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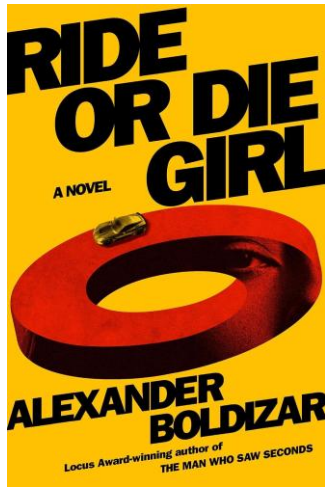
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FALL 2026

RIDE OR DIE GIRL
Alexander Boldizar



Goodfellas meets *My Sister, the Serial Killer* in this anticipated follow up to Alexander Boldizar's Locus Award and CIBA Mark Twain Grand Prize Award-winning *The Man Who Saw Seconds*.

In a world run by gangsters, the only way to survive is to learn what it means to ride or die.

Beatrix is the ultimate gangster's girlfriend, living through cycles of violence and devotion with Jason, British Columbia's most notorious gangster. Jason hunts her when she runs. Rival gangs smash down her doors. Assassins shoot over her in parking lots.

Beatrix knows she needs to run if she wants to live, but escape means transformation from prey to predator as she descends through her own circles of hell, guided by a constellation of seers, a dominatrix, and her cat Cora. Operating as an invisible Virgil, the author shepherds Beatrix's raw, unsentimental voice through the criminal underworld while a Greek chorus builds beneath, creating a darkly absurdist rhythm that examines the strange loops of our self-perception.

Ride or Die Girl is a crime story, an exploration of how predators nest inside their prey, and a practical primer on how to run a criminal enterprise. Most of all, it's a self-help manual for the next generation of ride or die girls.

Praise for Alexander Boldizar:

"*The Man Who Saw Seconds* is an action thriller...that is genuinely thrilling: the pacing is perfect, and the stakes ratchet up in a horrifying, relentless, and seemingly inevitable progression...I hope this can be genre-spanning, and that it gets the attention it deserves from every awards list, science fiction and not." —*Locus Magazine*

"This is a book of cinematic velocity and frequent, dark satiric impact. Think of it as a brilliant exercise in multi genre collage, a mash-up of some of the best elements of the thriller, the novel of ideas, anarchism, philosophy and quantum theory. Highly recommended." —*Vancouver Sun*

"*The Man Who Saw Seconds* is one of the more audacious and emotionally brutal thrillers I've ever read...You wouldn't think a few seconds of precognition would be that formidable a power, but the author makes a compelling case for how someone could pretty much take over and/or destroy the world if they leveraged the skill properly. The protagonist just wants to live in peace with his family, but that world won't allow it. This one hit me hard in the dadfeels." —Tim Pratt, Hugo Award-winning author, "Ten for 2024"

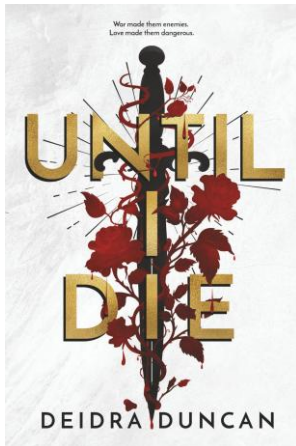


Alexander Boldizar was the first post-independence Slovak citizen to graduate with a Juris Doctor degree from Harvard Law School. Since then, he has been an art gallery director in Bali, an attorney in San Francisco and Prague, a pseudo-geisha in Japan, a hermit in Tennessee, a paleontologist in the Sahara, a porter in the High Arctic, a consultant on Wall Street, an art critic out of Jakarta, and a police-abuse watchdog and Times Square billboard writer in New York City. His *The Man Who Saw Seconds* won the 2025 Locus Award for science fiction book of the year, the CIBA Mark Twain Grand Prize for best satire of 2024, and was a finalist for the Eric Hoffer Award and the Foreword Reviews Best Thriller of 2024. He now lives in Vancouver, Canada.

Simon Maverick
368 pages
Manuscript available

Rights sold to THE MAN WHO SAW SECONDS: Arabic/Dar Shafaq; French/Editions Gallmeister; Japanese/Hayakawa

UNTIL I DIE
Deidra Duncan



Alchemised meets *The Handmaid's Tale* in this stand-alone star-crossed dystopian romance by the author of *Love Sick*, Deidra Duncan.

In the ruins of a nation, two enemies risk everything for a chance at justice... and each other.

After the Fracture, nothing is safe—not love, not truth, and certainly not women. In the ashes of the fallen United States, the New American Order has seized power, silencing dissent and enslaving the vulnerable. To stop the spread of their evil, Sophia Reeves has given everything to the Defiance, a resistance force battling the NAO, but now, her general has another command: become a contact for an enemy officer-turned-spy. She understands the sacrifice this order requires. Association with a Blood Colonel is a death sentence—especially for a woman.

He's just a name at first. A whisper in the dark. But week by week, Lucas Scott becomes something more—dangerously unreadable, brutally efficient, and far too human for a man embedded in a regime that breaks people like her. Sophia expects cruelty. She prepares for betrayal. What she finds is a man haunted by secrets, driven by grief, and willing to burn the whole world down for a hope he's barely clinging to.

Their alliance is a fragile one, forged in shadow and drenched in danger. But as the Defiance grows closer to victory, their missions become deadlier, and the line between duty and desire blurs. Beneath the shadow of escalating war, Sophia and Lucas must decide what they're willing to sacrifice for a cause that might already be lost—and for a love they were never meant to find.

Hauntingly raw and achingly romantic, *Until I Die* is a story of rebellion, redemption, and the unbreakable will to love in a world that has forgotten how..

Praise:

“Dark, fearless, and devastatingly beautiful, *Until I Die* clawed its way into my soul and left permanent marks. Deidra Duncan pulls no punches, delivering a love story that burns bright amid the ashes of a future that feels terrifyingly—and perhaps clairvoyantly—all too real.” – Shaylin Gandhi, author of *Love Letters for Other People*

“Equal parts haunting and riveting, Duncan will yank you by the collar into her dark dystopia and hold you there with an impossible love story that she sprouts from scorched earth.” – Christy Schillig, author of *Lessons in Falling*

“Deeply human and raw, *Until I Die* weaves romance and hope into dark and impossible circumstances. I couldn't turn the pages fast enough.” – Melissa O'Connor, author of *The One and Only Vivian Stone*



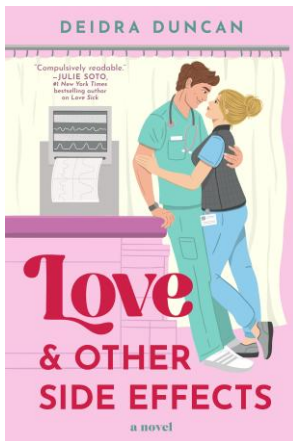
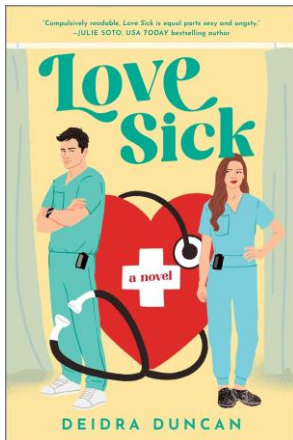
Deidra Duncan spends her days (and some nights) living the dream as a board-certified OB/GYN, where every minute is either routine monotony or sheer terror. She lives in Florida with two human tornadoes and the wonderful man who helped make them. She's usually dressed in either scrubs or glitter, and would love for someone to magically combine them. She devotes every rare moment of free time to writing or reading.

Self-Published
Europa Content
484 pages
Book available

Rights sold: Polish/Muza;

LOVE SICK LOVE & OTHER SIDE EFFECTS

Deidra Duncan



Their bedside manner needs a little work...

Love may be the best medicine, but first-year resident Grace Rose isn't prescribing it anytime soon. Not since her ex broke her heart, and especially not since hearing the rumor that she slept her way into the OB-GYN program. With her social anxiety already in full spiral, Grace is determined to set the record straight. But after a tense first encounter with fellow resident Julian Santini—with his annoying good looks and witty charm—she realizes that her reputation may never fully recover.

Julian didn't mean to offend Grace. He's got his own drama to triage anyway—like proving that he *earned* his spot in this residency, not simply lucked into it. Still, something about Grace gets under his skin...and not always in a bad way.

Forced to work together through grueling shifts and sleepless nights, Grace and Julian try to cut back on the bickering for the sake of their training. Before long, however, a different kind of tension exposes the cracks in their truce. With their hearts in critical condition, will they accept that love is the best remedy of all?

Friendship like this should come with a warning label...

Asher Foley is an imposter—at least, that's how it feels. The letters "MD" after his name should mean he's confident, respected, put-together. Instead, he still feels like the class clown pretending to be a grown-up doctor.

Jocelyn Maddox is a paradox—warm, fearless, but utterly closed off. She's lost too much already—family, love, home—and she's not about to gamble her heart again. As an anesthesiologist, she'll fix everyone else's pain and refuses to feel her own. It makes Asher, her flirty best friend-slash-work husband, perfectly safe. Right?

When a surgical complication forces Asher to drop the mask and show her the man underneath, Jocelyn sees more than the jokes and easy smiles. She sees him. And suddenly, the walls she's built to survive begin to crack—one look, one laugh, one heartbeat at a time.

Praise for Deidra Duncan:

"Hilarious and deeply romantic, *Love and Other Side Effects* is the perfect friends-to-lovers romance. You can't not fall for Asher and Jocelyn!"
—N.S. Perkins, author of *The Infinity Between Us*

"*Love and Other Side Effects* is as addictive as any drug—once you pick it up you won't want to put it down! Fair warning: side effects of this book may include the occasional uncontrollable snort-laugh, strong urges to shout 'JUST KISS ALREADY!' at the main characters, and loss of sleep because you were up way too late reading this delightful gem of a love story." —Emily Krempholtz, author of *Violet Thistlewaite Is Not a Villain Anymore*

"Compulsively readable, *Love Sick* is equal parts sexy and angsty. Deidra Duncan nailed all my favorite aspects from medical dramas." —Julie Soto, #1 *New York Times* bestselling author



Deidra Duncan is a board-certified OB/GYN and lover of all things angsty and romantic. Based in Florida, she spends her days either delivering babies or lounging in the sun with her kids and husband. LOVE SICK is her debut novel. She is currently at work on her next romantic comedy, LOVE & OTHER SIDE EFFECTS.

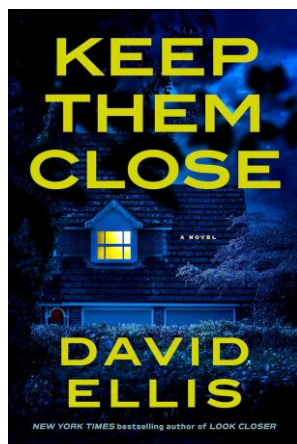
Canary Street / HarperCollins
336 pages
Europa Content
400 pages

Rights sold: UK/Quercus; German/Luebbe; Polish/Muza

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KEEP THEM CLOSE

David Ellis



From the bestselling author of *Look Closer* comes a new domestic thriller about betrayal and murder inside one twisted family

USA Today Bestseller

Two siblings. One murder. So many lies.

Siblings Allison and Luke have been through a lot together. They've always stood by each other. They'd do anything for each other.

Or so it seems.

When Allison's husband, Finley, is murdered, the investigation threatens to expose the siblings' darkest secrets. An illicit affair. A decades-old accident. A stunning deception. How do these events explain Finley's death? How far will Allison and Luke go to keep their secrets buried? And can the siblings even trust one another anymore?

As the investigation winds tighter and past and present collide, the most shocking betrayal might lie a little too close to home...

Praise for David Ellis:

"This quick, twist-filled thriller wonders if the past ever brings closure as relationships are tested and well-established narratives are reexamined . . . [and] provides a master class in how to hide the body." —*Chicago Magazine*

"Ellis is a precise and confident architect of suspense. The pacing is relentless, the misdirection is elegant, and when the full picture finally snaps into place, it lands with real force. Readers will find themselves rationing pages just to make the experience last. An absolute must-read, so keep this one close." —*Criminal Element*

"David Ellis is a master of layered, complex thrillers. A fast-paced, twisty, wild ride." —Mary Kubica, *New York Times* bestselling author of *It's Not Her*

"The fun is figuring out what parts of the story — if any — should be trusted. Though Ellis juggles a great many plot strands, he doesn't drop them; the result is wildly entertaining, not tedious. It helps that just about every character in the book is the very definition of unreliable." —*The New York Times Book Review* on *Look Closer*

"A tense, tricky thriller that keeps surprising you just when you think you have it figured out. A fun fast read." —R.L. Stine on *Look Closer*



David Ellis is a judge and a #1 *New York Times* bestselling, Edgar Award-winning author of eleven novels of crime fiction, as well as ten books coauthored with James Patterson. He has served as a justice of the Illinois Appellate Court since 2014. Ellis lives outside Chicago with his wife and three children.

