

Frankfurt 2025

Nonfiction Rights Guide

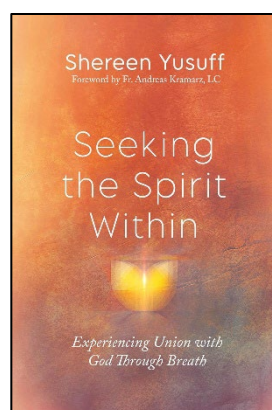
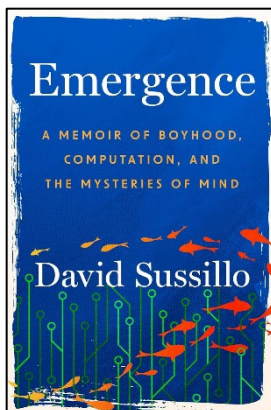
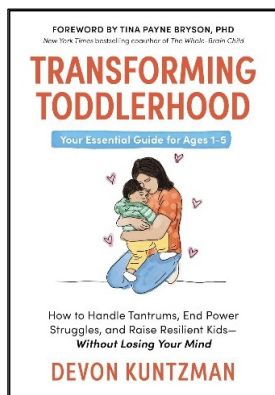
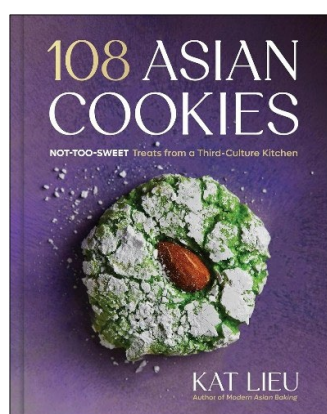
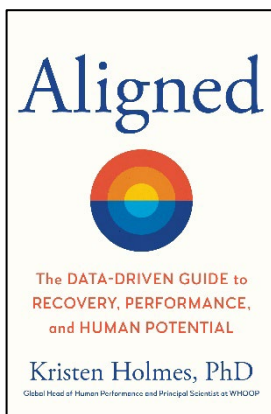
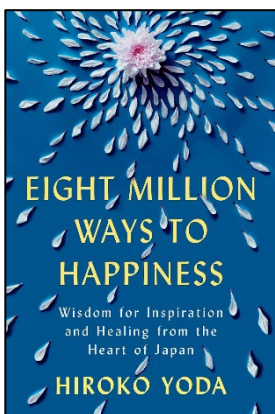


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Gabrielle Bernstein

MOTIVATIONAL / SELF-HELP / SPIRITUAL

SELF HELP

THIS IS YOUR CHANCE TO CHANGE YOUR LIFE

NYT Bestseller!

#1 *New York Times* best-selling author Gabrielle Bernstein charts a path to healing that can literally change your life—a simple, powerful method informed by Internal Family Systems (IFS) Therapy.

In this groundbreaking book, Gabby demystifies the power of Internal Family Systems (IFS) Therapy, taking its life-changing teachings out of the therapist's office and into your everyday life. You'll discover how extreme patterns like addiction, rage, pleasing, or constant self-judgment often develop as ways to suppress old feelings of inadequacy, shame, or fear. Once you bring these patterns into the light and care for them, healing happens swiftly.

IFS is an evidence-based form of psychotherapy that's built on the premise that the mind is naturally made up of multiple parts like subpersonalities. IFS teaches that all our big feelings, thoughts, sensations, behaviors, reactions, and patterns are not *who we are* but are instead *parts of who we are*. We're not one mono person.

True to her gift, Gabby has translated the principles of IFS into a relatable, step-by-step practice. She guides you through a simple 4-step process to help you compassionately care for yourself, resolve inner conflicts, and transform your self-perception. As you learn to approach your own behaviors, thoughts, and beliefs with curiosity, love, and understanding, you'll start to see yourself through the lens of self-compassion, clearing space for miraculous shifts.

THE AUTHOR

Gabby Bernstein is the **#1 *New York Times* best-selling author** of 10 books. In her weekly podcast, *Dear Gabby*, she offers real-time coaching, straight talk, conversations about personal growth and spirituality.

HAPPY DAYS (Hay House 2022): Czech: Grada. **Dutch:** Bruna. **French:** Trédaniel. **German:** Europa. **Hungarian:** Edesviz Kiado. **Italian:** Il Punto d'Incontro. **Polish:** Kobiece. **Romanian:** Bookzone.

SUPER ATTRACTOR (Hay House, 2019): Arabic: Jarir Bookstore. **Brazil:** Alaúde. **Complex Chinese:** ACME. **Croatian:** Planetopija. **French:** Trédaniel. **German:** Goldmann. **Hungarian:** Edesviz Kiado. **Italian:** ROI Edizioni. **Polish:** Kobiece. **Romanian:** Trei. **Russian:** Eksmo. **Serbian:** Publik Praktikum. **Slovene:** nistica. **Spanish (Spain):** El Grano de Mostaza. **Spanish (US and Latin America):** Oceano Mexico. **Swedish:** Bra Forlag. **Vietnamese:** Tre.



Hay House, 2024
World English
240 pages

Brazil: VR. **Complex Chinese:** ACME. **Croatian:** Stilus Knjiga. **Dutch:** Bruna. **French:** Trédaniel. **German:** Goldmann. **Greek:** Iviskos. **Hindi:** PRH India. **Korean:** Bulkwang. **Marathi:** MyMirror. **Polish:** Kobiece. **Portugal:** Farol/PRH. **Romanian:** Bookzone. **Spanish:** Oceano Mexico. **Swedish:** Bra Forlag. **Thai:** Namwee. **Ukrainian:** Bookchef.

John Birdsall

GASTRONOMY HISTORY

WHAT IS QUEER FOOD?

HOW WE SERVED A REVOLUTION

A celebrated food writer's expansive, audacious excavation of the development of modern queer identity and food culture.

