diagrams on the back of every page. Made for quilt makers by quilt makers on the C+T creative team.

C+T Publishing* April 2026 * 240 pages



Other C+T reference titles available:

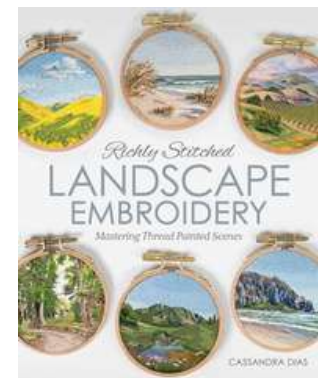


RICHLY STITCHED LANDSCAPE EMBROIDERY: Mastering Thread Painted Scenes

By Cassandra Dias

Discover the art of stitching majestic, swirling landscapes that evoke the beauty of oil paintings. Learn to stitch every element of nature--from soft clouds and towering mountains to flowing grasses and crashing waves. Design your own breathtaking vistas or follow seven detailed landscape patterns, step-by-step tutorials and clear photos to guide you every step of the way. Dias is a master embroidery artist.

C+T Publishing/Stash Books* April 2026 * 160 pages



EMBROIDERED INTERIORS: Stitch 11 Charming Spaces; Skill-Building Techniques

By Penny Dowdell

This guide to stitching lifelike home spaces is perfect for all stitch levels. Ten room patterns are presented with stunning photography, project variations, detailed color guides, and step-by-step instructions. A comprehensive stitch library makes it perfect for beginners and experienced stitchers alike. Dowdell is a master embroidery artist living and working in Taiwan.

C+T Publishing/Stash Books* February 2026 * 144 pages



ULTIMATE ENCYCLOPEDIA OF FABRICS & UNCONVENTIONAL MATERIALS: Sew with 100+ Materials from Tricky to Tame By Annye Driscoll

Packed with essential information about how to cut, pin, sew, and finish a wide range of difficult materials. With this resource, even the most challenging materials become manageable and fun to work with. Driscoll has won multiple best-in-show awards and been published in *Entertainment Weekly* and *Marvel Becoming*.

C+T Publishing* March 2026 * 240 pages



Also available:



21 DAYS TO LEARN TO KNIT: Daily Practice, Step-by-Step Instructions, 8 Projects

By Claudia Laplante

Go from complete beginner to confident knitter in just 21 days! Learn essential techniques and stitches through clear, illustrated, step-by-step tutorials. The book follows Laplante's proven formula: two days of learning, one day of goal-oriented practice, and one day for finishing touches.

C+T Publishing/Stash Books* February 2026 * 128 pages



Also available:



COZY QUILTS FOR THE MODERN HOME: 16 Seasonal Projects

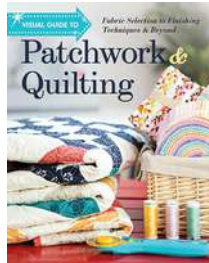
By Abby Luchsinger

This year-long quilting companion presents 16 projects, four for each season. Projects range in skill level and complexity making it perfect for beginners and lifelong quilters alike. Luchsinger is a designer for Art Gallery Fabrics, and owner of Abby Maed Designs.

C+T Publishing/Stash Books* January 2026 * 128 pages



Also available:



THE MENDING HANDBOOK: Repair and Restore Fabric and Textiles

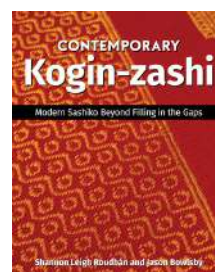
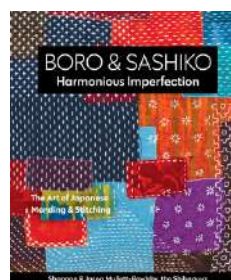
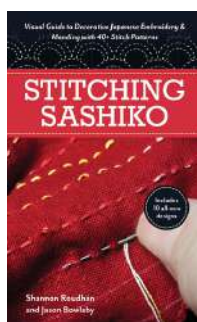
By Shannon Leigh Roudhán and Jason Bowlsby

Transform your mending pile into a wardrobe refresh with expert tips for tricky fabrics, creative fixes, and no-sew solutions that ensure you're ready for any repair. Detailed instructions and 50 embroidery and mending stitches can turn your darning & mending work into a modern, stylish art form. The authors have published ten bestselling books on crochet and knitwear.

C+T Publishing/Stash Books* April 2026 * 128 pages



Also available:



STUMPWORK STUDIO: Mastering 3-D Embroidery-- 15 Realistic Nature-Inspired Projects to Stitch

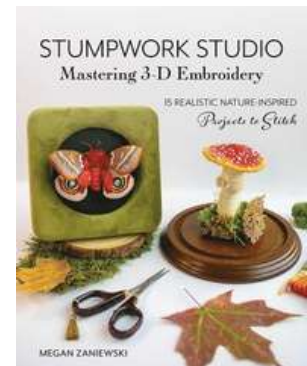
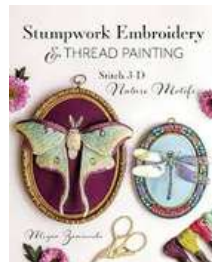
By Megan Zaniewski

Zaniewski's highly-anticipated second book teaches stumpwork (natural world) embroidery techniques with clear step-by-step instructions.