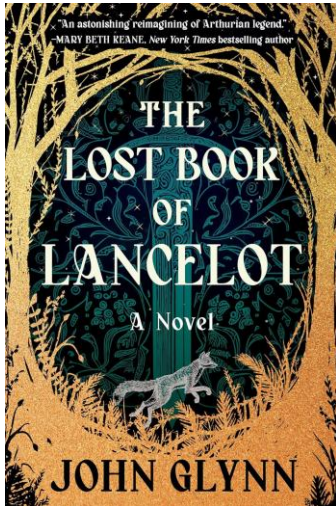
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THE LOST BOOK OF LANCELOT

John Glynn



A stunning debut novel and queer retelling of the legend of Sir Lancelot, following the famous knight as he grows up orphaned, falls in love, and attempts to fulfill his destiny at the Round Table

NAMED A MOST ANTICIPATED BOOK BY THE NEW YORK TIMES, GOODREADS,
AND THE MILLIONS
A TODAY SHOW BEST BOOK OF MAY

Hidden away on the Isle of Women, a nameless orphan has grown up among the island's sisterhood, but always at a distance. He hears whispers of a prophecy that may shed light on his destiny—and his true identity: Lancelot. Determined to master the skills and knowledge worthy of the knight he is meant to be, he begins training alongside the handsome Galehaut. As the two grow closer, they guide one another toward their truest selves. But no matter how tightly they cling to one another, each has a role to play in the wizard Merlin's grand prophecies.

When Lancelot is forced to follow Merlin to Camelot, he fights to protect his heart while seeking the fabled Holy Grail. As he grows closer to his fellow knights, Lancelot must keep an explosive secret to himself—the truth of what he left behind on the Isle of Women, of the man he truly is beneath the armor. All the while, Roman legionaries too scour far and wide for the grail. As an army encroaches on their kingdom, King Arthur and his knights must race to ensure that this powerful object doesn't fall into the wrong hands.

Steeped in rich medieval lore, *THE LOST BOOK OF LANCELOT* is an immersive, poignant reexamination of the most famous knight of the Round Table. It is the story of a once vulnerable boy who is forced to rise to the occasion, of a kingdom under siege, and of the battle between the old world and the new.

Praise:

"Glynn's tale lends vulnerability and complexity to a well-known hero, while honoring the character's origins of medieval lore."—*People*

"John Glynn has written an astonishing reimagining of Arthurian legend in *The Lost Book of Lancelot*. The world Glynn creates here is so richly detailed and evocative that I felt completely transported – and stayed awake far too late turning these pages. It was such a joy to step out of the real world and into this one for a while."—Mary Beth Keane, *New York Times* bestselling author

"This is a splendid retelling, and retooling, of the Arthurian legends, and in particular of the story of Sir Lancelot. John Glynn, wearing his considerable learning lightly, has fashioned an alternative version of an ancient tale, with a result that is at once vigorous and magical. Camelot will never be the same again."—John Banville, Booker Prize winning author

"John Glynn's *The Lost Book of Lancelot* is a beautiful, romantic reimagining of the Arthurian legend. Glynn strikes an assured balance between the real and the unreal that is endlessly surprising and involving. It's a stellar debut and I'm already excited to see what he does next."—Owen King, #1 *New York Times* bestselling author

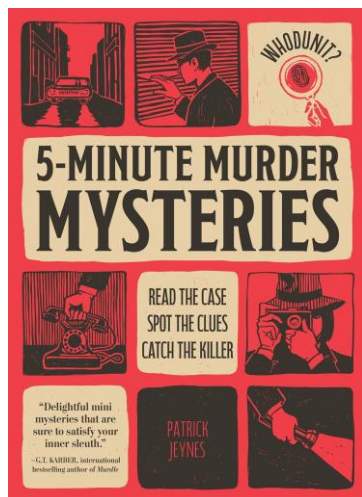


John Glynn is an Executive Editor at Hanover Square Press, an imprint of HarperCollins. His acclaimed nonfiction debut, *Out East: Memoir of a Montauk Summer* was an Indie Next pick, an *Oprah, The Magazine* "Best LGBTQ Book of 2019," a *Cosmopolitan* Best Book of 2019, a *Refinery29* Outstanding LGBTQ+ Book of 2019, *Newsweek* Best Book of Summer among other accolades. His writing has appeared in *Oprah Daily*, *The Millions* and *The Daily Beast*. Originally from Longmeadow, Massachusetts, he lives in New York City with his partner and dog.

Grand Central
384 pages
Thompson Literary
Book available

WHODUNNIT? 5-Minute Murder Mysteries: Read the Case, Spot the Clues, Catch the Killer

Patrick Jaynes

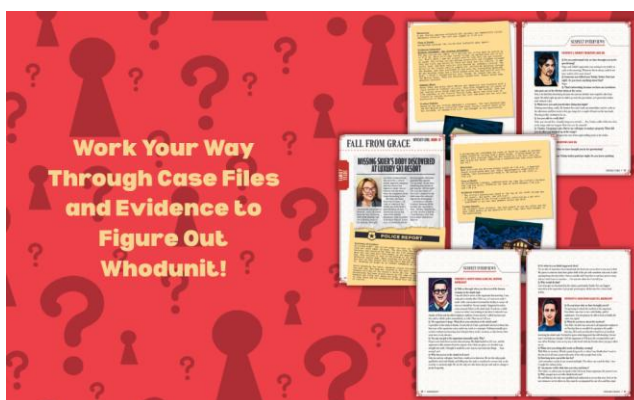


Put your sleuthing skills to the test with this engaging book of 5-minute murder mysteries to solve.

Whodunnit? is a puzzle book packed with a variety of short-format, immersive crime stories that challenge you to engage your deductive reasoning skills and unleash your inner detective. Featuring 35 cases that range in difficulty from warm-up to expert level, you'll encounter a world full of murder mysteries to be solved. The stories will take you from remote research stations to family dinner parties, offering a variety of motives, themes, and settings. This fun and easy-to-use book encourages you to put your critical thinking to the test as you make your way through the case files, including:

- News articles
- Police Reports
- Suspect Interviews
- And more!

As you work on each case, you'll be tasked with identifying the key evidence and naming the guilty suspect. Challenge yourself further and try to solve the case within its designated time limit. *Whodunnit?* is filled with original mysteries featuring compelling narratives that make the puzzles irresistible to crime fiction enthusiasts and amateur detectives alike!



Early praise:

"By telling the stories of creative people in the past, Mason Currey gives readers a wider range of possibilities for the future. I always find much to steal from. Delightful mini mysteries that are sure to satisfy your inner sleuth." —G.T. Karber, international bestselling author of *Murdle*



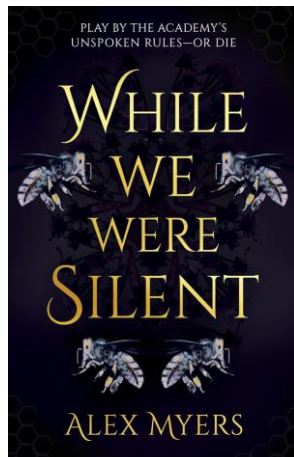
Patrick Jaynes is the co-founder of MVP Games, Ltd, a UK-based business that develops narrative-driven mobile games. Jaynes began his professional career as a lawyer before changing careers to pursue his passion for writing and creating. In addition to developing mobile games, Jaynes also works as a screenwriter and was recently successful in getting his first sitcom optioned by a UK production company. In his free time, Jaynes can be found riding motorcycles and raising his two sons.

Castle Books
256 pages
Stonesong Literary
Book available

Rights sold: Greek/Psichogios; Italian/Newton Compton; Portuguese (Portugal)/Presenca

WHILE WE WERE SILENT

Alex Myers



For fans of Rebecca Makkai's *I Have Some Questions For You* and Ashley Winstead's *In My Dreams I Hold a Knife*, and written by the current teacher at an American school academy, comes a provocative dark academia thriller

Devastating secrets shroud the campus of Green Dell Academy, secrets that some think are worth killing for . . .

Autumn, 2015. Green Dell Academy is a prestigious co-ed prep school tucked away in a quiet corner of Connecticut. And although it has its first female head of school, it's still very much a boys' club—a club with longstanding “traditions” that involve gross misconduct—and now murder.

A woman has been killed, right on campus, a woman who has been deeply involved in fighting sexual violence, a woman who had no shortage of enemies.

The murder case, coupled with an investigation into allegations of sexual assault, threatens to bring dark, deep-rooted secrets to the surface, the kind of secrets that go back decades—and some people seem to value the old ways more than human life . . .

Praise:

“As past and present collide, buried truths surface, exposing how silence, loyalty, and institutional power allow harmful behavior to persist for years. A compelling and timely mystery” - *Booklist*

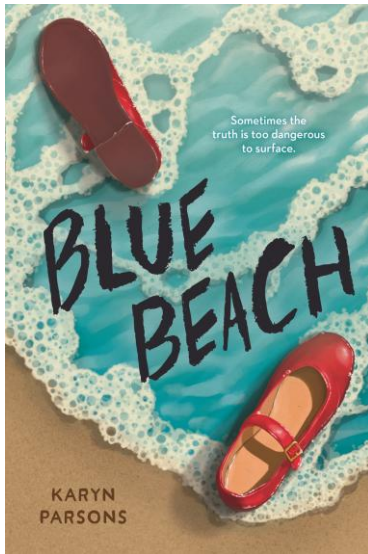


Alex Myers is the author of Lambda Literary award finalist *Revolutionary* as well as *Continental Divide* and *The Story of Silence*. He lives and teaches in Vermont with his wife and two cats.

Severn House
224 pages
Stonesong Literary
Book available

Rights sold: UKANZ/Severn House

BLUE BEACH
Karyn Parsons



Perfect for fans of *Promise Boys*, this gripping historical mystery follows a teenager who finds a murdered girl on her family's California beach—a discovery that will reveal the racism rampant in her world.

Fifteen-year-old Blue Collins's parents own the only Black beach in Santa Monica in 1929. She loves spending time there with handsome Ben Turner. It's a quiet spot where they can be alone and where Ben's darker skin won't be judged by onlookers—or Blue's own family.

During a sunset rendezvous after a summer parade, the pair discovers the body of Dottie Whitehouse, a white debutante. Blue Beach is already fighting for survival against opposition from local white property owners. The discovery of a dead white girl on its sands would mean the end of the family business and serious trouble for the town's Black community. In their panic, Blue and Ben move Dottie's body into the waters of a nearby white beach.

Dottie's body washes ashore, and it's determined this wasn't a drowning. It isn't long before all eyes are on Ben. Everyone saw how Dottie teased him and how they shared smiles: inappropriate exchanges for a Black boy and a white girl. And their history goes deeper than Blue ever realized. But to save Ben from the outraged white townspeople, she'll need to do whatever she can to dig up the truth and prove his innocence. Ben isn't the only one whose life depends on it.

Praise:

"Parsons' latest is a page-turning narrative bolstered by a strong sense of time and place. A riveting story of secrets, betrayal, racial struggle, and loyal bonds."—*Kirkus Reviews*, starred review

"Parsons's YA debut is a gripping, emotionally resonant mystery distinguished by a morally complex plot and an unforgettable young heroine. Balancing suspense with historical truth, it is a powerful story of courage, loyalty, and resilience." —*Horn Book*

"An engaging period piece with an easy-to-follow mystery and highly compelling characters, this is especially relevant for its realistic depictions of race and class in American society."—*School Library Journal*

"An engrossing novel about the lies people believe and the terrible things done to keep the truth buried."—*Booklist*

"*Blue Beach* is an unflinching and beautifully crafted page-turner. Parsons's vivid prose builds palpable tension throughout this love story that explores the dangers of keeping secrets and the cost of telling the truth. An indelible tale."—Renée Watson, #1 New York Times bestselling author

"Karyn Parsons does something special here—really in everything she writes. History is at the forefront: the beautiful and the ugly, the urgency to confront and correct it. *Blue Beach* is a mystery that pulses with immediacy. I found myself rooting for Blue, for Ben, and for justice for us all."—Tami Charles, New York Times bestselling author of *Muted* and *Like Vanessa*

"*Blue Beach* is a brilliant and gripping whodunit set during a time that reminds us society's dangers exist without an expiration date. The historical setting is lovingly rendered, the crime heartbreakingly depicted. Karyn Parsons has done some fine work. Anyone who steps on the sand here is going to want to stay a while!" —Lamar Giles, three-time Edgar Awards finalist and author of *The Getaway*

Karyn Parsons is best known for her role as Will Smith's cousin Hilary Banks on NBC's *The Fresh Prince of Bel-Air*. She is the author of *Clouds over California* and *How High the Moon*. BLUE BEACH is her debut Young Adult novel. Karyn lives in Providence, Rhode Island, with her family.