Food in America and Europe has long been shaped, twisted, and upended by queer creatives. Beloved food writer John Birdsall fills the gap between the past and present, channeling the twin forces of criticism and cultural history to propel readers into the kitchens, restaurants, swirling party-houses, and humming interior lives of James Baldwin, Alice B. Toklas, Truman Capote, Esther Eng, and others who left an indelible mark on the culinary world from the margins.

With cinematic verve and prose that dazzles, WHAT IS QUEER FOOD? is a monumental work: a testament to food's essential link to a modern queerness that reveals how, like fashion or tastes in music, food has become a language of LGBTQ+ identity.

PRAISE

"Combining a novelistic imagination with razor-sharp analysis, Birdsall fills in historical gaps to highlight the resiliency of queer people and the cast the culture of food and dining as an unlikely but powerful symbol of resistance. Readers will be eager to dig in."
—**Publishers Weekly** (starred review)

"Delectable, delightful, delovely! Birdsall's genius has given us a queer chronicle, full of both famous names and untold stories, revealing the subversive secret life of food in America. And done with all the charm and wit of M. F. K. Fisher—a seemingly effortless feast of the senses."

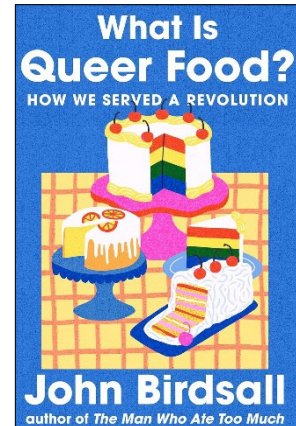
—**Andrew Sean Greer**, Pulitzer Prize-winning author of *Less*

"Warm and generous, precise and exacting, this book is one of a kind, tied together by Birdsall's knowingness and generosity. An absolutely gorgeous work."

—**Bryan Washington**, author of *Family Meal*

THE AUTHOR

John Birdsall is the author of *The Man Who Ate Too Much: The Life of James Beard* and is the recipient of two James Beard Awards for food and culture writing. He lives in Tucson, Arizona.



W. W. Norton & Co.

June 3, 2025

World English

304 pages

Michelle Davenport

SCIENCE/COOKBOOK

WATER BASED COOKING

THE SCIENCE AND ART OF SLOW AGING
THROUGH FOOD

Discover the transformative power of water based cooking and unlock your healthiest, most vibrant self yet.

A groundbreaking new approach to health, longevity, and delicious cooking—the debut science cookbook from nutrition scientist, registered dietitian, and beloved Instagram voice Dr. Michelle Davenport (@drmichelledavenport).

The latest discoveries in longevity research are all coalescing around one finding: water based cooking is the most powerful way to improve (and even reverse) age-related diseases and restore long-term health. The evidence-based secret lies in cooking with water to minimize Advanced Glycation End Products (AGEs), the harmful compounds formed by dry, high-heat cooking. AGEs trigger inflammation, insulin resistance, collagen breakdown, and accelerate cellular and total body aging.

Water based cooking, an age-old culinary method now scientifically proven to profoundly improve health, has been largely forgotten in the modern kitchen. In this revolutionary cookbook featuring 90 flavorful, beautifully photographed recipes inspired by Asian and global cuisines, Dr. Davenport combines cutting-edge, peer-reviewed nutrition research with timeless culinary traditions passed down through generations—from her 96-year-old grandmother, to her mother, and now to her. She finds inspiration from many childhood broth-filled favorites like Pho Ga, an aromatic chicken noodle soup; her viral recipe for Zheng Dan, a silky three-ingredient steamed egg custard; and a fennel-saffron poached halibut found in variations around the world.

THE AUTHOR

Dr. Michelle Davenport is a nutrition scientist and registered dietitian. She holds a PhD in Nutrition from New York University and clinically trained as a dietitian at the internationally acclaimed University of California, San Francisco. She is dedicated to translating cutting-edge nutrition science into practical tips for living longer, healthier lives. Dr. Michelle is the founder of the popular Instagram account @DrMichelleDavenport, where she teaches over 275,000 people how to slow age through water-based cooking. She lives with her physician husband and two children in the San Francisco Bay Area.



Avery/PRH

2027

Proposal available/MS

Fall 2026

60,000 words, 90
recipes, hardcover,
4-color

UK: Hay House UK.

Markham Heid

SOCIAL PSYCHOLOGY / TIME MANAGEMENT

THE HABIT TRAP

HOW A BREAK FROM ROUTINES CAN REBALANCE YOUR LIFE

A dogma-challenging book that reveals the ways our routines can limit us, why the pursuit of “optimal” holds us back and explores how we can free ourselves to live fuller and more creative lives.

Habits, it’s often claimed, are the key to unlocking your best self. Improve your routines – making each day a little better, even 1% better, than the last – and you will gradually optimize your life. **But after writing about this topic for over a decade, Markham Heid knows there’s a dark side to habit-traps.**

Modern life seems almost intent on stuffing us into ever-smaller boxes of habitual behavior: bestselling books tout the power of habits to fix all that’s broken in our lives; our reliance on technology designed with the intention of hooking users has only grown; and the globalized workforce has prioritized long-hours of checking emails, entering data, and performing rote exercises. The answer to every problem – the ultimate life hack – seems to be “stronger routines” and “better habits,” as though our existence were no different from a Toyota assembly plant.

When taken to their extreme, habits and routines are suffocating. Humans are hardwired for exploration and novelty, and relying on habits can stifle our natural inclinations toward creativity and curiosity.

In THE HABIT TRAP, Heid uses equal parts research, interviews, and personal narrative, to unpack society’s reliance on routine and prove that habits have slowly withered our brains, negatively affecting our curiosity and creativity. Exploring the fields of neuroscience, business, and behavioral psychology, Heid explains how we can rebalance our lives in an embrace of spontaneity and adventure – both big and small – to escape the pitfalls of routine.