Zaniewski is a embroidery master artist whose combinations of beading, thread painting wires, felting, and fabric manipulation have been featured in Colossal and Modern Met, in group exhibitions, and displayed in group exhibitions and personal collections worldwide.

C+T Publishing/Stash Books* March 2026 * 160 pages

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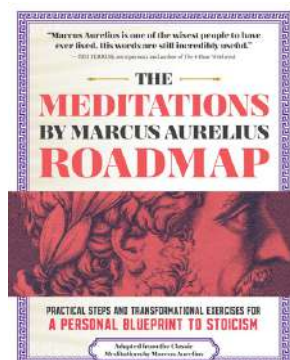


NON-FICTION-SPIRITUALITY & SELF-DEVELOPMENT

MEDITATIONS BY MARCUS AURELIUS ROADMAP: A Daily Workbook for Modern Stoics

Old is New: Marcus Aurelius' *Meditations* endures as one of the most powerful works on the philosophy of stoicism ever written: print sales of *Meditations* are up 28%; 'The Daily Stoic' podcast has 150+ million downloads. His concept of stoicism focused on the only thing each of us can control, ourselves, to develop peace of mind amidst worldly stress and anxiety. This book transforms that ancient wisdom into real-life application, providing practical tools for navigating stress, relationships, and decision-making in the modern world. The unique roadmap treatment breaks down key passages, offers thought-provoking prompts, and provides space for journaling/personal interpretation.

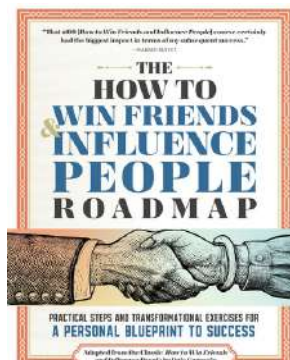
Bluestone * January 2026 * 144 pages



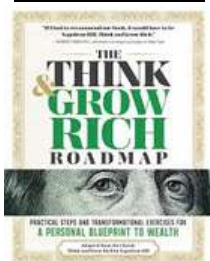
THE HOW TO WIN FRIENDS AND INFLUENCE PEOPLE ROADMAP: Practical Steps and Transformational Exercises for a Personal Blueprint to Success

One of the bestselling self-help books of all time, Dale Carnegie's classic has sold over 30 million copies worldwide, been translated into dozens of languages, and remains one of the bestselling self-help books of all time. This easy, brilliant roadmap treatment uses the specific wisdom from Carnegie's original book as its foundation, guiding readers step-by-step through his timeless lessons, breaking down each principle with space to reflect, exercises to apply new skills, and real-world scenarios to help readers and will be published within a few months of the work entering the public domain 1st January 2026.

Bluestone * April 2026 *144 pages



Also available:



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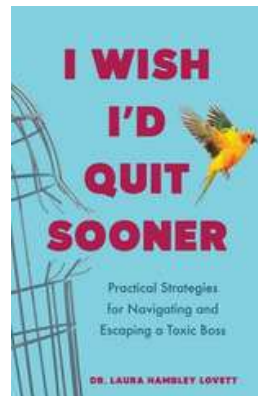
Portuguese (Brazil)/Harper Collins Brasil,
Portuguese/Lua De Papel, Serbian/Vulkan,
Spanish/Altamarea, Vietnamese/Á Châu Books

I WISH I'D QUIT SOONER: Practical Strategies for Navigating and Escaping a Toxic Boss

By Dr. Laura Hambley Lovett

Basically, what to do when your boss is an idiot. This is a practical guide by a leader in the organizational psychology field is for anyone suffering under a toxic boss. Learn to navigate, escape, recover, and take back control of your career. Lovett is an organizational psychologist, keynote speaker, business leader, adjunct professor of psychology, and host of the podcast 'Where Work Meets Life.'

She Writes Press* January 2026 * 256 pages



THE MAGIC OF OVERTHINKING: A Journal for Harnessing the Power of Your Anxiety

By Therese Walsh

Anxious people fight their inner demons daily; despite the courage this takes, anxiety has always been considered a weakness. In point of fact, anxious people are more in touch with their emotions, proficient in following their instincts, and ready for anything thanks to that lifetime of inner struggle. This book shifts the perspective for consumers looking for empowering self-reflection, techniques for using anxiety as an advantage, tips for keeping anxiety in that sweet spot between too little and too much, and developing a sense of pride in who they are and who they can become as individuals, anxiety and all.