Little Brown Childrens
304 pages
Europa Content
Book available

THE LIGHT BETWEEN THE PINES

Warren Read



In the stillness of a pine grove, a wrecked car tells a story no one wants to hear.

Red Miller has lived long enough to know when someone is lying, especially his daughter, Gina. On an afternoon in early fall of 1979, Red gives Gina's boyfriend money he knows he won't see again, then watches his daughter slip further away, wondering where it all went wrong. Five years later, a call from an Idaho deputy changes everything: Gina has vanished after a fatal car crash, and Red has a grandson he's never met. Haunted by his failures and the memory of a wife lost too soon, Red travels to a small Idaho town in search of answers. But what he finds is more than a mystery; it's a reckoning-of love misspent, of the fragile ties that bind us, and of the strange, stubborn hope that still lingers in the quiet spaces between regret and redemption.

The Light Between the Pines is a powerful, slow-burning portrait of family and fallout, told with the sparse beauty and emotional precision of Kent Haruf's *Plainsong* and Richard Ford's *Wildlife*

Praise:

"Read's novel is a quiet, deep character study of a man reckoning with his mistakes and shortcomings in a continuing effort to right his relationship with his daughter. In a novel that's straightforward and steeped in reflections about place, Red is a fully realized character as he thinks 'he understood now the expectation of silence in a place like this, among people like these. The pull between what a person should do versus what they had to do.'" – *Kirkus*

"*The Light Between the Pines* is one of those rare novels that understands that family mysteries are merely the stories we've been telling ourselves for so long that we've forgotten where the facts end and the longing begins. Wise, compassionate, and quietly devastating, Warren Read's novel explores fathers and daughters, the debts we owe, the ones we can never repay, and the stubborn hope that survives even after a life has given us every reason to let it go. Set against the lonely landscapes of the American West, this is a story about loss, and the fragile bridges we spend our lives trying to build back to the people we love." – Jamie Ford, *New York Times* bestselling author of *Hotel on the Corner of Bitter and Sweet*

"Warren Read has a rare gift for lyrical, precise prose that illuminates the private griefs and stubborn hopes of a man of few words and deep, unexpressed feelings. At its core, this is a story of searching—for a missing daughter, for answers, for redemption. A beautifully written, profound meditation on parental love: what we carry, what we let go, and what, against all odds, we are given back. An extraordinary novel." – A. J. Banner, author, *After Nightfall* and *Dreaming of Water*

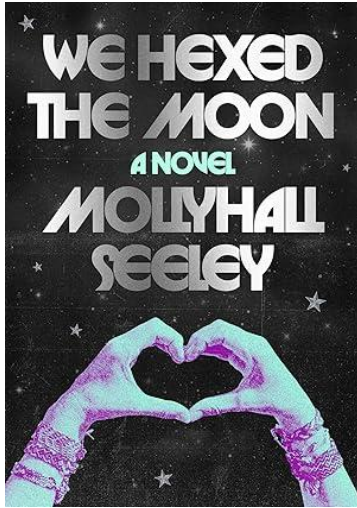
"Warren Read is as good as any writer I know at getting under the skin of his characters, especially those who'd prefer to keep people out... *The Light Between the Pines* is a gripping and gorgeous novel about the lengths parents go to look out for their wayward children, even those beyond their help, and a community that does whatever it can to protect its most vulnerable members." – Scott Nadelson, author of *Trust Me*, and *While it Lasts*

"With all Warren Read's novels, the minute we crack a spine, we are immersed in story, character, and, more importantly, feeling... This beautifully wrought novel explores themes of family and resilience and by the end, as well as possible redemption. A wonderful story." – Jessica Barksdale Inclán, author of *What the Moon Did* and *What They Found at the Lake*

Warren Read is the author of the memoir, *The Lyncher in Me*, about his discovery that his great-grandfather had incited a lynching in 1920, and two novels: *Ash Falls*, which was called "a moody, haunting foray into rural Americana in the mold of Daniel Woodrell and Christian Kiefer," by *Kirkus*, and *One Simple Thing*, which *Publishers Weekly* declared to be "a gripping tale of crime, intrigue, and complicated family relationships." Warren earned his MFA from the Rainier Writing Workshop at Pacific Lutheran University.

Ig Publishing
264 pages
Book available

WE HEXED THE MOON
Mollyhall Seeley



Bunny meets *The Craft* in this speculative debut about four best friends who perform a ritual on the moon in a last-ditch attempt to hold onto one another, but are forced to reckon with the consequences.

It is the summer after high-school graduation, and four island-grown best friends are about to be forced apart by their Plans for the Future. Rather than process the world of expectations bearing down on them and the secrets they've kept hidden even from one another, they perform a ritual on the moon to spice up their sleepover.

They don't expect it to actually work.

But suddenly the moon is gone from the sky and in the bedroom with them, and she's not interested in going back where she came from. As the balmy August night unfolds, the girls scramble to find a human sacrifice to replace the moon before their world is plunged into chaos.

Praise:

"The novel is written in the breathless rush of adolescence — a white-hot folie à quatre fueled by nostalgia and milkshakes. Things get messy...But then, that's how these friendships go sometimes: burning impossibly bright and flaming out like a supernova."

- *New York Times Book Review*

"Full of young-adult wisdom, braiding dark and light together, *We Hexed the Moon* is a charmer." – Ali Smith, award-winning author of *The Seasonal Quartet*

"A witty and unique transformation of the coming of age novel." - Zito Madu, author of *The Minatour at Calle Lanza*

"A raw portrayal of the quaking, hungry, and sometimes deadly power of friendship...Seeley's prose is heartrending, hilarious, and tender." – Rebecca Mock, author of *Salt Magic*

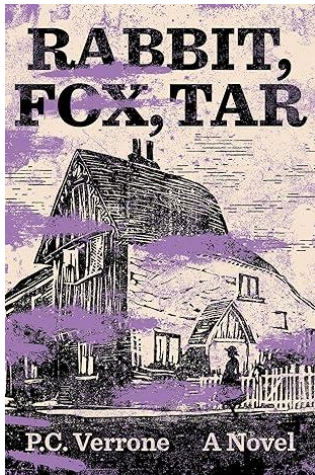


Mollyhall Seeley lives in New York, writes books and music, and can be found in various internet spaces under the name ofgeography, which she regrets to have chosen at 19 before she knew how embarrassing it would be to be called "Molly Ofgeography" for the rest of her life

S&S / Saga Press
224 pages
Stonesong Literary
Book available

Rights sold: UKANZ/Weatherglass

RABBIT, FOX, TAR
P. C. Verrone



A mesmerizing, fable-like debut novel about a mysterious young Black woman whose arrival in an insular neighborhood threatens to shake its foundations

Longlisted for Center for Fiction First Novel Prize

When Baby appears in Original Hill, her name is on everyone's lips. A young Black woman is a rare sight in this part of town, and she sits all day on the Foxes' garden wall, swinging her bare feet and speaking to no one. That is, until the charismatic Lucius "Lucky" Foote comes along and touches her, sparking their romance. Arm-in-arm with Baby, who seems to exert a seemingly supernatural pull on the other residents, Lucky is confident he will secure the open city council seat away from Baby's uncle Eugene Fox, the back-from-retirement white incumbent.

With protestors reopening old wounds around the Black neighborhood that was leveled by the nearby highway decades ago and Lucky threatening his position, Fox believes it's not just a city council seat at stake, but the "soul" of Original Hill.

As Baby is woven further into the unraveling community, she begins to stray from Fox's strict rules and question everything, from where she came from to who—and what—she truly is.

Praise:

"Verrone has an alchemical ability to take parts of the old and the new and transform them into something entirely his own, making the book's existence a revolution unto itself . . . Its vital messages—such as how a community is only as strong as its stories—are present for all who have the vision to see them. However, its power doesn't lie in its didacticism, but rather its screaming relevancy to the present state of American affairs." —Mateo Askaripour, *The New York Times Book Review*

"Verrone will bewitch you with this debut novel that feels unlike any book I've ever read . . . This book truly came alive." —Adam Vitcavage, *Debutiful*

"A novel that does it all . . . It works on a sentence level and a structural level and a political level. It works as a fable and as a grounded, human story . . . It's an outstanding, singular novel that kept me under its spell until the very end." —McKayla Coyle, *Literary Hub*

"Through tantalizing and enthralling prose, Verrone deconstructs politics, bringing aspects of it into the everyday world and making spaces come alive in more ways than one. A worthy look into contemporary racial politics and dispossession, *Rabbit, Fox, Tar* is suitable for readers unafraid of the unknown." —*Booklist*

"A novel that breathes new life into a classic folktale . . . [Verrone's] pacing is excellent, keeping the reader in suspense to the startling end . . . This reimagining is quite good; Verrone seems to have a boundless imagination, which bodes very well for his literary future. A strong and inventive debut." —*Kirkus Reviews*

"Verrone grounds the story with references to the very real history of Black Americans' displacement in Minnesota and develops Baby's character with fascinating bits of folklore and magical realism. There's a lot to enjoy in this ambitious tale." —*Publishers Weekly*

"Verrone's sparkling reworking of American folklore's tar baby tale compels, haunts and delights all at once—a remarkable debut!" —Claire Messud, author of *This Strange Eventful History*

"P.C. Verrone's debut novel *Rabbit, Fox, Tar* is as haunting as it is enchanting. Innovative in its play on one of America's best known folktales, adroit in its exploration of themes ranging from gentrification, political campaigning and racial dispossession to the complexities of race, desire and selfhood, and written with incomparable lyricism and verve, *Rabbit, Fox, Tar* offers a striking new take on a quintessential American story." —John Keene, author of *Punks*



PC Verrone's short fiction has been published in FIYAH Magazine of Black Speculative Fiction and Elemental Forces New Horror anthology (Flame Tree Press). His writing has won the Black Creatives Revision Workshop, hosted by We Need Diverse Books and Penguin Random House, and a Fall 2024 Tin House Residency.

Catapult
304 pages
Stonesong Literary
Book available

ACCEPTABLE RANGE
Peter Zeihan

Cover
Reveal
To
Come

A near-future thriller about the collapse of advanced technological power – and the systems that sustain it – from a *New York Times* bestselling author and globally recognized leader in geopolitical strategy

A dying tech billionaire hands Zoe Wolfe a device she doesn't understand, and within hours, the people who killed him are hunting her across continents. What begins as a desperate scramble to survive becomes something far more dangerous: a race to understand what she's carrying, who wants it, and why someone is systematically dismantling the infrastructure that holds modern civilization together.

From the shores of Lake Geneva to the copper mines of the Atacama, from the backrooms of Cyprus to the high passes of Central Asia, Zoe and a small team of operators, analysts, and oddities must outrun a conspiracy that isn't just trying to win the future—it's trying to make sure no one else has one.

Acceptable Range is a fast-paced and frighteningly plausible read that mixes nail-biting action with an unrivaled insider's peek behind the current geopolitical curtain.



Peter Zeihan is a globally recognized geopolitical strategist and the author of the *New York Times*-bestselling *The End of the World is Just the Beginning*, *Disunited Nations*, *The Absent Superpower*, and *The Accidental Superpower*. He is frequently featured in top-tier media outlets including CNN, Fox News, ABC, *The Wall Street Journal*, *The New York Times*, *Forbes*, Bloomberg, and the Associated Press.

BenBella
936 pages
Jud Laghi Agency
Manuscript available

Rights sold: Korean/Kim & Kim

CREATIVE HEALTH: The Science Behind Our Most Overlooked Survival Skill – And Why Humanity Depends On It

Katina Bajaj

Cover
Reveal
To
Come

For the past 100 years, we have been letting our most important survival skills decay. Play, beauty, and curiosity aren't hobbies or luxuries. They are the core components of our Creative Health, the very capacities that keep us fully alive. Even more, they are exactly what allow us to adapt to change, imagine new futures, and stay fully human in an increasingly uncertain world. For decades, we have been systematically removing these human traits from adult life, replacing them with efficiency, achievement, and productivity. The cost to our individual and collective well-being has been almost invisible - until now.

Katina Bajaj, Creative Health Scientist, founder of the venture-backed company Daydreamers, TED Speaker and Aspen Institute Fellow, has spent nearly a decade studying exactly what helps people thrive, even in the most difficult moments: Creativity. In the most scientific sense, she's found that creativity isn't just a talent, but a skill - one that can be measured, practiced, and strengthened at any age, in any stage of life. Creative Health is a unique pillar of well-being as fundamental as physical or mental health. Now in *Creative Health*, Katina pulls from her years of research to dissect the harm of dismissing our creativity as a luxury and most importantly, reveals the exact scientific steps everyone can follow to begin cultivating it.