THE AUTHOR

Markham Heid is an award-winning health and science journalist. He’s a regular contributor at *Time* magazine and *The New York Times*, and he’s followed by more than 360k readers on Medium. A former staff writer for *Men’s Health* magazine, Heid later spent four years writing a weekly health column for *Time*. His work has appeared in *Vice*, the *Financial Times*, *NBC News*, *Fox News*, *The New York Times*, *Popular Mechanics*, *Travel & Leisure*, *Men’s Journal*, *Playboy*, *Sports Illustrated*, and many other national outlets. A native of Michigan, Heid currently lives in southwest Germany with his wife and kids.



HarperCollins
January 2027
Proposal available /
MS March 2026
65k-85k words

UK: HQ/HarperCollins.

Complex Chinese:
Heliopolis. **Dutch:** Ambo
Anthos. **German:** Campus.
Italian: Mondadori.
Korean: Influential.
Romanian: Publica.
Spanish: Montena/PRH
Spain.

Kristen Holmes

HEALTH / WELLNESS / SCIENCE / PERFORMANCE / LONGEVITY

ALIGNED

THE DATA-DRIVEN GUIDE TO RECOVERY, PERFORMANCE, AND HUMAN POTENTIAL

We often equate peak performance with relentless effort—early mornings, intense workouts, and unwavering discipline. But what if the true catalyst for excellence lies not in exertion, but in restoration?

Pulling from one of the world's largest physiological datasets and more than two decades of experience operating in high-stakes, high-stress environments, Holmes makes a compelling case: your downtime is your competitive advantage.

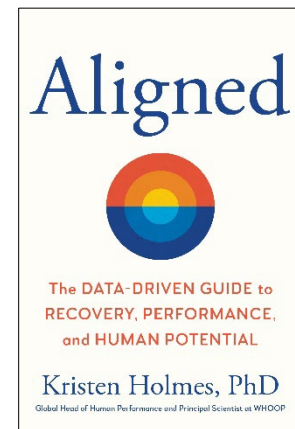
Dr. Kristen Holmes, psychophysiological and Global Head of Human Performance at WHOOP, challenges conventional wisdom by revealing that recovery is not a luxury—it's a necessity. She demonstrates that aligning with our body's natural rhythms is the key to unlocking sustained vitality and presence, and bridges the gap between cutting-edge science and practical application. You'll discover how to:

- **Align with your biological rhythms:** Learn how circadian alignment affects hormonal health, cognitive function, sleep quality, and emotional well-being, and how to synchronize your daily routines and live with more joy and energy.
- **Decode the science of recovery:** Understand why recovery isn't a luxury but a necessity, and how metrics like Heart Rate Variability (HRV) and sleep consistency are critical indicators of resilience and readiness.
- **Shape your emotional resilience:** Explore Dr. Holmes's innovative frameworks—HEAL (Heart, Energy, Autonomy, Love), TEAM (Time, Expectations, Attachments, Memory), and PEAC (Purpose, Efficacy, Autonomy, Connection).

Whether you're an elite athlete, a corporate leader, or someone seeking deeper meaning in your life, ALIGNED serves as a field guide to living at full capacity, in tune with both body and mind.

THE AUTHOR

Kristen Holmes is a psychophysiological and the Global Head of Human Performance at WHOOP, where she drives thought leadership by engaging with industry-leading researchers and partners to better understand individual and team biometric and performance data across high stakes verticals. Kristen was a 3x All American and 2x Big 10 Athlete of the year at the University of Iowa. She is one of the most successful coaches in Ivy League history. She is a Ph.D. candidate in Psychology at the University of Queensland and holds a B.A. in Political Science from the U. of Iowa.



Avery / PRH
August 25, 2026
Manuscript available
288 pages

UK: Ebury

Malaurie Hotier

MIND/BODY/SPIRIT

THE AFTERLIFE, EXPLAINED

A DOWN-TO-EARTH APPROACH TO YOUR
SOUL'S UNIVERSAL JOURNEY

In **THE AFTERLIFE, EXPLAINED**, Malaurie (@malauriepsychic on IG) shares first-hand accounts from clients, encounters with souls on the other side, and research-backed insights into what death can teach us about life. In a space often dominated by the ethereal and abstract, Malaurie's voice is refreshing: real, rational, and compassionate.

With over **307,000 followers** across platforms, a thriving paid membership community, and a 5-year waitlist for her readings, Malaurie has become a trusted voice for people navigating grief, seeking clarity, and wondering what comes next. Her debut book is a grounded, practical guide to what happens when we die, drawing from both her intuitive experiences as a medium and her reverence for science.

This is a book for the millions of people grieving each year, and the even larger number who fear death or feel disconnected from the idea of something greater. Malaurie meets them where they are—and then gently expands what they think is possible.

THE AUTHOR

Malaurie Hotier is a psychic and medium dedicated to providing a down-to-earth approach to the spiritual world. Through her work, she aims to demystify spirituality, offering clear and honest perspectives that cut through the noise.

Malaurie is unique among intuitives because she believes in both the power of conventional science (including vaccines) and social justice while also embracing more spiritual concepts like reincarnation, ghosts, and signs from the universe. In addition to offering 1:1 sessions (which are fully booked with an extensive waitlist), Malaurie hosts retreats, sells guided meditations on her website and recently launched The Club, an online membership community that hosts live events, workshops, Q&A sessions, and group readings for over 250 members.



**Dey Street / HarperCollins
North American
Spring 2027
Proposal available / MS
Summer 2026**

Bea Johnson

LIFESTYLE

HANDCRAFTED HOME

THE ULTIMATE GUIDE TO MAKING
ESSENTIALS BY HAND

Author of *Zero Waste Home* Bea Johnson's **HANDCRAFTED HOME**, (@zerowastehome) advocating a handmade, versus a ready-made, lifestyle, including line drawings and photography to walk readers through how to make everything needed for the home—from lampshades to sheets and from bottle openers to rugs.

Bea popularized the “Zero Waste” lifestyle through Instagram and her first book (Scribner, 2013) and so when she was faced with the challenge of outfitting her new home with everything she and her husband would need (which isn’t nearly as much as you’d think) she took her unconventional approach to consumerism to a new level: She decided to *make* the items that were essential for their new home... all by hand.