Bluestone* February 2026 * 128 pages



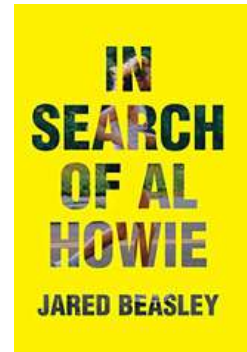
NON-FICTION-SPORTS/FITNESS

IN SEARCH OF AL HOWIE: The Man Who Could Run Forever

By Jared Beasley

The story of Al Howie is an adventure into one of modern history's most eccentric ultra-marathon runners whose distance made him a legend - and whose demons made him human. Al Howie's life was as enigmatic as his runs. Based on interviews with Howie himself during his final two years (he died in 2016), Beasley has crafted a brilliantly revised edition of the bio published by Rocky Mountain Books in 2019 - named as one of *Kirkus'* Best Books Of The Year. Al Howie was born in Scotland, but did most of his running in North America, Canada in particular. Beasley is a journalist and author of *The Endurance Artist* (80/20).

80/20 Publishing * March 2026 * 280 pages

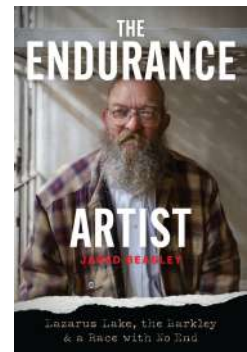


THE ENDURANCE ARTIST: Lazarus Lake, the Barkley, and a Race with No End

By Jared Beasley

A rare look into an enigmatic accountant from Tennessee's backwoods who morphs into Lazarus Lake, the world's most notorious race maker. Laz calls into question our obsession with winning and fairness, success and failure, and whether these ideas handicap potential.

80/20 Publishing * October 2025 * 280 pages



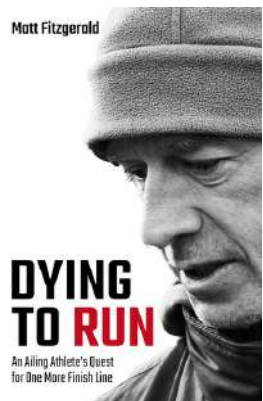
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DYING TO RUN: An Ailing Athlete's Quest for One More Finish Line

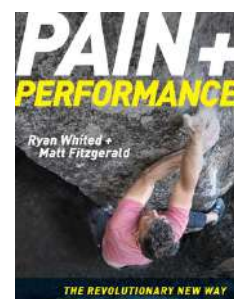
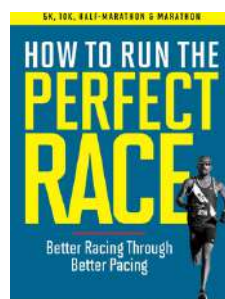
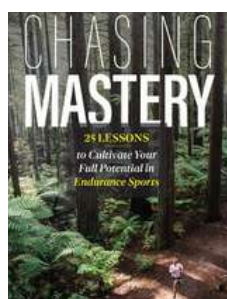
By Matt Fitzgerald

Sports psychology becomes deeply personal in this exploration of why we push ourselves and the fallout that occurs when it all comes to an abrupt halt. COVID-19 and then Long Covid sidelined Fitzgerald after he placed 14th at the 2020 Atlanta Marathon. Nearly four years later, resolved to return to racing, Fitzgerald ran the Javelina Jundred. A prolific and bestselling author, Fitzgerald is also a coach at his Dream Run Camp in Flagstaff, Arizona which hosts and coaches runners of all ages and levels of competition. A documentary based on *Dying to Run* is in production.

80/20 Publishing * August 2026 * 256 pages



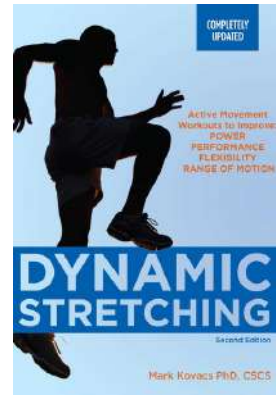
Also available::



DYNAMIC STRETCHING: Active Movement Workouts to Improve Power, Performance, Flexibility, and Range of Motion **By Mark Kovacs, PhD**

Kovacs teaches you how to effectively prepare your body for physical activity while simultaneously improving strength, power, speed, agility, and endurance. Now with more than 70 exercises illustrated with step-by step photos will maximize your workouts and take your athletic abilities to the next level. Kovacs is an NCAA tennis champion with a PhD in exercise physiology, and coach to elite athletes.

Velo Press * January 2026* 160 pages with black and white photos



THE SKIING BUCKET LIST: 103 Ideas to Inspire Every Skier **By Patrick Thorne**

Take your love of skiing to the next level with more than 100 bucket list experiences that will transport you to iconic ski resorts, famous slopes, and cozy lodges around the world. This celebration of the thrill and passion of ski culture and ensures that even though the ski season may only last for a few winter months, the wonderful world of snow sports is available on your bookshelf year-round. Thorne is a global ski writer who has skied 250+ resorts and lives in Scotland.

Velo Press* January 2026* 208 pages



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