In the book, Bajaj will:

- *redefine what creativity really is from a scientific perspective - and why we've been conditioned to remove it from our lives.
- *map the pillars of Creative Health and the strategies to strengthen it through play, curiosity, and beauty.
- *provide specific practices everyone can use to begin injecting Creative Health into daily life through a three-part framework: Analog expression, Critical thinking and Savoring aesthetics.
- *shift Creative Health from an individual practice into a collective, urgent movement.

By integrating cutting-edge neuroscience, proprietary research, and concrete tools, *Creative Health* is not a how-to creativity or self-help book. Rather, Katina's approach echoes that of James Clear, Jenny Odell, and Emily Nagoski — writers who shift cultural paradigms while giving readers simple, evidence-based behaviors they can integrate into daily life. *Creative Health* proves that creativity is not optional. It is the one capacity we have that will help us adapt, imagine a better future, and stay fully human.



Katina Bajaj is Katina is a trailblazer in the field of Creative Health. She has been named an Aspen Institute Health Fellow, gave an official Ted Talk at TED HQ on play deprivation in May 2026 and is on the Organizing Committee of the Society for the Neuroscience of Creativity. Katina regularly delivers keynotes on Creative Health to organizations like Capital One and has done partnerships with Netflix. She has been featured in notable media including [Fast Company](#), [Bustle](#) and [TIME](#), and Universities and medical schools like NYU and UCSF are integrating her frameworks into their programs.

Ballantine
320 pages
Present Perfect Dept
Proposal available
Manuscript available: May 2027

THE WRITER'S MIND: *Defeat Procrastination, Perfectionism, and the Mental Blocks That Stop You from Writing and Finishing*
Chris Banks

Cover
Reveal
To
Come

The creator and CEO of ProWritingAid uses the latest science of peak performance and psychology to reveal how, in only four minutes a day, writers can become “creative athletes” and unlock their greatest asset: their mind.

The Writer's Mind solves the biggest problem in writing: the unfinished manuscript.

Most writers don't struggle because they lack talent, discipline, or ideas. They struggle because of what happens in their minds when they sit down to write.

Even motivated, skilled writers find themselves blocked by self-doubt, perfectionism, procrastination, and emotional exhaustion. The creative brain must constantly switch between imagination and focus—often over long periods—and this unique mental demand makes writing feel harder than it needs to be.

In *The Writer's Mind*, Chris Banks draws on neuroscience, positive psychology, cognitive behavioral science, and a decade of first-hand research with millions of writers to reveal a simple truth: mindset—not craft—is the primary factor that determines whether writers finish their work or quietly give up.

Structured as a science-based roadmap, the book introduces writers to how their brains actually work, including the concept of the mind as an “energy landscape” shaped by habits, beliefs, and emotional patterns. Readers learn how common “writing blocks” form, why their biggest strengths often hide their biggest limitations, and how small, intentional mental practices can rewire creativity, focus, and resilience.

Central to the book is the Four-Minute Mind—a set of short, practical exercises that fit into real life and compound over time. These tools help writers quiet their inner critic, escape overthinking, build sustainable focus, and develop a healthier relationship with their creative work.

Blending science, story, and deeply relatable examples, *The Writer's Mind* reframes writing from an uphill battle into a sustainable creative practice. It offers writers not inspiration alone, but a clear, compassionate operating manual for consolidation, consistency, and joy.

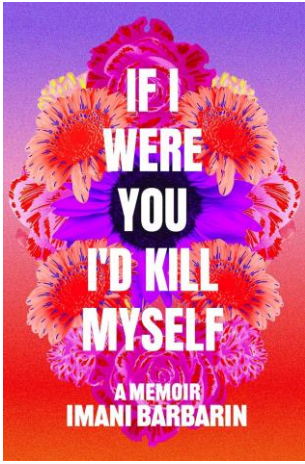
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Chris Banks is the founder and CEO of ProWritingAid, a writing platform trusted by over four million writers worldwide. For more than a decade, he has worked closely with writers at every stage of their journey, helping them overcome technical barriers—and discovering that the greatest obstacle most writers face isn't craft or talent, but mindset. He holds a master's degree in Experimental Psychology from Oxford University, where he developed a deep fascination with how beliefs, emotions, and habits shape human potential.

Hay House US
256 pages
Rogers & Weil Literary
Manuscript available

IF I WERE YOU, I'D KILL MYSELF: A Memoir
Imani Barbarin



***If I Were You, I'd Kill Myself* is an unapologetic, hilarious, and triumphant memoir that revolutionizes what it means to be disabled.**

Imani Barbarin was two years old when she was diagnosed with cerebral palsy, a congenital motor disability that affects her ability to walk without crutches. Because of that, she has been called “inspiring” for simply living, “pretty for a disabled girl,” and “brave.” One person tried to offer sympathy by saying that in her place, “I would kill myself.” But what others offer as kindness, Imani recognizes for what it is: a projection of fear, discomfort, and deeply ingrained ideas about whose lives are worth living.

Since her diagnosis, she has spent her life navigating not just the physical realities of her condition, but the relentless assumptions of able-bodied strangers—people who stare, comment, and insist on turning her existence into something for their own comfort.



Imani Barbarin is a writer, public speaker, TikTokker, and disability rights activist from the Philadelphia area. She holds a master’s degree in global communications from the American University of Paris. Her published works include those in *Forbest*, *Rewire*, *Healthline*, *BitchMedia*, and more

Simon & Schuster
272 pages
Present Perfect Dept
Manuscript available

FROM ROCK TO ROCKETS: My Life as a Hall of Fame Guitar Slinger, Mad Scientist of Sound, and Citizen Warrior for National Defense
Jeff ‘Skunk’ Baxter

Cover
Reveal
To
Come

From founding member of Steely Dan and former guitarist with The Doobie Brothers, Jeff “Skunk” Baxter, comes the astonishing true story of one of the most fascinating lives in American music, tracing his extraordinary journey from legendary rock and roll guitarist to cleared access missile-defense consultant and counterterrorism expert.

Jeff “Skunk” Baxter lives two lives. In one, he is a rock and roll legend, founding member of the Steely Dan and former core member of The Doobie Brothers, multiple awards, induction into the Rock and Roll Hall of Fame, and a Lifetime Achievement Award. In the other, he is an advisor to the U.S. Department of War’s Missile Defense Agency and, over the course of the past 30-plus years, a consultant to the Department of Homeland Security, NASA, prestigious research laboratories, and top defense contractors, including Boeing, Lockheed Martin, and Northrop-Grumman.

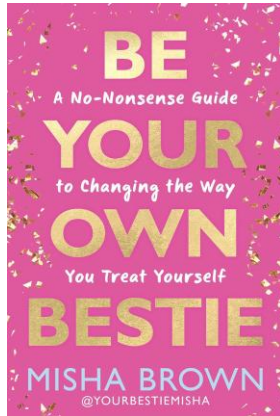
Told in his own words for the first time, “the most interesting man in music” (*NPR*) chronicles the improbable twists and turns that carried Baxter from rock star to national security subject-matter expert. Blessed with natural talent, insatiable curiosity, and serendipity, Baxter recalls how a music-obsessed-kid growing up between Mexico City and New York City quickly became a founding member of the band that would become a cornerstone of his legacy: Steely Dan. He vividly captures the grit and magic of the rock music scene in Boston, New York, and Los Angeles in the ’60s and ’70s, and describes the soaring highs and rock-bottom lows of superstardom: his transition from Steely Dan to the Doobie Brothers, world tours, and recording with legends like Dolly Parton, Carly Simon, Elton John, Ringo Starr, and Joni Mitchell. Then, comes his surprising pivot to the defense industry, trading the recording booth for the cockpit of a recon plane. All the while—whether playing arenas or playing war games at the Pentagon—Baxter reflects on the mystical intersections of music and technology, and the mentors, friends, and collaborators who helped him.

Featuring 16-pages of never-before seen photographs and fascinating insights into Baxter’s favorite guitars and gear, this wildly entertaining, completely original, genre-defying memoir is a testament to the power of curiosity and the extraordinary opportunities that come from embracing the unexpected.

Jeff “Skunk” Baxter is a world-renowned guitarist who has earned multiple Gold and Platinum albums and two Grammy Awards and is a member of the Rock and Roll Hall of Fame. Baxter has served as a writer, columnist, and reviewer for publications ranging from *Guitar Player*, *Guitar magazine*, *Billboard*, *Mix*, *Recording Engineer-Producer*, *Radio & Records*, *Modern Recording*, *Wired*, *Money*, *Forbes*, *The Wall Street Journal*, and many others. Baxter’s second career as a consultant for the aviation and defense industry has included a Congressional appointment to chair the Civilian Advisory Board for Ballistic Missile Defense and participation in numerous wargames for the Pentagon and the US national security community. He is a Senior Fellow and member of the Board of Regents at the Potomac Institute for Policy Studies, a Senior Thinker at the Institute for Human & Machine Cognition, and a member of the Director’s Strategic Red Team at MIT/Lincoln Laboratory. Baxter has lectured Oxford University on the topic of regional conflict and missile defense.

Harper Influence
288 pages
Jud Laghi Agency
Manuscript available

BE YOUR OWN BESTIE: A No-Nonsense Guide to Changing the Way You Treat Yourself
Misha Brown



#2 New York Times Bestseller * #6 USA Today Bestseller
Over 175,000 copies sold!

Hey, Bestie! Start loving yourself radically with the 4-step SASS Method that literally anyone can do—from social media star Misha Brown.

You deserve happiness.

You deserve hope.

And you deserve a sassy best friend who can help you learn not to settle for less.

It's time to start loving yourself radically. And Misha Brown—you may know him as @yourbestiemisha—is here to guide you along your journey of self-discovery, accountability, and most importantly, self-love. With his no-nonsense (but always loving) approach, Misha shares stories from his own life, encounters with others, and the wisdom gleaned from them to help you release the patterns, relationships, and beliefs that have kept you from stepping into your full fabulousness.

With equal parts hilarity and heart, Misha's S.A.S.S. Method to glowing up your life consists of:

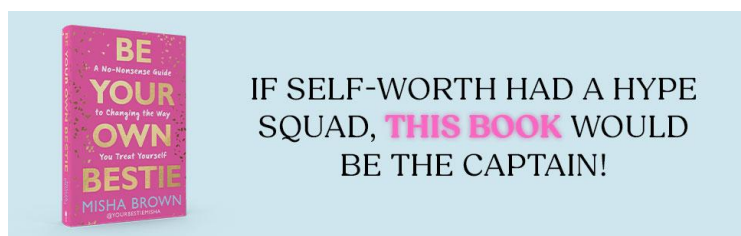
S – Self-reflection: Turn your focus inward to push away what's been holding you back

A – Affirmations: Reshape the way you speak to and about yourself

S – Standing your ground: Set boundaries and stop apologizing

S – Sculpting the life you want: Take bold steps toward your own happily ever after

No matter where you are today, now is the time to begin showing up for yourself as your own best friend. Because you deserve it, bestie!



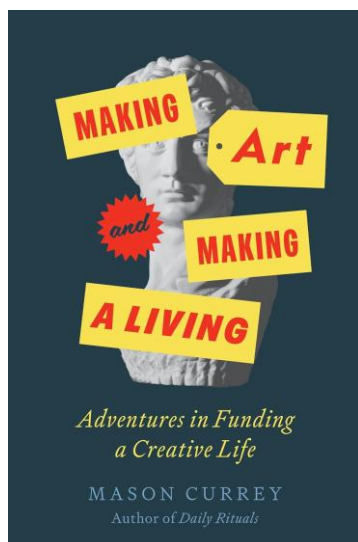
Misha Brown is an undeniable entertainment powerhouse who excels as an influencer, podcast host, and performer. With a knack for captivating audiences, he shot to notoriety on TikTok in 2021 with the viral Lessons in Not Crossing a Gay Man series, amassing over 6 million followers. Named Motivational Creator of the Year and honored by the Webby Awards for social impact, he also earned a Best Comedy Podcast nomination from the Podcast Academy. Misha's work has been spotlighted by *People*, *USA Today*, and *Good Morning America*, cementing his status as one of the most compelling voices online.
@yourbestiemisha

Hay House
256 pages
Europa Content
Book available

Rights sold: UKANZ/Hay House; French/Tredaniel; Italian/San Giovanni; Japanese/Kanki; Polish/Bellona; Thai/Amarin Ukrainian/Vivat

MAKING ART AND MAKING A LIVING: Adventures in Funding a Creative Life

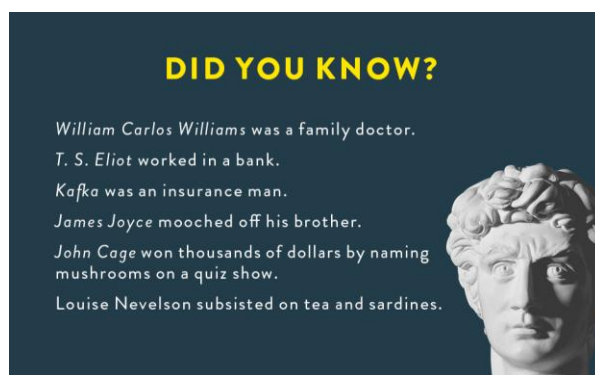
Mason Currey



Daily Rituals author Mason Currey weaves together delightful, illuminating stories and reflections about how famous artists, writers, musicians, and filmmakers throughout history have managed to successfully (or not) support a creative life.