In **HANDCRAFTED HOME**, Bea channels her knack for simplifying belongings and tasks to show readers how to make everything from towels and flatware to a bed and nightstand. **HANDCRAFTED HOME** illustrates the design potential in simplicity, in the use of natural materials, and in the satisfaction of having made something with your own hands.

THE AUTHOR

Bea Johnson is a sought-after speaker who *The New York Times* called the “priestess of waste-free living.” *Zero Waste Home* was translated into 28 languages. www.zerowastehome.com



Abrams
Fall 2027
World English
Proposal available
Hardcover, 4-color

Shermin Kruse

ADVICE / SELF-HELP

STOIC EMPATHY

THE ROAD MAP TO A LIFE OF INFLUENCE, SELF-LEADERSHIP, AND INTEGRITY

Correct the power imbalances in your work and life with a science-backed practice that combines the rigor of Stoic philosophy with the relational impact of empathy.

From surviving missile attacks and political oppression in Iran to leading high-stakes legal teams and negotiations in corporate America, Shermin Kruse's journey fuels her mission to merge empathy and stoicism as tools for navigating power, justice, and human connection in every facet of life. In this eye-opening book, she offers you this radical perspective shift—anchored in up-to-the-minute research—to help you navigate life's challenges with power and principles.

Whether you're a leader striving to succeed in your role with integrity, an educator seeking to guide curious minds with compassion, a parent nurturing resilience in your children, or simply facing a personal or professional crossroads, **STOIC EMPATHY** is an essential toolkit for negotiating success in every area of your life.

PRAISE

"A radical approach to influence rooted in ethical strength. Kruse's synthesis of stoicism and empathy offers a road map for anyone navigating complex power dynamics."

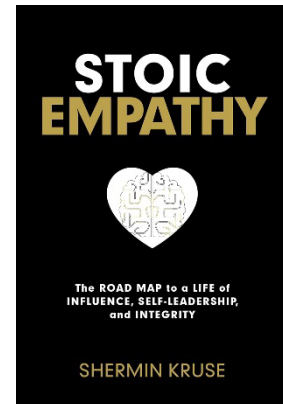
—Dr. Mike Dow, *New York Times* best-selling author of *The Brain Fog Fix*

"Stoic Empathy weaves timeless wisdom with real-world examples to help anyone lead with integrity and purpose. This is an essential guide for anyone who wants to be a change-maker, not as a tyrant, but with heart and courage."

—David Ambroz, best-selling author of *A Place Called Home*

THE AUTHOR

Shermin Kruse is a negotiation consultant specializing in weaponizing empathy and stoicism, a law professor at Northwestern Pritzker School of Law teaching complex negotiation, global transactions, and leadership. She is the founder of several NGOs and non-profit entities and was a partner at the law firm of Barack Ferrazzano, representing international companies for 17 years.



Hay House Business
April 8, 2025
World English
257 pages

Brazil: Objetiva.
French: Trédaniel.
Korean: Chunggrim.

Devon Kuntzman

PARENTING

TRANSFORMING TODDLERHOOD

HOW TO HANDLE TANTRUMS, END POWER
STRUGGLES, AND RAISE RESILIENT KIDS –
WITHOUT LOSING YOUR MIND

Toddlerhood does not have to be terrible. Yes, sometimes it *feels* terrible, but it's actually one of the most important developmental stages of your child's life! Many of the behaviors labeled as "bad" are actually totally normal, so how you respond matters. It sets the foundation for your child's resilience, emotional regulation, and sense of self. Many parents want to do the right thing but are at a loss for how to discipline their children in an effective, developmentally smart way, and most parenting books gloss over this formative stage.

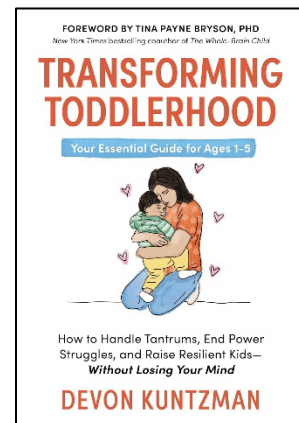
Enter Devon Kuntzman, PCC, a globally recognized toddler expert and the original toddler parenting coach on Instagram. Devon is one of the leading voices redefining what it means to parent kids ages one to five.

In TRANSFORMING TODDLERHOOD, you'll find bite-sized chapters packed with actionable advice, toddler tips, red flags, and easy-to-use scripts to respond effectively to everyday shenanigans. From understanding what's driving your child's behavior to surviving tantrums and encouraging independence, Devon gives you the tools to set clear, respectful limits while staying patient and teaching essential life skills. But what sets this book apart is its emphasis on working with your child's development, not against it.

Whether you're a parent, caregiver, or educator, this is a go-to resource specifically for these critical (and often chaotic) toddler years, so you can feel confident, patient, and connected, no matter what gets (literally) thrown your way.

THE AUTHOR

Devon Kuntzman holds a B.A. in psychology with a focus in child development. She has built a community of nearly 1 million parents and caregivers from across the world who are committed to transforming their parenting, their toddler's behavior, and their overall experience of toddlerhood. Her community includes 858K Instagram followers; 41k Facebook followers; 85k email list; over 10,000 Transforming Toddlerhood course and workshop attendees; and over 100,000 annual Transforming Toddlerhood Conference attendees.



Harper Horizon
October 21, 2025
Manuscript available
432 pages, 2-color

UK: Lagom/Bonnier UK.

Nicole LePera

SELF-HELP / PSYCHOLOGY

REPARING THE INNER CHILD

THE NEW SCIENCE OF OUR OLDEST WOUNDS, AND HOW TO HEAL THEM

From The Holistic Psychologist (8.5M IG followers) and author of the #1 NYT bestseller *How to Do the Work* (over 1 million copies sold).

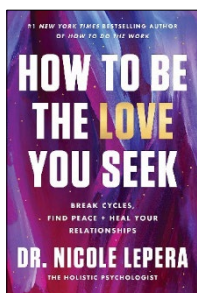
REPARING THE INNER CHILD is a deep dive into how we became who we've become, giving us the holistic tools needed to integrate our inner child and become our authentic Self. LePera will offer her original "Individual Developmental Model," explaining the spheres of development from the perspective of how the self is shaped. She developed this model because existing models of child development lack a neuroscientific basis and try to over-simplify development to progressive stages. With a single focus that allows her to go deeper than any of her previous books, she will guide the reader back into their own childhood, examining when and how their physical, emotional, and spiritual needs went unmet, and what kind of wounds they were left with. She will help readers explore the effects of a range of stressors on our bodies and minds, and how these wounds manifest in a self that has been conditioned to survive them. And when these readers follow her program, they will heal these wounds.



Flatiron / Macmillan
March 2026
Proposal available
MS available Nov. 2025
80k-100k words

UK: Orion.

Dutch: Spectrum. **German:** Goldmann. **Greek:** Pedio.
Korean: Book 21. **Portugal:** Porto. **Romanian:** Litera.
Simplified Chinese: Social Sciences Academic Press.
Spanish: VR Editoras.
Turkish: Butik.



HOW TO BE THE LOVE YOU SEEK

Harper Wave, 2023

UK: Orion. **Albanian:** Pema. **Brazil:** Universo dos Livros. **Bulgarian:** Locus. **Croatian:** Znanje. **Dutch:** Kosmos. **French:** Leduc. **German:** Goldmann. **Greek:** Pedio. **Hungarian:** Libri. **Japanese:** Pan Rolling. **Korean:** BY4M Studio. **Polish:** Muza. **Portugal:** Porto. **Romanian:** Litera. **Serbian:** Vulkan. **Slovene:** Primus. **Spanish:** VR Editoras.

Swedish: Mondial. **Turkish:** Butik. **Vietnamese:** Saigon.

THE AUTHOR

Dr. Nicole LePera was trained in clinical psychology at Cornell University and The New School for Social Research. She is the creator of the #SelfHealers movement, an international community of people joining together to take healing into their own hands. @the.holistic.psychologist has 8.5 million followers.

Jimmy Leppert and Justin Wasserman

BUSINESS

THE PIVOT POINT

A PLAYBOOK FOR CREATING REAL ORGANIZATIONAL CHANGE

Co-founders of Empactful Advisors Jimmy Leppert and Justin Wasserman's **THE PIVOT POINT**, a guide to organizational transformation targeting the critical layer of management caught between high-level leadership's vision and frontline employees' execution, using Empactful's proven strategies to overcome the bureaucratic setbacks that keep innovation, profit, and employee satisfaction at bay.

If you've ever watched a corporate initiative stall, a strategic plan fizzle, or a promising innovation get buried under bureaucracy, you've encountered the "frozen middle." It's that critical layer of management caught between high-level leadership's vision and frontline employees' execution. The problem isn't incompetence or apathy—it's a system that inadvertently traps smart, engaged managers in inertia. And it's costing companies billions.

While other business books focus on theory, this one delivers real, actionable strategies for everyone from senior leaders to junior managers to drive immediate results. The authors share field-tested methods to turn strategic goals into tangible outcomes, backed by compelling case studies—like how they helped one company slash a critical hiring process from 18 months to just 45 days, or how a Fortune 20 business unit achieved \$75 million in cash flow improvements in just one quarter.

These passionate employees will finally have a roadmap to create meaningful change from where they sit, learning how to unblock the bottlenecks that hold their organizations back. Through practical frameworks, vivid storytelling, and battle-tested strategies, **THE PIVOT POINT** is poised to be the definitive book on breaking organizational paralysis and unlocking hidden potential.

THE AUTHORS

Jimmy Leppert and Justin Wasserman bring unparalleled expertise to the subject. Before founding Empactful Advisors, they were both Managing Directors at Kotter International, working directly with leadership legend John Kotter (Leading Change). Their work spans industries—from healthcare to energy to consumer goods—and they have deep networks across top executives, ensuring this book will land in the hands of key business decision-makers.



Holt
Fall 2026
North American
Proposal available / MS
February 2026

Kat Lieu

COOKBOOK

108 ASIAN COOKIES

NOT-TOO-SWEET TREATS FROM A THIRD-CULTURE KITCHEN

From the IACP award winner and bestselling cookbook author comes a first-of-its-kind collection of irresistible cookie recipes inspired by Asian flavors and techniques to excite home bakers.

Growing up as a Canadian-born Vietnamese Chinese American, Kat Lieu sought comfort in the flavors of her youth, like taro and black sesame. Along with members from Subtle Asian Baking, the online baking group she founded, Lieu offers a diverse array of original and member-submitted drool-worthy recipes for cookies and bakes incorporating ingredients from the diaspora, including gochujang, ube, miso, fish sauce, sambal, tahini, matcha, and MSG stirred into each batter and dough.

- Spicy chai cookies
- Taiwanese snowflake crisps
- Matcha and wasabi drop cookies
- And even instant ramen and pho cookies!

"Not too sweet" is the highest compliment one can give—so whether these recipes are comfortingly familiar or new discoveries, 108 Asian Cookies will surely delight even the most discerning "not too sweet" kitchens for years to come.