Many of us are drawn to a life in the arts but daunted by how to balance that ambition with the very real need to pay rent and put food on the table. It is impossible to become an accomplished painter, composer, or novelist without spending time experimenting, making false starts, absorbing criticism, reading, talking, and moping about the house. All of this time must be purchased, one way or another. Is the history of art and ideas just a history of rich kids?

From family money to jobs to colorful schemes, Mason Currey, author of the acclaimed *Daily Rituals*, explores both the well-worn and unlikely paths forward for the up-and-coming artist. *Making Art and Making a Living* is an entertaining and thought-provoking examination of the collision of creative ambitions with real-world necessities, and of the messy, glorious, torturous compromises that gifted individuals have patched together when facing this eternal dilemma of an artistic life.



Praise:

"By telling the stories of creative people in the past, Mason Currey gives readers a wider range of possibilities for the future. I always find much to steal from his books." — Austin Kleon, *New York Times* bestselling author of *Steal Like an Artist*

"Mason Currey is the undisputed master of finding, in the messy lives of great artists and thinkers throughout time, deeply human lessons about cultivating meaning in our current age." — Cal Newport, *New York Times* bestselling author of *Slow Productivity* and *Deep Work*

"A wonderfully readable, anecdote-filled tour of the inventive and sometimes eyebrow-raising ways artists through history have sought to transcend the everyday while also paying the bills. Mason Currey never tells the reader what to do—creativity is too personal for that—but there's vast inspiration, and consolation, in these pages." — Oliver Burkeman, *New York Times* bestselling author of *Four Thousand Weeks*

"An astute assemblage of biographical sketches highlights how practical circumstances can complicate artistic ambition [...] as an invitation to create—to push up against limits, to squeeze time from the margins of the day, and to live on sardines and crusts of bread if necessary—Currey's case studies may well spark the artistically inclined reader to attend more dutifully to their life's calling. Thought-provoking, interwoven profiles celebrate the creative drive in context." — *Kirkus Reviews*



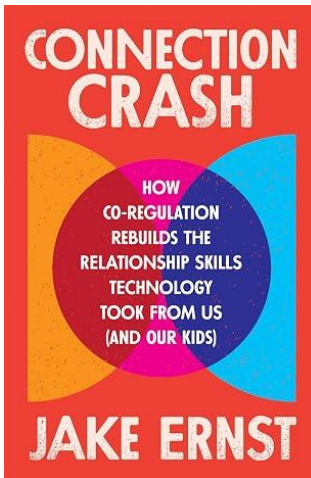
Mason Currey is the author of the *Daily Rituals* books—*Daily Rituals: How Artists Work* (2013) and *Daily Rituals: Women at Work* (2019) – featuring featuring brief profiles of the day-to-day work habits of more than 300 brilliant minds. He has worked as the managing editor of *Metropolis*, the executive editor of *Print*, and a senior editor at *Core77*, and his freelance writing has appeared in the *New Yorker*, the *New York Times*, the *Atlantic*, and *Slate*. Currey lives in Los Angeles and writes *Subtle Maneuvers*, a twice-monthly newsletter on the creative process.

Celadon
240 pages
Thompson Literary
Book available

Rights sold: UK/Swift Press; Chinese (complex)/Linking; Korean/Across Publishing; Russian/Progress Kniga; Turkish/Kolektif

CONNECTION CRASH: How Co-Regulation Rebuilds the Relationship Skills Technology Took From Us (And Our Kids)

Jake Ernst



For fans of *The Anxious Generation* and *Dopamine Nation*, comes a solution for recovering sustained relational health and safety in a world influenced by AI, algorithms and screens

In today's tech-driven world, we're feeling lonelier than ever. The presence of artificial connection is perpetuating distraction, disconnection, and distress. And no one is experiencing this more than teens. Relational therapist and community educator Jake Ernst calls this phenomenon the "connection crash." Connection crash happens when we suppress our natural instincts to connect with others and instead turn to dopamine-driving, attention grabbing, and socially isolating apps and algorithms that offer short term comfort.

Scary? Yes. But Jake has a solution. Co-regulation is the process of developing safety through connection with others—whereby one calm person calms another. It's the most reliable way to experience relational safety in an unpredictable world and to protect the future of our children.

Through research, case studies, exercises and scripts, *Connection Crash* will first show adults how to support regulation through their stress responses, manage their thoughts and emotions, and help build a reliable sense of self and relational safety with themselves and others. It will then teach readers how to build those skills with their children, so they're better prepared to have healthy, long-lasting relationships. By the end of the book, you will strengthen your relationship with your teen, while seeing there's a clear path forward for emotional safety and closeness in the digital age.

Early praise:

"At a time when digital usage is at an all-time high, Jake wrote this book to help us navigate the world of technology and how to exist within it. *Connection Crash* is packed with skills to build discomfort, nuance, and connection. Rather than telling us to unplug, Jake offers a roadmap for staying present and genuinely connected in a hyper-connected world. This book meets readers wherever they are with their screens."—Nedra Glover Tawwab, *licensed therapist and author of Set Boundaries, Find Peace*

"Today, the relationships that teenagers depend on are increasingly disrupted by technologies that alter the conditions under which they grow, regulate, and belong. *Connection Crash* helps us understand what is at stake—and what we can do about it. Blending attachment science and years of therapeutic experience, Jake offers a compassionate and deeply insightful guide that belongs in the hands of every parent, teacher, clinician, and helping professional."—Donna Jackson Nakazawa, *author of Mind Drama and Childhood Disrupted*

"If you have ever watched the people you love disappear into their screens, *Connection Crash* will help you understand the need beneath the habit. Jake Ernst reveals how we have mistaken digital soothing for safety and connection. With clinical insight and accessible tools, he shows us how to rebuild our capacity to steady one another."—Ellen Vora, MD, *author of Season of the Witch and The Anatomy of Anxiety*

"The robots are here, but the thing humans need most is the one thing machines can't give us—each other. I've been a fan of Jake's work for years, and this book offers practical skills in a time when we need them most. In an increasingly automated world, *Connection Crash* is essential reading."—Britt Frank, LCSW, SEP, *author of The Science of Stuck and Align Your Mind*

"*Connection Crash* offers strategies to reinvest in human connection and rebuild the uniquely human skill of emotional co-regulation. Smart, compelling, relatable, and accessible to teens, parents, and adults of all ages, you'll find yourself realizing what needs to change in your own life as you read it."—Julie Lythcott-Haims, *New York Times bestselling author of How to Raise an Adult*



Jake Ernst is a registered social worker and psychotherapist. He is the Clinical Director at Straight Up Health, a family mental health clinic. Jake is an engaging speaker and educator and has delivered educational workshops about mental, emotional, and social health—an acronym he refers to as "MESH"—at countless community health agencies, schools, and conferences, both nationally and internationally. Jake works with families, schools, and leaders to build human systems that technology can't replace. He lives in Toronto.

Balance
256 pages
Chalberg & Sussman
Manuscript available

Rights sold: Canada/HarperCanada;

BEFORE WE FORGET HOW TO CONNECT: Be Heard, Be Seen, and Communicate with Confidence
Vinh Giang



A warm, practical, and deeply human guide to communicating with more confidence, presence, and connection—from internationally acclaimed speaker and communication coach Vinh Giang.

What if the biggest thing holding you back isn't your talent, intelligence, or hard work—but your ability to connect?

In *Before We Forget How to Connect*, Vinh Giang shows that communication is not a gift reserved for the naturally charismatic. It is a skill. A set of learnable tools. And once you begin to master them, your relationships deepen, your confidence grows, and your ideas finally land the way they deserve to.

Drawing on his journey from a shy child of Vietnamese refugees to one of the world's most sought-after communication coaches, Vinh teaches readers how to “play the instrument” they were born with: their voice, body, stories, and capacity to listen and reveals how small, deliberate changes in the way we speak, move, share, and hear one another can transform the way people experience us—and the way we experience ourselves.

Inside the book, readers will learn how to:

- Use their voice with greater presence, emotion, clarity, and influence
- Strengthen body language, including posture, gestures, facial expression, movement, and eye contact
- Tell stories that build trust, create emotional connection, and make ideas memorable
- Listen beyond words by noticing emotion, tone, vocal shifts, and body language
- Build everyday communication habits that help them feel more confident in meetings, relationships, presentations, and difficult conversations

Whether you feel overlooked in meetings, awkward in conversations, misunderstood by the people you love, or ready to step into a more confident version of yourself, this book offers a clear and practical path forward. It is about becoming more fully human in a world that is growing noisier, faster, and more disconnected. It is about remembering how to be heard, seen, and understood—and learning how to offer that same gift to others.

Because connection is not lost. It is simply waiting to be remembered.

WHY LEARN FROM VINH GIANG?



Over 1 billion video views every year.



International keynote speaker trusted by organizations around the world.



Over 15 years studying communication, storytelling, body language, and human connection.



THE FOUR SKILLS THAT CHANGE EVERYTHING



Voice
Be heard.



Presence
Be seen.



Storytelling
Be remembered.



Listening
Make people feel understood.



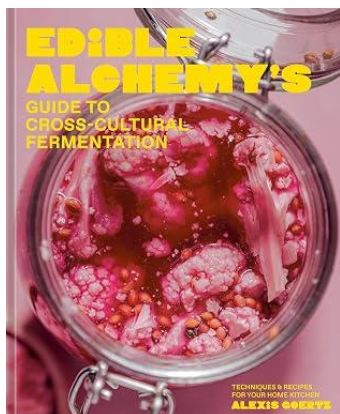
Vinh Giang is an internationally acclaimed keynote speaker, magician, and communication coach. His Stage Academy courses and viral videos have reached millions, with more than 70,000 students worldwide. A child of Vietnamese refugees who grew up in Australia, he combines practical tools with humor and heart, inspiring audiences from Microsoft and LinkedIn to small business owners and students.

Hay House
352 pages
Europa Content
PDF available

Rights sold: UKANZ/Hay House

EDIBLE ALCHEMY'S GUIDE TO CROSS-CULTURAL FERMENTATION: Techniques & Recipes for Your Home Kitchen

Alexis Goertz



Embark on a fermentation journey and discover your inner alchemist with over 65 recipes for crafting edible gold like sauerkraut, kombucha, miso, and more in your home kitchen.

Whether preparing curtido to extend the life of cabbage or using leftover bread to brew a bubbly glass of kvass, fermentation has long been a tool for giving ingredients a whole new life. Preserving foods to limit waste and boost gut health is the lifelong obsession of fermentation teacher and bacteria barista Alexis Goertz, creator of the edutainment (educational entertainment) platform Edible Alchemy. She has spent decades exploring this ancient and wild practice, and in *Edible Alchemy's Guide to Cross-Cultural Fermentation* she equips you with techniques and over 65 recipes for experimenting with your own ferments.

Edible Alchemy's Guide to Cross-Cultural Fermentation is divided into three parts: the cultural (both microbial and human) foundations of the practice; the fundamentals of and basic tools needed for fermentation; and the techniques and recipes that turn ordinary ingredients into living, edible gold. Along the way, Alexis encourages you to be playful and experimental, no matter where in the world you are based, with the reminder that every ferment is an opportunity to learn something new about seasonal ingredients local to your region through global techniques.

The more than 65 recipes are designed for beginners and expert alchemists alike. Alexis provides you with a breakdown of prep and fermentation times for each recipe and a list of any specialized kitchen equipment needed. The recipes themselves focus on flavor, with tangy fruit vinegars, umami-rich misos, and crispy sourdough crackers all in the mix. You can help combat food waste by making **Cauliflower Leaf & Core Kimchi** with leftover foliage or **Green Tomato Pickles** to use up your late-season tomatoes. Stock your fridge with homemade condiments like **Salted Citrus Mustard** or **Fire Cider Paste Miso** that you can use in salad dressings or marinades. Find formulas and tips for how to create and care for your **Sourdough Starter** and then use it in **Sourdough Dosas** and **Sourdough Taralli**. And learn how to make **The Real Ginger Ale**, **Cherry Cream Soda**, and **Coffee Kombucha** so you can have refreshing, probiotic sips.

Alexis provides you with the basics so you can confidently experiment with other local ingredients and flavors on your own. With many troubleshooting tips for what you want to see—and don't want to see—in your ferments, brought to life through Alexis's very own illustrations, *Edible Alchemy's Guide to Cross-Cultural Fermentation* is the perfect resource to guide you on your alchemical journey through the microbial world of fermentation.

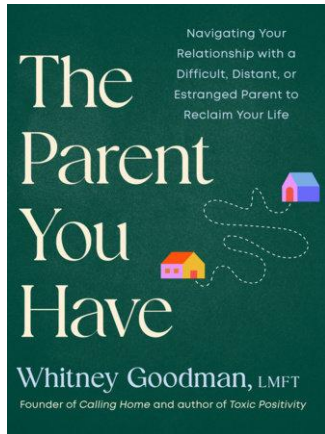


Alexis Goertz is an herbalist, beekeeper, and lifelong learner who runs Edible Alchemy, a global fermentation education platform based in Berlin, Germany. Alexis leads regular workshops and events that celebrate the art and science of fermentation. Guided by her philosophy that education is best paired with entertainment, she brings playfulness and inquisitiveness into every learning experience. Traveling with her Microbial Circus, she explores traditional fermentation techniques around the world, collecting and sharing living cultures and the stories they hold to inspire connections between people, place, and microbes

Ten Speed Press
256 pages
Europa Content
Manuscript available

THE PARENT YOU HAVE: Navigating Your Relationships with a Difficult, Distant, or Estranged Parent to Reclaim Your Life

Whitney Goodman



The ultimate guide to going low-contact, no-contact, and setting clear boundaries with a difficult or distant parent, by the popular therapist known as @sitwithwhit

Is estrangement a dirty word? Not anymore. For too long, we were told “blood is thicker than water” and “family comes first.” But a growing number of adults are taking agency, prioritizing their own healing, and deciding what a healthy family relationship is – and what they will no longer tolerate.

In this supportive, realistic, and authoritative guide, you’ll discover the insights and tools to make your relationship with problematic parents work. Topics include:

- Processing the past, and whether to ask for apologies
- What to say when a parent rejects your attempts to repair
- Managing the grief, guilt, and isolation that often come with estrangement
- Breaking the cycle of generational harm, to show up better for your family of choice

Filled with illuminating stories, actionable advice, and ready-to-use scripts for even the trickiest scenarios, this is the roadmap for processing the past and prioritizing your own healing – to create the nourishing family life you deserve.



Whitney Goodman is the radically honest psychotherapist behind the hugely popular Instagram account @sitwithwhit, the owner of The Collaborative Counseling Center, a private online therapy practice in Florida, and the author of *Toxic Positivity*. She helps adult family members have better relationships, set boundaries, and navigate estrangement.

Tarcher
304 pages
Present Perfect Literary
Manuscript available

Rights sold: UKANZ/DK Red; Chinese (simplified)/Cheers; Dutch/Bruna

TOXIC POSITIVITY sold: UKANZ/Orion; Arabic/Jarir; Chinese (simplified)/China Machine Press; Croatian/Stilus; Czech/Anag; Dutch/Bruna; French/Eyrolles; German/Knaur Balance; Greek/Key Books; Italian/TEA; Korean/Inlout; Polish/Filia; Portuguese (Brazil)/Melhoramentos; Portuguese (Portugal)/Nascente; Russian/Mann Ivanov Ferber; Serbian/Stet; Slovak/Ikar; Slovene/Mladinska Knjiga; Spanish/Planeta; Thai/Amarin; Turkish/Ithaki; Ukraine/Yakaboo; Vietnamese/Bloom Books

A YEAR IN BLOOM: Growing a Creative Practice Through Floral Ink Drawing

Karla Jodoin

Cover
Reveal
To
Come

Blending approachable floral drawing instruction with mindful reflection, this year-long, immersive guide offers readers a clear path toward a sustainable creative practice—one that requires only a pen, a page, and a quiet moment.

Many people grapple with the same contradiction: they yearn for a creative outlet, yet they struggle to begin. Work grows. Family needs multiply. Online comparison leaves many feeling behind before they've even started. Creativity becomes something to return to later once the pace of life eases, though it rarely does. The pull is there, but the doorway feels just out of reach. Jodoin knows this tension well. After leaving her teaching career and entering the blur of early motherhood, she longed for something both steadying and freeing. With a fine-line pen and an old sketchbook, she began drawing flowers. It was through those small, daily moments that she rediscovered the artist she feared was lost.

A Year In Bloom grows out of this experience. Each chapter includes simple drawing techniques, step-by-step tutorials for seasonal flowers, reflective sketchbook prompts, creative exercises, and an introduction to floriography, the symbolic language of flowers. The book will go far beyond an educational, how-to manual for drawing blooms—it will invite readers to build confidence and cultivate an intentional creative ritual that fits seamlessly into the life they already have. This book speaks to beginners craving a gentle entry point, creatives looking for ways to calm the anxiety of everyday life, artists ready to return after a long pause, and flower lovers eager to see familiar blooms with fresh eyes. Creativity does not require more time, better tools, or perfect artistic vision. With just a pen and paper, drawing flowers can become a way to return to oneself.

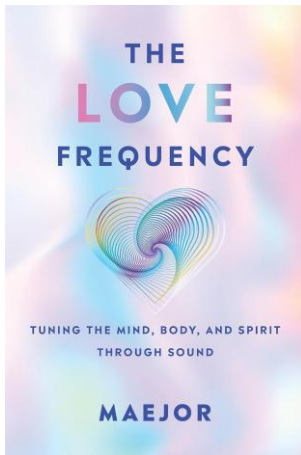
Bridging the gap between simple how-to steps and meaningful artistic growth, Jodoin meets beginners where they are, showing that art can be simple, grounding, and deeply rewarding.

Karla Jodoin is a Canadian artist and educator with a background in both studio art and classroom teaching. She holds a Bachelor of Arts degree from The University of Western Ontario and a Bachelor of Education from Queen's University, where she completed a specialized Artist-in-Community program. Since 2018, she has built a thriving online presence centered on accessible floral drawing instruction and sustainable creative practice. She creates step-by-step floral tutorials for more than 700,000 Instagram followers where her "Five Minute Flowers" series has reached millions of viewers seeking approachable art education.

Ten Speed Press
208 pages
Thompson Literary
Manuscript/art available: Spring 2027
Proposal available

Rights sold: Spanish/Diana (Planeta)

THE LOVE FREQUENCY: Tuning the Mind, Body, and Spirit Through Sound Maejor



A Grammy-nominated music producer turned sound-healing educator shows readers how to use frequencies within and around you to tune in to the healing and connective force of love.

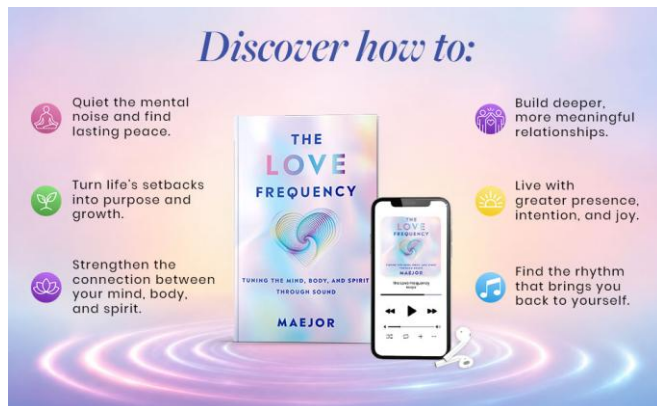
Sound reverberates. It reflects. It resonates. It can fill a room, travel great distances, and linger long after the source has fallen silent.

What if love works the same way?

There is both an art and a science to understanding sound. Grammy-nominated producer Maejor brings both into harmony in this compelling exploration of the unseen patterns that shape how we connect, create, heal, and find meaning in our lives.

From the recording studio to the hospital room, from ancient traditions to global stages, Maejor layers music, science, spirituality, and lived experience to reveal a simple truth: *Love is the one frequency we can all tune into.*

The more we learn to listen to love's melody, the more we discover it has been playing all along.



Brandon “Maejor” Green is a three-time Grammy-nominated producer and singer-songwriter who channels his art into pop music with a purpose. The motivating force behind Maejor’s art takes square aim at bringing the healing power of sound to the masses. He is a globally in-demand speaker, healer, educator, and founder of The Frequency School. @maejor

Hay House
257 pages
Europa Content
Manuscript available

World English rights: Hay House

MASTERING THE MICROBIOME: A Proven Plan to Rebuild Gut Health and End Digestion Dysfunction One and For All

Mark Pimentel, MD and Ruchi Mathur, MD

Cover
Reveal
To
Come

Two of the world's leading gut health doctors present the groundbreaking new science of microbial overgrowth syndromes with proven strategies and solutions - including the authors' very own Low Fermentation Diet - to rebuild the gut microbiome, reverse symptoms, and finally end suffering for the millions experiencing metabolic, endocrine, and gastrointestinal diseases.

Microbial overgrowth syndromes are a chronic medical condition affecting the digestive system. For the one billion worldwide who experience the most common form, known as IBS (irritable bowel syndrome), the symptoms are both debilitating and demoralizing. Despite its prevalence, most people with this condition continue to suffer in silence with over the counter, ineffectual medication and tips to avoid stress, without ever addressing the root cause.

Directors of the Medically Associated Science and Technology (MAST) Program at Cedars-Sinai, Dr. Mark Pimentel and Dr. Ruchi Mathur have dedicated their careers to the study of these overlooked gut dysfunctions. And nearly every scientific breakthrough on microbial overgrowth syndromes in the last thirty years can be traced back to their pioneering research. Together, the doctors discovered that bloating, pain, diarrhea, and constipation are directly caused by changes in the microorganisms in the small intestine microbiome, and therefore can be identified, understood, and yes, even reversed.

Mastering the Microbiome will offer proven prescriptions that include:

- The direct cause of the most common gut symptoms and proven, accessible short- and long-term solutions for healing
- How to promote your gut's natural self-cleaning, and why anything that affects these waves of cleaning, or the rhythm of the cleaning cycles, can cause overgrowth to occur
- Which specific foods we consume exacerbate symptoms and which foods help us heal
- The groundbreaking new science of the microbiome of the small intestine that links microbial shifts to liver disease, obesity, heart disease, aging, smoking, endocrine disorders, fertility, depression and anxiety
- Their Low Fermentation Diet, a proven and easily adopted nutrition protocol designed to revitalize the biome and reverse symptoms

Early praise:

"*Mastering the Microbiome* is a groundbreaking and long-overdue guide that finally brings clarity, compassion, and real science to the millions suffering from IBS, SIBO, bloating, constipation, and chronic gut dysfunction. Dr. Mark Pimentel and Dr. Ruchi Mathur—two of the world's foremost experts on the small-intestinal microbiome—reveal discoveries that are poised to transform modern gastroenterology. Their decades of pioneering research on microbial overgrowth syndromes, combined with their accessible Low Fermentation Diet, offer a practical, evidence-based roadmap to true healing. This book will change how you think about your gut, your symptoms, and your health—and it will change lives." — Mark Hyman, MD, #1 *New York Times* bestselling author of *Young Forever*

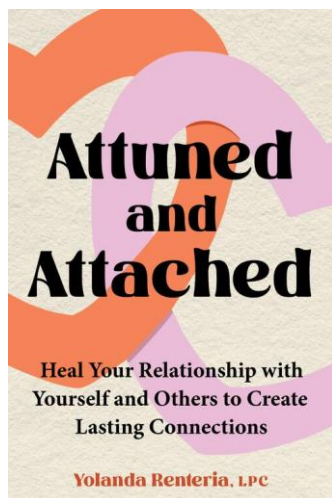
Mark Pimentel, MD, FRCP(C) is the Executive Director of the Medically Associated Science and Technology (MAST) Program at Cedars-Sinai in Los Angeles, California, and serves as Professor of Medicine. **Ruchi Mathur, MD, FRCP(C)** is the Director of Clinical Diabetes and Director of Clinical Research and Operations for the MAST Program and serves as Professor of Medicine at the UCLA Geffen School of Medicine and Cedars-Sinai Medical Center. Dr. Mathur is an academic Endocrinologist, with a specific interest in the relationship between the gastrointestinal tract and the endocrine system and she published the first paper confirming a clinical association with PCOS and IBS. Both Dr. Pimentel's and Dr. Mathur's work have been published in multiple journals. Mark and Ruchi have been married for 32 years.