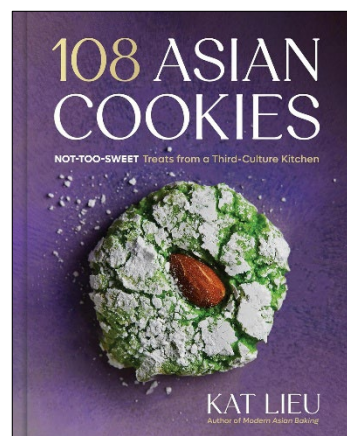
PRAISE

"Using the humble cookie as a blank canvas, Kat Lieu highlights a vibrant range of Asian ingredients—from the expected (sesame, ube) to the unexpected (whiskey, soy sauce). This wildly creative dessert book manages to tease the taste buds and spark the imagination."—**Clarissa Wei**, author of *Made in Taiwan*

"Kat Lieu is a leading voice in home cookery today and in her fantastic third cookbook, she celebrates the beloved cookie like no one has done before. Whimsical, daring, proudly Asian and utterly delicious, Kat's recipes and storytelling are bound to make anyone smile. You're in for a treat!"—**Cathy Erway**, James Beard Award-winning writer and author of *The Food of Taiwan*

THE AUTHOR

Kat Lieu is an author, food writer, recipe developer, content creator, and the visionary behind Subtle Asian Baking, the largest global online group that focuses on spreading the love and joy of Asian baking.



Voracious / Little, Brown

October 21, 2025

North American

Manuscript available

400 pages, hardcover

8.25 x 0.66 x 10.25 inches

Karen Korellis Reuther

BUSINESS/ECONOMICS

MAN-MADE

Harvard design faculty and former Nike and Reebok creative executive Karen Korellis Reuther's exploration of gender bias in product design and the built environment.

Women are too often left no choice than to use products that were designed by men, for men, just scaled down and colored pink. In the best case it can be insulting, in the worst case it can be deadly.

Women are 73% more likely to be injured in a car crash than men.

In the military, women suffer pelvic fractures at a much higher rate than their male counterparts.

In the exam room, the incidence of cervical cancer is on the rise from diminished adherence to routine screenings.

These outcomes are a result of using products where the female population is an afterthought, if any thought at all. Automobile crash test dummies are designed based on male anatomy. Unless it's being sexualized, the female body is often invisible. Not accommodating it in the design of products and the built environment has led to a world that is less hospitable and more dangerous for women. A world designed by men, for men, isn't just a matter of style, or an issue of preference for women—it's a matter of survival for half of humanity.

MAN-MADE aims to solve this problem, going beyond patriarchal lament. Drawing on research-backed insights, market analyses, and expertise from leading designers, executives, and economists, readers will begin to see the built world from a new perspective and be encouraged to make it more equitable for all.

THE AUTHOR

Karen Korellis Reuther has been a designer by training and practice for over forty years, and currently a Design Critic in Architecture at Harvard's Graduate School of Design, where she teaches in the Masters of Design Engineering program. Prior to her academic career, Karen was a creative, product and brand strategy executive in the sports footwear and apparel industry, including as Vice President of Creative Direction and Innovation at Reebok and Global Creative Director at NIKE, where she solidified NIKE at the top of its industry over twelve years. She has worked as a creative director and brand strategy consultant in the fields of design, innovation and technology and spent many years in the design of consumer products and electronics in both the US and Germany.



Harper Business
July 7, 2026
North American
Manuscript available
95k words

David Sussillo

SCIENCE / MEMOIR / NEUROSCIENCE

EMERGENCE

A MEMOIR OF BOYHOOD, COMPUTATION,
AND MYSTERIES OF THE MIND

Emergence radiates heartbreak, humor, and scientific wonder, inviting readers on an unforgettable journey that bridges the personal and the profound, revealing how intricate complexities arise from simple beginnings.

David Sussillo has made a career at the cutting edge of neuroscience and technology—yet his path there was anything but a straight line. Born to drug-addicted parents in New Mexico, he navigated a childhood marked by violence and neglect. But a seed was planted at the unlikely of places—the local arcade.

What follows is a remarkable journey of resilience and transformation, from the chaotic corridors of group homes to the halls of Columbia and Stanford. Along the way, Sussillo takes readers on an illuminating tour of the century-long dance between neuroscience, physics, and computation that has laid the groundwork for neural networks—the technology that drives modern artificial intelligence. As he advances in the field, working to demystify these networks, he also begins to pursue an answer to a more personal question: why, and how, did he succeed against all odds?

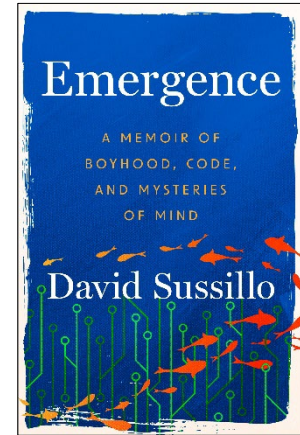
PRAISE

"From shattered beginnings to the cutting edge of science, Sussillo's raw and luminous memoir charts the extraordinary journey of a child born into chaos to his eventual emergence as a pioneering scientist."

—David Eagleman, neuroscientist at Stanford, author of *Incognito*

THE AUTHOR

David Sussillo spent nine years in group homes for children in New Mexico. After graduating high school, he received an undergraduate degree from **Carnegie Mellon University**, and a **Ph.D. from Columbia University in Computational Neuroscience**. Now David is an **adjunct professor at Stanford University** and has been a scientist at the **Google Brain** group (featured in the book *Genius Makers*) and **Meta Reality Labs**. In his professional pursuits, David researches brain-machine interfaces to develop the next generation of computers. David was the recipient of a **Fulbright research grant** and is an internationally recognized neuroscientist with over 40 publications.



Grand Central Publishing
March 17, 2026
North American
Manuscript available
384 pages

Korean: Bookhouse.
Simplified Chinese: CITIC.

Erika Thompson

BIOLOGY / SCIENCE

BRILLIANT LITTLE BEES

WISDOM FROM THE HIVE

The internet's resident "bee lady" Erika Thompson invites readers into her apiary as she guides them through the often overlooked but devastatingly important role that bees play in our ecosystem.

Unlike us humans, bees—who have been living in large, complex, social groups for millions of years—have managed to forge a better and brighter future for not just themselves, but for all of us who call Earth home. Online, Erika is known to her community of **13 million followers** for her educational and compassionate voice. Her videos—wherein she safely extracts and relocates bee hives with her bare hands—have earned her the respect of prestigious organizations in the sustainability space as well as more casually-curious conservationists.