Flatiron
350 pages
Rogers & Weil Literary
Proposal available
Manuscript due December 2026

Rights sold: UKANZ/Vermilion; Chinese (Simplified)/Cheers

ATTUNED AND ATTACHED: *Heal Your Relationship with Yourself and Others to Create Lasting Connections*

Yolanda Renteria



An empathetic, accessible, research-backed guide to creating healthy, secure, attuned relationships by exploring the roots of your own emotional disconnection.

Not only is deep, meaningful connection with others something we yearn for, research shows that connection has profound effects on our overall health. Yet so many of us have feelings of loneliness and dissatisfaction with our personal relationships, feeling misattuned, misunderstood, or emotionally distant—and confused about why that may be.

In *Attuned and Attached* licensed professional counselor Yolanda Renteria shares practical strategies to help us take a deeper look at our current relationships and identify our emotional disconnections, which tend to present as hyper-independence, perfectionism, difficulty taking accountability, people pleasing, and more. Once we know our patterns, we can then:

- Identify safe people and healthy relationships
- Set realistic and healthy relationship expectations
- Repair relationships after a rupture or misattunement
- Develop resources to feel connected more often

By blending clinical research with her own experience of emotional disconnection, Yolanda invites the reader on a healing journey through understanding and validation. Emotional disconnection isn't wrong; it's caused by myriad factors throughout one's life. But there is a way forward. Yolanda's work especially speaks to those who feel that they had a fine or "good enough" childhood, but still feel emotionally disconnected, lost, and unfilled in their relationships.

Whether you identify disconnection in yourself or in someone close to you, you will learn how to bring more safety and vulnerability into your relationships for nourishing, peaceful, and fulfilling connections.

Praise:

"*Attuned and Attached* is a compassionate and deeply grounding guide to understand how emotional disconnection often begins as survival—and how reconnection becomes possible. This book is an invitation into relationships that feel safer, more honest, and more alive." —Dr. Jennifer Mullan, best-selling author of *Decolonizing Therapy*

"*Attuned and Attached* is a deeply accurate and helpful guide for anyone who wants to heal from the pain of insecure attachment experiences and learn how to build secure relationships now and in the future. A truly compassionate and accessible book that will change many lives for the better." —Eli Hardwood, therapist, creator of Attachment Nerd, and author of *Raising Securely Attached Kids*

"This book is an essential and compassionate guide to recognize and heal the patterns that keep us disconnected from others. Yolanda offers both professional insight and earned wisdom to shine a light on the roots of emotional disconnection and help us form fulfilling and securely attached relationships." —Diane Poole Heller, PhD, author of *The Power of Attachment, Healing Your Attachment Wounds, and Crash Course*

"Yolanda Renteria digs into the core of our individual and collective mis-attunement; she shows us how to identify our emotional ruptures and then develop healthy boundaries and secure connections for loving, lasting relationships." —Dr. Sara Kuburic, author of *It's on Me*



Yolanda Renteria is a Licensed Professional Counselor and Somatic Therapist. She works in private practice and contracts with Community Mental Health to provide trauma services for underserved communities. Yolanda is trained in EMDR, Somatic Experiencing, Brainspotting, and Dialectical Behavioral Therapy. She writes articles for *The Gottman Institute*, is a medical reviewer for Verywell Mind and hosts a Spanish Mental Health Podcast for Mexican-Americans millennials. She has been interviewed by *Parents Latina*, *NPR Life Kit*, *Selena Gomez's Wondermind*, *People.com*, *Verywell Mind*, and *Viva La Mujer*, among many others. Aside from her work in mental health, she is an Adjunct Faculty Psychology Professor at Northern Arizona University.

Grand Central Balance
288 pages
Present Perfect Literary
Book available

Rights sold: UKANZ/Vermillion; Spanish/Oceano; Turkish/Phoenix

PULL: How Psychological Power Wins Minds, Moments, and Deals

Ashleigh Shelby Rosette, PhD

Cover
Reveal
To
Come

Backed by original research and based on the most popular and award-winning executive course at Duke Fuqua's School of Business for the last decade, renowned expert in negotiations and acclaimed leadership professor Ashleigh Shelby Rosette, PhD, reveals in her debut book why psychological power is the hidden key to influence and successfully negotiating absolutely anything - from the high-stakes to the everyday

Every day we negotiate—often without realizing it. We negotiate with our bosses, our partners, and our friends. And yet, most of us falter when it comes to these difficult conversations. Why? Because the most important part of any negotiation happens long before any words are spoken. It reveals itself in that first pulse of discomfort. In that moment, many of us default to old, automatic patterns that only *appear* confident – rushing to respond, pushing too hard, trying to seem agreeable or in control. These are the “moves” we learned we were supposed to use. But they can be disastrous when real emotions and real relationships are at stake. It’s only later – when the room is quiet and we’re replaying the conversation, the meeting, or maybe even the argument that we wonder, “*Should I have been firmer? Should I have waited to speak? Why did I agree to that? Why did I give up so easily? Why didn’t I say anything?*” and wishing we could have a do-over. That gap is the doorway into the real negotiation – the one happening inside us. It’s the negotiation that we’re rarely taught to see, let alone how to navigate. The most important negotiation is the one that begins in our head. And this is precisely where most traditional negotiation advice falls short. That is, until now.

Pull introduces a radical and much-needed new paradigm for negotiating anything and everything – psychological power. It is the missing piece that enables us to overcome tense moments, persuade stubborn minds, and win deals. Flipping the ineffective and outdated scripts to uncover how psychological power is the fuel we need for every negotiation, Dr. Rosette offers readers a groundbreaking toolkit to achieve an internal steadiness that draws a sharp line between negotiators who rely on pressure to push things through and those who pull others toward agreement with calm, deliberate conviction. Whether we’re negotiating a raise, a role, or the next big decision that defines our future, learning how to cultivate psychological power is no longer a luxury, but a necessity.

Early praise:

“*Pull* is a masterclass in the science of the deal. Rosette is not just a preeminent expert on negotiation and leadership—she’s one of the most powerful communicators alive. Over the past two decades, her pioneering work has changed how I think about influence. *Pull* is poised to transform how countless readers bargain, persuade, and lead.” – Adam Grant, *New York Times* bestselling author of *Hidden Potential* and *Think Again*

“Ashleigh Rosette, one of the foremost experts in negotiation, demonstrates how people can use psychological power to get the results they want. *Pull* is a masterclass in redefining how to influence others while strengthening relationships and setting yourself up for future success.” – Alison Levine, *New York Times* bestselling author of *On The Edge*

“Such a transformational book that will fundamentally change how you think about and experience negotiations. If you are looking for a way to get the outcomes you desire on your own terms and with confidence, *Pull* is the book for you!” – Modupe Akinola, Professor, Columbia Business School, Host of the TED Business Podcast

“Dr. Rosette’s research has profoundly advanced our understanding of negotiation, leadership, and power, and she is an incredibly effective communicator. ...[a] riveting read that illuminates how we can all master the art of wielding psychological power to achieve better outcomes.” – Katherine Milkman, national bestselling author of *How to Change*, and Professor at the Wharton School of Business



Ashleigh Shelby Rosette, PhD is the James L. Vincent Professor of Leadership at the Fuqua School of Business at Duke University. She is one of the most decorated educators in the school’s history and a trailblazer in the study of leadership, negotiation, and equity and received the Teaching Excellence Award of the Year a record-breaking twelve times. As an acclaimed researcher, Dr. Rosette has presented original research worldwide on negotiations, leadership, agency, power, and emotional dynamics in organizations. Her award-winning scholarship has been published in top-tier journals and featured in *The New York Times*, *Wall Street Journal*, *TIME*, *CNN*, *Forbes*, and *NPR*.

Viking
350 pages
Rogers & Weil Literary
Proposal available
Manuscript available: March 2027

Rights sold: UKANZ/Pan Macmillan

HEY SLEEPY BABY: Breaking Free from Sleep Training Myths to Stress Less, Sleep Better, and Trust Your Baby (previously titled CRADLE CULTURE)

Rachael Shephard-Ohta

Cover
Reveal
To
Come

Certified sleep specialist and creator of the “Hey, Sleepy Baby” platform exposes how much of modern sleep advice is cultural fiction and returns the authority to where it belongs: with parents, their intuition, and the unique child in front of them.

Infant sleep has become a high-stakes obsession—loaded with anxiety, judgment, and unrealistic expectations. From the moment families leave the hospital, parents are told that “good” babies sleep independently, that night waking is a problem to solve, and that exhaustion signals personal failure. *Hey Sleepy Baby* flips that narrative on its head and asks a provocative question: *What if the problem isn’t babies—but our culture?*

Blending neuroscience, anthropology, history, original research, and intimate storytelling, *Hey Sleepy Baby* reframes infant and toddler sleep through a powerful biological and cultural lens. It reveals how modern sleep advice is shaped less by evidence and more by capitalism, productivity culture, medicalization, and the loss of communal caregiving—especially in Western societies. Many of the behaviors parents are warned against, the book shows, are not “bad habits” at all, but normal, protective features of human development we’ve been taught to distrust.

Rather than offering another rigid sleep “solution,” parenting expert Shephard-Ohta provides something parents are desperately craving: relief, context, and permission. The book tackles polarizing and taboo topics—sleep training, night wakings, feeding to sleep, cosleeping, temperament, and sensory needs—without shaming, dogma, or one-size-fits-all prescriptions. Readers come away understanding how babies are wired, why sleep unfolds the way it does, and how families across cultures have supported both infants *and* caregivers through the most demanding seasons of early parenthood.

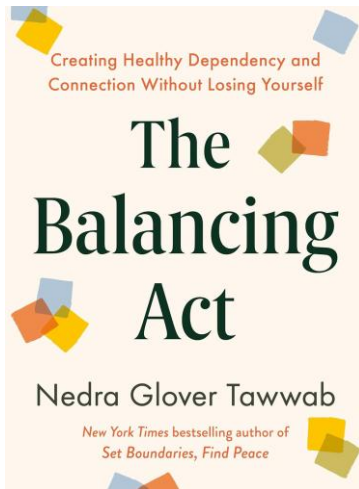
At once deeply researched and profoundly validating, this is more than a parenting book—it’s a cultural reset. Its call to action is both personal and collective: trust babies’ biology, honor parental intuition, reject productivity-driven definitions of “success,” and advocate for systems that actually support families when they need it most. For exhausted parents, it offers reassurance. For the broader culture, it offers a long-overdue reframe.



Rachael Shephard-Ohta is the founder of Hey, Sleepy Baby—a worldwide platform dedicated to educating parents on the biology of infant and child sleep. A former special education teacher, Rachael loves working with young families and giving parents the tools they need to thrive. Focused on development, attachment, and anthropological norms, Rachael’s approach to sleep is one that empowers parents to trust themselves and their child, to lean into connection and playfulness, and to stress less about things like nap schedules or perfect bedtime routines. Her Instagram platform of nearly 600,000 parents around the world is a trusted hub in the sleep space where caregivers find solidarity and community from Rachael’s content. Rachael lives in San Francisco, CA with her husband and three kids.

Hay House
257 pages
Thompson Literary
Manuscript available

THE BALANCING ACT: Creating Healthy Dependency and Connection Without Losing Yourself Nedra Glover Tawwab



From the bestselling author of *Set Boundaries, Find Peace*, a guide to understanding healthy dependency—to bring our relationships back into balance

I need some space.

Why are you so distant?

You want more than I can give.

Every relationship in our lives – from love and close friendship to extended family and our wider social circle – is a balancing act. If we give too much, we begin to lose ourselves. If we protect ourselves too much, we lose the closeness we all need. Getting the balance right is how we find more connection, authenticity, and joy.

The Balancing Act is a roadmap for finding that balance. With her signature blend of clarity and compassion, therapist Nedra Glover Tawwab sheds light on *healthy dependency*, and how to achieve it. Along the way, she unpacks buzzwords and trending topics including codependency, attachment styles, inner family systems, and more – offering practical advice for recognizing our needs, navigating conflict, and finding more harmony with the important people in our lives.

Whether you're yearning for more trust with a spouse or partner, more clarity with a best friend or sibling, or more agency in how you show up in the world, these insights will help you reevaluate, reset, and relate better.

Praise:

"Healthy relationships require us to lean on others—but not so much that we lose ourselves. In this clear and compassionate book, Nedra Tawwab offers strategies for finding the right balance." —Lori Gottlieb, New York Times bestselling author of *Maybe You Should Talk to Someone* and host of *Dear Therapists*

"In *The Balancing Act*, Nedra Glover Tawwab offers the wisdom so many of us crave: how to stay connected to others without losing ourselves. With compassion and clarity, she shows us that boundaries aren't walls but pathways to deeper, healthier relationships." —Dr. Becky Kennedy, New York Times bestselling author of *Good Inside*

"A clear, highly readable guide to creating flexible and honest connections to sustain our health and energy. This is one of the best resources I have ever read that describes the balance we are trying to reach in all our relationships. A supremely useful and heartening book for all of us who need to navigate the demands of others while still holding on to what we need for ourselves." —Lindsay C. Gibson, PsyD, clinical psychologist and New York Times bestselling author of *Adult Children of Emotionally Immature Parents* and *How to Raise an Emotionally Mature Child*

"*The Balancing Act* is clear-eyed and thoughtful, replacing the misunderstandings around codependency with empowering insights on human connection. A valuable resource for anyone seeking to cultivate healthy relationships." —Kendra Adachi, three-time New York Times bestselling author and host of *The Lazy Genius Podcast*



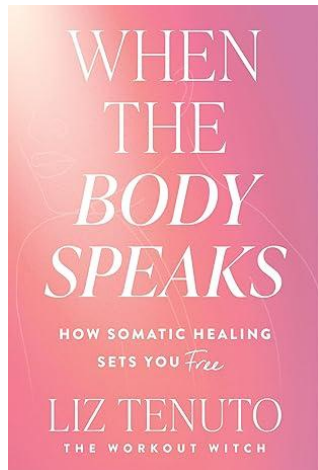
Nedra Glover Tawwab, MSW, LCSW, is the author of New York Times bestsellers *Drama Free* and *Set Boundaries, Find Peace*. A licensed therapist and sought-after relationship expert, Nedra has appeared on *Good Morning America*, *CBS This Morning*, *The Breakfast Club*, and many other media outlets. She hosts the podcast *You Need to Hear This*, and shares practices and reflections for mental health on her popular Instagram account, @nedratawwab with over 1.8 million followers. Nedra currently resides in Charlotte, North Carolina, with her family and is working on her next book.

Tarcher
256 pages
Present Perfect Literary
Book available

Rights sold: UKANZ/Piakus; Arabic/ICarisma; Chinese (simplified)/China Machine Press; Chinese (complex)/Morning Star; Dutch/HarperHolland; Korean/Maven Contents; Serbian/Laguna; Spanish/Planeta; Slovak/Eastone; Turkish/Butik; Ukraine/Family Leisure Club

WHEN THE BODY SPEAKS: How Somatic Healing Sets You Free

Liz Tenuto



For readers of *The Body Keeps the Score* and *What Happened To You* trauma-informed expert "The Workout Witch" Liz Tenuto presents the ultimate guide to using somatic exercise to release tension, regulate the nervous system, and facilitate healing, drawing on her 15 years of experience teaching somatic healing

Liz Tenuto's *Moving Through Trauma* is a comprehensive guide to understanding how trauma and stress are stored within the body—and how somatic exercises can provide a powerful tool for healing. Defined as the study of the body as perceived from within, somatics emphasize internal sensory awareness and lived experiences as crucial for understanding and healing from tension, stress, and trauma. Written as an easy-to-digest primer, Tenuto explains the science of somatics, while offering simple, fully illustrated exercises to release tension through somatic practice.

Long-term stress and unresolved trauma can manifest in a host of ways—sleep issues, fatigue, muscle tension, digestive problems, cognitive difficulties, and numerous psychological conditions. By focusing on the body's innate capacity to heal, Tenuto teaches readers how to use movement to address these issues, allowing the nervous system to move from dysregulation to a state of homeostasis.

When The Body Speaks offers not only practical exercises and a deeper understanding of how the mind and body interact, but a pathway for self-compassion, empowerment, and a more fulfilling life.

The ultimate guide to releasing tension,
regulating the nervous system, and
facilitating healing from stress and trauma.

Praise:

"Actionable and empowering, this will inspire those seeking to connect with their bodies and reclaim joy." - *Publishers Weekly*

"*When the Body Speaks* flips the healing script. It is not about mindset shifts or morning routines. It is about learning to speak the language of your own body. Liz Tenuto blends science, story, and soul to reveal how stress, anxiety, and even ambition live in our muscles, our breath, and our posture, and how to finally release what has been holding us back. If therapy helps you understand your story, this book helps you feel it and let it go." - Danielle Robay, journalist and host of Question Everything

"Liz Tenuto's promise to us is that a reclamation of life is possible after trauma. And that it will not only help heal our dysregulated minds but our compromised bodies too. *When the Body Speaks* is nothing short of sublime somatic sorcery." - Sara Hirsh Bordo, award-winning filmmaker and author of *Autoimmunity* and *The Good Girls*

"A gentle, empowering guide to somatic healing, *When The Body Speaks* reconnects readers with their bodies' wisdom. It teaches how to release stored tension and rediscover inner safety and resilience with warmth and insight in a way that every survivor (including myself) needs and deserves. This book is a pure gift to you and your inner child." - Kimberly Shannon Murphy, author of *Glimmer*

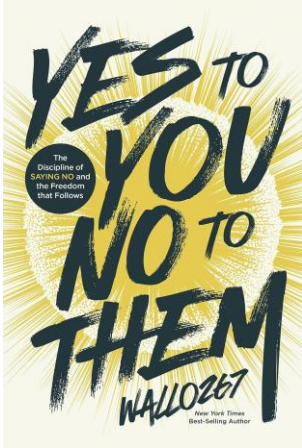


Liz Tenuto (aka The Workout Witch) is the world's leading expert in somatic exercises, and has over 4 million followers across platforms. She has a degree in psychology from the University of California, Santa Barbara and has been featured in *USA Today*, *Harper's Bazaar France*, and other outlets.

Dey Street
272 pages
Thompson Literary Agency
Book available

Rights sold: UKANZ/Bluebird; French/Tredaniel; Latvian/Lietusdarzs; Polish/Poznanskie; Russian/Eksmo; Serbian/Stet Publishing; Spanish/Urano; Ukrainian/Vivat

YES TO YOU, NO TO THEM: The Discipline of Saying No and the Freedom that Follows
Wallo267



A bold, culturally resonant guide to reclaiming boundaries, protecting your peace, and choosing yourself without guilt.

Choose you. Every single time.

In a world that constantly demands more, it's easy to lose sight of who you are and what you truly need. You say "yes" to people who are never satisfied. Each day you give more of yourself away while putting your own dreams on hold. That ends here. It ends now.

In *Yes To You, No To Them*, *New York Times* bestselling author and podcaster WALLO267 delivers sharp truths, affirmations, and reflections that encourage you to let go of what refuses to grow. Drawing from lived experience, cultural insight, and hard-earned lessons, WALLO267 speaks directly to the pressures of modern life, from social media comparison and emotional exhaustion to misplaced loyalty and the fear of disappointing others. The message is clear—your peace is sacred, your energy is valuable, and your life belongs to you.

When you're ready to say "yes" to your power and priorities, this book is your passport to living a full, fulfilling life. Whether you're building a business, navigating relationships, or craving contentment, *Yes To You, No To Them* meets you where you are and pushes you to where you want to be. It's time to reclaim your boundaries, protect your peace, and choose your path of growth with boldness and confidence



WALLO267 is a *New York Times* best-selling author, cultural advisor at YouTube, former chief marketing officer of REFORM Alliance, and co-host of the globally influential podcast *Million Dollaz Worth of Game*. After serving twenty years behind bars, he transformed his life into a platform for accountability, discipline, and reinvention.

Hay House
272 pages
Europa Content
Book available

STOP SPIRALING: How To Find Clarity and Confidence in a World of Endless Advice

Amanda White

Cover
Reveal
To
Come

With crossover appeal to *The Anxious Generation*, *How to Keep House While Drowning*, and the *Science of Stuck*, and leveraging Amanda's robust platform and the demonstrated interest in the overwhelm epidemic, *Stop Spiraling* is the go-to resource for a generation of adults drowning in advice and searching for a way forward.

Mental health has never been more mainstream. A decade ago, therapy was taboo. Today, people start sentences with "my therapist says" and regularly use words like gaslighting, triggers, and trauma response.

Yet we are drowning. Why?

Directly building on the conversations licensed therapist Amanda White has every day with her Instagram community, listeners of her top podcast, and with clients in her practice, this book sets out to answer this question. Amanda tells it like it is: we don't need more advice. Information is no longer scarce; it's infinite (and increasingly unreliable). What's scarce now is the ability to sort through it all and think for yourself. *Stop Spiraling* teaches readers how.

The book is different from . . . more advice. It doesn't tell readers *what* to do or think; rather, it expertly illuminates the information crisis we are in and helps readers develop their inner compass so they remember *how* to think based on their circumstances and values. Amanda also presents a refreshing reframe on decision making: we are not responsible for the outcome of our choices. We are only responsible for making good enough choices that align with our values. When we let go of feeling responsible for the outcome ("I'm choosing the pre-school that feels right for our family. I'm not determining my child's entire future with this decision."), we can *finally* get unstuck.

Drawing on evolutionary psychology and neuroscience to explain why we are spiraling, the book argues that in order to thrive in the modern world, we need to see gray, hold contradictions, and tolerate uncertainty. As we do this, we gain the clarity to cut through the noise and the confidence to prioritize what matters. This book guides the reader through this internal work, utilizing three questions that become a compass in any spiral scenario:

- Is this mine to carry?
- Am I avoiding discomfort?
- How can I make a good enough decision?

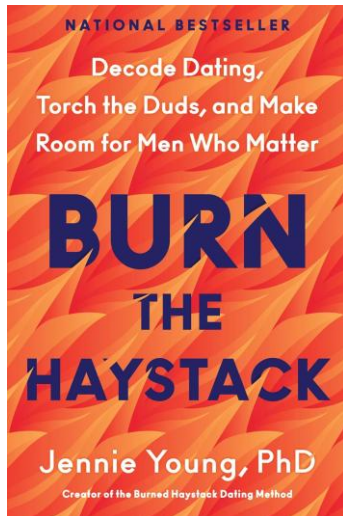
Research-backed and written in Amanda's signature straight shooting style, *Stop Spiraling* helps readers apply these questions to the areas where overwhelm hits hardest--work, romantic relationships, family, friendships, and parenting.



Amanda White is hosts the Nuance Needed podcast, where she explores the complexity that gets flattened in online mental health discourse. She writes a weekly column for *The Preamble*, Sharon McMahon's popular newsletter with 350K+ subscribers, and has been featured in *The New York Times*, *The Washington Post*, *Cosmopolitan*, *Shape*, *Women's Health*, *Self* and more.

St Martins Essentials
288 pages
Present Perfect Literary
Proposal available
Manuscript available: November 2026

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BURN THE HAYSTACK: Decode Dating, Torch The Duds, and Make Room for Men Who Matter**Jennie Young, PhD****It's time for a dating revolution!** *USA Today Bestseller*

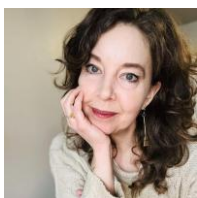
How do you find a needle in a haystack? You burn the haystack to the ground.

Among Dr. Jennie Young's legion of fans, the "needle" is a long-term, committed partner and the "haystack" is the group of men available to date. So often women are advised to "give the guy a chance," to take seriously men whose online dating bios tell women not to take *themselves* seriously. Young's refreshing approach turns this advice on its head: Give almost *no one* a chance.

A professor of feminist rhetoric, Young teaches people how to decode the hidden meanings in ordinary communication. Fascinated (and frustrated) by the rhetorical gambits she saw in men's profiles when she first downloaded a dating app, she has revolutionized the dating lexicon by identifying common toxic rhetorical patterns in men's messaging, such as:

- **Test and Apologize:** He texts some sexual innuendo, then apologizes before you can even respond. He's testing if you'll be okay with being objectified. The test is real; the apology isn't.
- **Disciplinary/Directive:** He uses his dating app profile to "lay down the law" with women, which usually turns into abuse down the road. Understanding this pattern will help you disengage from this guy before he ruins your life.
- **Blue Ribbon for Bare Minimum:** He opens his bio with "I will never hit you" (shockingly common) or brags about basic adult life skills such as having a job or washing his sheets. Things don't improve from here.

Young's engaging system empowers readers to sort through profiles quickly and effectively, preserving both time and sanity. And with its blend of scathing humor and academic rigor, *Burn the Haystack* is so much more than a dating tool—it gives women the skills to break down communication from the classroom to the boardroom and everywhere in between, and the confidence to approach life with a deeper, more powerful level of understanding.



Jennie Young, PhD, a professor of rhetoric and women/gender studies at the University of Wisconsin-Green Bay. She is the creator of the Burned Haystack Dating Method and publishes work in humor, feminism, dating dynamics, and education. Her writing can be seen in *McSweeney's*, *Ms. Magazine*, *The Independent* and elsewhere. She is trained in classical and applied rhetoric, critical discourse, metaphor analysis.

William Morrow
320 pages
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