Through illustration and captivating prose, Erika dispels common misconceptions in order to acquaint us with the insects she's come to love. She then provides myriad lessons we can glean and embody when we stop and save the bees: efficiency, essentialism, adaptability, and resilience, to name just a few.

THE AUTHOR

Both a professional beekeeper and the founder and owner of Texas Beeworks, **Erika is the most-followed beekeeper in the world**. She is an expert on bee behavior and is best known for rescuing colonies of bees and showing the world their true nature. She has been the voice of bees and a passionate advocate for legislation to protect bees and other pollinators at local, state, and national levels. Her work with honeybees and her advocacy efforts to protect pollinators has been featured on Jeopardy, CNN, the BBC, Washington Post, NPR, The Today Show, The Joe Rogan Experience, and more.



HarperCollins
Spring 2027
World English
Proposal available /
MS March 2026
70,000 words

PARENTING

NURTURED FIRST

REMEMBERING THE CHILD YOU WERE, SO YOU
CAN PARENT THE CHILD YOU HAVE

With over 2 million followers on Instagram, a podcast, and a wildly successful business, psychotherapist Jess VanderWier's **NURTURED FIRST** is a groundbreaking book that explains that we know what our kids need, because we were once kids. By tapping into our memories, we can not only become better parents, but become more of *ourselves*.

NURTURED FIRST thus shares Jess's experiences of childhood and coming of age, and her own quest to get back to trusting her instincts. As she tells stories of watching her kids play with their food, to their pure delight in swimming without thought to what they look like in a swimsuit, to their instinct to stand up for themselves over being "nice", Jess invites readers to remember what it was like to be a child, and how from that point, we find more ease and confidence in raising them well.

NURTURED FIRST is poised to start a new trend in how we read, talk, and think about parenting.

THE AUTHOR

Jessica VanderWier is a psychotherapist, thought leader, and founder of the company Nurtured First, where she shares daily parenting insights with her **2+ million followers on social media**. Jessica also hosts top parenting podcast **Robot Unicorn**. This podcast was launched one year ago, and it consistently ranks in the top 10 parenting podcasts on Apple Podcasts, and has over 50,000 monthly downloads and growing. Jessica holds an undergraduate degree in Adult Development, Families, and Well-being with a minor in Family and Child Studies. She holds a Masters Degree in Counselling Psychology, and has completed advanced courses in the area of perinatal mental health, infant mental health, attachment, and child development. As a psychotherapist, Jessica refers to herself as a developmentalist.



Penguin Life
Spring 2027
Proposal available
60,000 words

UK: Gallery/S&S UK.

Brazil: Companhia das Letras. **Italian:** Newton Compton. **German:** Kösel/PRH. **Simplified Chinese:** Citic. **Spanish:** Urano.

Monica Wadhwa

MOTIVATION / SCIENCE

FIRE IN THE BELLY

USING THE SCIENCE OF MOTIVATION TO GET THE
BEST FROM OURSELVES AND EVERYONE ELSE

From award-winning researcher and teacher Monica Wadhwa comes an exploration of the science behind motivation, explaining what motivation is, what kind of rewards motivate us, and why losing can ignite the fire in the belly. This book will show readers how to apply this research to their daily lives so that they can make a conscious shift in their habits.

FIRE IN THE BELLY takes the best of Monica Wadhwa's research on motivation and uses real-world stories that drive home how actionable the research is. Many of her insights are counterintuitive and surprising—like the benefits of nearly winning, the role of environment in firing genes for motivation, and how self-compassion helps motivation—but *only* if the person is also really conscientious.



Simon Element
2027
World English
Proposal available /
MS March 2026
65,000 words

THE AUTHOR

Dr. Monica Wadhwa is an Associate Professor in the Department of Marketing and Supply Chain Management. She has received a Ph.D. in Marketing from the Stanford Graduate School of Business.

Wadhwa's work has appeared in leading peer-reviewed journals, and in numerous media outlets including *The Atlantic*, *Le Monde*, *US News*, *New York Post*, *Huffington Post*, *Science Daily*, *Yahoo Finance*, *ANI News*, *Boston Globe*, *Chicago Tribune*, *Sydney Morning Herald*, *Jewish Business News*, *Daily Mail UK*, *National Affairs* and *Psychology Today*. Dr. Wadhwa has been invited to discuss her work on different shows, such as *NPR* and *Lisa Clark Show*. She has presented her work at various international marketing conferences and events, such as *TedX*.

Joan C. Williams

HISTORY / POLITICS

OUTCLASSED

HOW THE LEFT LOST THE WORKING CLASS AND HOW TO WIN THEM BACK

An eye-opening, urgent call to mend the broken relationship between college and non-college grads of all races that is driving politics to the far right.

The far right manipulates class anger to undercut progressive goals and liberals often inadvertently play into their hands. Williams explains how to reverse that process by bridging the “diploma divide”, while maintaining core progressive values. She offers college-educated Americans insights into how their values reflect their lives and their lives reflect their privilege. With illuminating stories—from the Portuguese admiral who led that country’s COVID response to the lawyer who led the ACLU’s gay marriage response (and more)—Williams demonstrates how working-class values reflect working-class lives. Then she explains how the far right connects culturally with the working-class, deftly manipulating racism and masculine anxieties to deflect attention from the ways far-right policies produce the economic conditions disadvantaging the working-class. **Whether you are a concerned citizen, a politician or social justice warrior, OUTCLASSED offers concrete guidance on how liberals can forge a multi-racial cross-class coalition capable of delivering on progressive goals.**

PRAISE

“This book will be a service not only for that elite group, but for anyone who finds it hard to understand what on earth is happening in American Politics.”

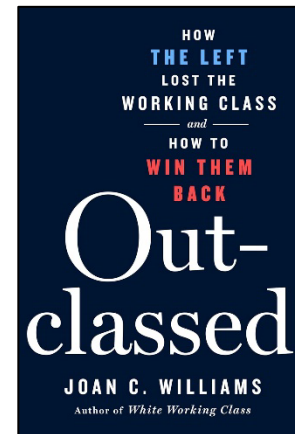
—Jonathan Haidt, *NYT* bestseller *The Anxious Generation*

“If you despair of serious conversation across the political divide, or have never tried it, this is just the book for you.”

—Arlie Russell Hochschild, *Stolen Pride: Loss, Shame and the Rise of the Right*

THE AUTHOR

Joan Williams’ work on race, class, and gender spans 11 books and 116 academic articles in law, sociology, psychology, medical and management journals. Williams is Distinguished Professor of Law and Hastings Foundation Chair (emerita) at University of California College of the Law San Francisco, and holds degrees from Yale, Harvard and MIT. Her previous books have been published by Harvard Business Review and leading university presses.



St. Martin's Press

May 20, 2025

North American

368 pages

Hungarian: HVG.

Korean: Sangsang
Academy.

Hiroko Yoda

NARRATIVE / SPIRITUALITY

EIGHT MILLION WAYS TO HAPPINESS

WISDOM FOR INSPIRATION AND HEALING FROM THE HEART OF JAPAN

A Japanese cultural historian shares a path to joyful living drawn from her nation's unique approach to spirituality and nature, offering a blend of memoir, cultural reporting, and practical guidance for anyone struggling to find balance in our turbulent modern world.

Everyone's in the pursuit of happiness, but few know how to attain it. Millions around the world have turned to Japan for advice on finding their Ikigai, or summoning The Courage to Be Disliked. Japan's spiritual traditions hide in plain sight, forming the basis of so much of what we love about the country's culture. Without Japan's spiritual sustenance, Jiro wouldn't dream of sushi; Hayao Miyazaki's films wouldn't spirit us away; and Marie Kondo wouldn't spark joy.

Hiroko awakens readers to the idea of a traditional spiritual flexibility that seamlessly coexists with the modern secular world, fortifying us through life's inevitable ups and downs. We are all subject to forces beyond our control, but we are also part of a bigger natural system that can strengthen us—if we learn how to reconnect with it.

PRAISE

"This book is a triumph! Hiroko Yoda dives into Japanese spirituality with an open heart and a lively, questioning mind. What she discovers is religion with a lowercase r: guidance rather than rules, generosity instead of judgement."

—**Mary Roach**, *New York Times* bestselling author of *Gulp* and *Stiff*

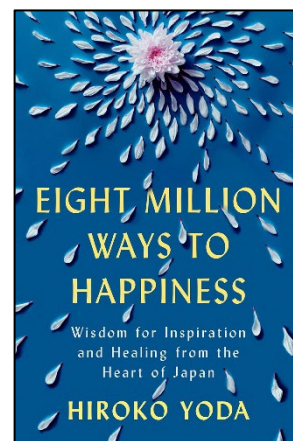
"As she navigates the terrain of her own grief in the wake of her mother's death, Hiroko Yoda shows us how we might ease our own suffering and reawaken a profound appreciation of the beauty of the world."

—**Ruth Ozeki**, Zen Buddhist priest and *New York Times* bestselling author of Booker Prize Finalist *A Tale for the Time Being*

"With wise insights and meditative personal stories, Yoda inspires us all to be more intimately connected with nature—and with ourselves."—**Shunmyo Masuno**, bestselling author of *The Art of Simple Living*

THE AUTHOR

Hiroko Yoda is a Shinto cultural historian, photographer, writer and localizer. She has written for The New Yorker online and Vice, and her insight has been featured on 99% Invisible, The Futures Archive, and PBS. She is the author of several illustrated titles about Japanese folklore. She lives in Tokyo.



Tiny Reparations / PRH
December 30, 2025
Manuscript available
368 pages

UK: Bloomsbury.

Brazil: Planeta Brasil.
German: DTV. **Italian:** Longanesi. **Romanian:** Litera. **Spanish:** Urano.

Shereen Yusuff

SPIRITUALITY/ANATOMY

SEEKING THE SPIRIT WITHIN

EXPERIENCING UNION WITH GOD THROUGH BREATH

Discover the power of breathing to bring you closer to God. This step-by-step guide offers healing for you body and soul—and it could all start with your next breath.

Each breath is an invitation. Every inhale and exhale is an opportunity to rediscover that we are meant for more than mere bodily survival: we are meant to be alive. In the beginning, when God filled our lungs with his own breath, he chose our lungs to hold us together as body and soul, as organisms who are also miraculously the very dwelling place of God's Holy Spirit. And yet we live as divided: disconnected from ourselves, our bodies, and the presence of God within us. But there is another way.

In *SEEKING THE SPIRIT WITHIN*, Shereen Yusuff, certified breath and movement coach and Benedictine oblate, offers step-by-step exercises that will teach readers anew how to pay attention, how to breathe, and how to pray—showing along the way that it is impossible to care for the body without caring for the soul, and that the deepest source of our healing is Christ's presence within us.

Each chapter of the book carefully guides readers in a practice of spiritual reflections arising from Scripture, breathing and attention exercises, and reflection questions.

SEEKING THE SPIRIT WITHIN is for any reader yearning for intimacy with God and seamless integration of physical and spiritual wellness.

THE AUTHOR

Shereen Yusuff has been a breath and movement coach since 2017. She owns Suda Prem Studio and is an accomplished athlete, having participated in marathons, ultramarathons, and Ironmans. Her interest in breathwork and her connection with God inspired her to share what she has learned with others.

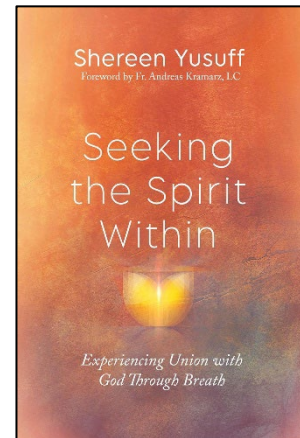


Image / PRH
February 2026
North American
Manuscript available
192 pages